

FIELD HOUSE SCHEDULE: Far Court

August 17-23



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website www.canadagamescentre.ca

M		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00		
6:30		
7:00	Badminton	Pickleball
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	CGC Program	Pickleball
9:30		
10:00		Pickleball
10:30		
11:00		Pickleball
11:30		
12:00		Pickleball
12:30		
1:00		Drop-in Pickleball
1:30		
2:00		
2:30		
3:00		
3:30		
4:00	Badminton	Pickleball
4:30		
5:00	Badminton	Pickleball
5:30		
6:00	Badminton	Pickleball
6:30		
7:00	Badminton	Pickleball
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	Badminton	Pickleball
9:30		

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00		
6:30		
7:00	Pickleball	Pickleball
7:30		
8:00	Pickleball	Pickleball
8:30		
9:00	CGC Program	Pickleball
9:30		
10:00		Pickleball
10:30		
11:00		Pickleball
11:30		
12:00		Pickleball
12:30		
1:00		Pickleball
1:30		Pickleball
2:00		Pickleball
2:30		
3:00		Pickleball
3:30		
4:00	Pickleball	Pickleball
4:30		
5:00	CGC Program	
5:30		
6:00		
6:30		
7:00		
7:30		
8:00	Pickleball	Pickleball
8:30		
9:00	Pickleball	Pickleball
9:30		

W		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00		
6:30		
7:00	Badminton	Pickleball
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	CGC Program	Pickleball
9:30		
10:00		Pickleball
10:30		
11:00		Pickleball
11:30		
12:00		Pickleball
12:30		
1:00		Drop-in Pickleball
1:30		
2:00		
2:30		
3:00		
3:30		
4:00	Badminton	Pickleball
4:30		
5:00	Badminton	Pickleball
5:30		
6:00	Badminton	Pickleball
6:30		
7:00		
7:30	Booking	
8:00		
8:30		
9:00		
9:30		

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00		
6:30		
7:00	Pickleball	Pickleball
7:30		
8:00	Pickleball	Pickleball
8:30		
9:00	CGC Program	Pickleball
9:30		
10:00		Pickleball
10:30		
11:00		Pickleball
11:30		
12:00		Pickleball
12:30		
1:00		Pickleball
1:30		Pickleball
2:00		Pickleball
2:30		
3:00		Pickleball
3:30		
4:00	Pickleball	Pickleball
4:30		
5:00	CGC Program	
5:30		
6:00		
6:30		
7:00		
7:30		
8:00	Pickleball	Pickleball
8:30		
9:00	Pickleball	Pickleball
9:30		

F		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00		
6:30		
7:00	Badminton	Pickleball
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	CGC Program	Pickleball
9:30		
10:00		Pickleball
10:30		
11:00		Pickleball
11:30		
12:00		Pickleball
12:30		
1:00		Drop-in Pickleball
1:30		
2:00		
2:30		
3:00		
3:30		
4:00	Badminton	Pickleball
4:30		
5:00	Badminton	Pickleball
5:30		
6:00	Badminton	Pickleball
6:30		
7:00	Badminton	
7:30		Booking
8:00	Badminton	
8:30		
9:00	Badminton	
9:30		

S		
Time	Far Court	
7:00	Pickleball	Badminton
7:30		
8:00	Pickleball	Badminton
8:30		
9:00	Pickleball	Badminton
9:30		
10:00	Pickleball	Badminton
10:30		
11:00	Pickleball	Badminton
11:30		
12:00	Pickleball	Badminton
12:30		
1:00	Pickleball	Badminton
1:30		
2:00	Pickleball	Badminton
2:30		
3:00	Pickleball	Badminton
3:30		
4:00	Pickleball	Badminton
4:30		
5:00	Pickleball	Badminton
5:30		
6:00	Pickleball	Badminton
6:30		

S		
Time	Far Court	
7:00	Badminton	Pickleball
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	Badminton	Pickleball
9:30		
10:00	Badminton	Pickleball
10:30		
11:00	Badminton	Pickleball
11:30		
12:00	Badminton	Pickleball
12:30		
1:00	Badminton	Pickleball
1:30		
2:00	Badminton	Pickleball
2:30		
3:00	Badminton	Pickleball
3:30		
4:00	Badminton	Pickleball
4:30		
5:00	Badminton	Pickleball
5:30		
6:00	Badminton	Pickleball
6:30		

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. Annual Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am everyday (online through MyRec or in-person at the Customer Service Desk).

The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:
1pm-3pm \$4 Track

TRACK BOOKINGS:
10:30am-11:30am Lane 6,5

TRACK BOOKINGS:
1pm-3pm \$4 Track

TRACK BOOKINGS:
10:30am-11:30am Lane 6,5

TRACK BOOKINGS:
1pm-3pm \$4 Track

TRACK BOOKINGS:

TRACK BOOKINGS:

FIELD HOUSE SCHEDULE: Centre & Near Court

August 17-23



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website www.canadagamescentre.ca

M		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	RISE & GRIND BOOTCAMP 6am-7am
6:00		
6:30		
7:00		
7:30	Pickleball	Booking
8:00	Basketball	
8:30	Basketball	
9:00	Basketball	
9:30	CGC Program	Cardio Combat 9:15am-10:15am
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00	Basketball	CGC Program
4:30		
5:00		
5:30		
6:00		Pumped 5:45pm-6:45pm
6:30		
7:00		
7:30		
8:00		
8:30		
9:00		
9:30		

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00	Badminton	Booking
7:30	Badminton	
8:00	Badminton	
8:30	Badminton	
9:00	CGC Program	Zumba 9:15am-10:15am
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00	Badminton	CGC Program
4:30	Badminton	
5:00	Basketball	
5:30		
6:00		HIIT/Core 5:45pm-6:45pm
6:30		
7:00		KICKBOXING 7:00pm-7:50pm
7:30		
8:00		
8:30		
9:00		
9:30		

W		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00	Pickleball	Booking
7:30	Pickleball	
8:00	Pickleball	
8:30	Pickleball	
9:00	CGC Program	Pumped 9:15am-10:15am
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00	Basketball	CGC Program
4:30		
5:00		
5:30		
6:00		Pumped 5:45pm-6:45pm
6:30		
7:00		ZUMBA® 7:00pm-7:50pm
7:30		
8:00		
8:30		
9:00		
9:30		

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00	Badminton	Booking
7:30	Badminton	
8:00	Badminton	
8:30	Badminton	
9:00	CGC Program	Zumba 9:15am-10:15am
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00	Badminton	CGC Program
4:30	Badminton	
5:00	Basketball	
5:30		
6:00		HIIT/Core 5:45pm-6:45pm
6:30		
7:00		STRENGTH & CORE 6:50pm-7:50pm
7:30		
8:00		
8:30		
9:00		
9:30		

F		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00	Pickleball	Finish Strong BOOTCAMP 6am-7am
7:30	Pickleball	
8:00	Pickleball	
8:30	Pickleball	
9:00	CGC Program	HIIT 9:15am-10:15am
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00	Basketball	CGC Program
4:30		
5:00		
5:30		
6:00		
6:30		
7:00		Powerbells 6:30pm-7:30pm
7:30		
8:00		
8:30		
9:00		
9:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00		
8:30		
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00		
8:30		
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		

Legend	
Cleaning / Space Unavailable	