

# FIELD HOUSE SCHEDULE: Far Court

February 23- March 1



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website [www.canadagamescentre.ca](http://www.canadagamescentre.ca)

M			T			W			T			F			S		S		
Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court			
5:30		Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)					
6:00	Booking		6:00			6:00			6:00			6:00							
6:30			6:30			6:30			6:30			6:30							
7:00		Pickleball	7:00	Pickleball	Pickleball	7:00	Badminton	Pickleball	7:00	Pickleball	Pickleball	7:00	Badminton	Pickleball					
7:30			7:30			7:30			7:30			7:30							
8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball					
8:30			8:30			8:30			8:30			8:30							
9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball					
9:30			9:30			9:30			9:30			9:30							
10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00							
10:30			10:30			10:30			10:30			10:30							
11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00							
11:30			11:30			11:30			11:30			11:30							
12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00							
12:30			12:30			12:30			12:30			12:30							
1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00							
1:30			1:30			1:30			1:30			1:30		1:30					
2:00	Badminton		2:00	Pickleball		2:00	Badminton		2:00	Pickleball		2:00	Pickleball	2:00					
2:30			2:30			2:30			2:30			2:30							
3:00	Badminton	Pickleball	3:00	Pickleball	Pickleball	3:00	Badminton	Pickleball	3:00	Pickleball	Pickleball	3:00							
3:30			3:30			3:30			3:30			3:30							
4:00	Badminton	Pickleball	4:00	Pickleball	Pickleball	4:00	Badminton		4:00	Pickleball	Pickleball	4:00							
4:30			4:30			4:30	Badminton		4:30	Pickleball	Pickleball	4:30							
5:00	Badminton	Pickleball	5:00			5:00	Badminton		5:00			5:00							
5:30			5:30			5:30			5:30			5:30							
6:00	Badminton	Pickleball	6:00			6:00	Badminton		6:00			6:00							
6:30			6:30			6:30			6:30			6:30							
7:00			7:00			7:00			7:00			7:00							
7:30			7:30			7:30			7:30			7:30							
8:00			8:00		Pickleball	8:00			8:00			8:00							
8:30		Booking	8:30	Booking		8:30		Booking	8:30	Booking		8:30							
9:00			9:00		Pickleball	9:00			9:00			9:00							
9:30			9:30			9:30			9:30			9:30							

**Legend**  
 Cleaning / Space Unavailable [Patterned Box]

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am everyday (online through MyRec or in-person at the Customer Service Desk).

The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:	
6am-7am	Lane 4,5,6
1pm-3pm	\$4 Track
7pm-8pm	Lane 1
7:30pm-9pm	Lane 5,6
8pm-9pm	Lane 4

TRACK BOOKINGS:	
6am-8am	Lane 4,5,6
10:30am-11:30am	Lane 5,6
6:30pm-7:30pm	Lane 5,6

TRACK BOOKINGS:	
6am-7am	Lane 6,5,4
1pm-3pm	\$4 Track
7pm-8pm	Lane 1
8pm-9pm	Lane 1,2

TRACK BOOKINGS:	
6am-8am	Lane 4,5,6
10:30am-11:30am	Lane 6,5
8pm-10pm	Lane 4, 5, 6

TRACK BOOKINGS:	
6am-7:30am	Lane 6,5
1pm-3pm	\$4 Track
6:00pm-8:30pm	Lane 6,5,4

TRACK BOOKINGS:	
7am-9pm	Track Full

TRACK BOOKINGS:	
9:30am-10:30am	Lane 1
7pm-9pm	Lane 6.5.4

# FIELD HOUSE SCHEDULE: Centre & Near Court

February 23- March 1



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M		
Time	Centre Court	Near Court
5:30		
6:00	CGC Program	Rise & Grind BOOTCAMP 6am-7am
6:30		
7:00		
7:30		Open Court Times (No Field House Attendant on duty and no equipment available)
8:00	Pickleball	
8:30	Pickleball	
9:00	Pickleball	Cardio Combat 9:15am-10:15am
9:30	Pickleball	
10:00	Pickleball	
10:30	Pickleball	Fit for Life 10:30am-11:30am
11:00	Pickleball	
11:30	Pickleball	
12:00	Pickleball	
12:30	Pickleball	
1:00	Drop-in Pickleball	Basketball
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		Pumped 5:45pm-6:45pm
6:30		
7:00		
7:30		
8:00	Booking	
8:30		
9:00		
9:30		

T		
Time	Centre Court	Near Court
5:30		
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00		
7:30		
8:00	Badminton	
8:30	Badminton	
9:00	Badminton	Zumba 9:15am-10:15am
9:30	Badminton	
10:00	Badminton	
10:30	Badminton	Fit for Life 10:30am-11:30am
11:00	Badminton	
11:30	Badminton	
12:00	Badminton	
12:30	Badminton	
1:00	Badminton	Basketball
1:30	Badminton	
2:00	Badminton	
2:30	Badminton	
3:00	Badminton	
3:30	CGC Program	
4:00	Badminton	
4:30	Badminton	
5:00		
5:30		
6:00		HIIT/Core 5:45pm-6:45pm
6:30		
7:00		Yoga Fusion 6:50pm-8pm
7:30		
8:00		
8:30		Booking
9:00		
9:30		

W		
Time	Centre Court	Near Court
5:30		
6:00	No Field House Attendant on duty and no equipment available	Midweek BOOTCAMP 6am-7am
6:30		
7:00		
7:30		No Field House Attendant on duty and no equipment available
8:00	Pickleball	
8:30	Pickleball	
9:00	Pickleball	Pumped 9:15am-10:15am
9:30	Pickleball	
10:00	Pickleball	
10:30	Pickleball	Fit for Life 10:30am-11:30am
11:00	Pickleball	
11:30	Pickleball	
12:00	Pickleball	
12:30	Pickleball	
1:00	Drop-in Pickleball	Basketball
1:30		
2:00		
2:30		
3:00		
3:30	CGC Program	
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		
7:00		
7:30		
8:00		
8:30		
9:00		
9:30		

T			
Time	Centre Court	Near Court	
5:30			
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:30			
7:00			
7:30			
8:00	Badminton	Basketball	
8:30	Badminton		
9:00	Badminton		Zumba 9:15am-10:15am
9:30	Badminton		
10:00	Badminton		
10:30	Badminton		Fit for Life 10:30am-11:30am
11:00	Badminton		
11:30	Badminton		
12:00	Badminton		Booking
12:30	Badminton		
1:00	Badminton	Basketball	
1:30	Badminton		
2:00	Badminton		
2:30	Badminton		
3:00	Badminton		
3:30	Badminton		CGC Program
4:00	Badminton		
4:30	Badminton		
5:00			
5:30			
6:00		HIIT/Core 5:45pm-6:45pm	
6:30			
7:00		Strength & Core 6:50pm-7:50pm	
7:30			
8:00			
8:30		Booking	
9:00			
9:30			

F			
Time	Centre Court	Near Court	
5:30			
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	Finish Strong BOOTCAMP 6am-7am	
6:30			
7:00			
7:30			
8:00	Pickleball	Basketball	
8:30	Pickleball		
9:00	Pickleball		HIIT 9:15am-10:15am
9:30	Pickleball		
10:00	Booking		
10:30	Booking		Fit for Life 10:30am-11:30am
11:00	Booking		
11:30	Booking		
12:00	Booking		
12:30	Booking		
1:00	Booking	Basketball	
1:30	Booking		
2:00	Booking		
2:30	Booking		
3:00	Booking		
3:30	Booking		
4:00	Booking		
4:30	Booking		
5:00	Booking		
5:30	Booking		
6:00	Booking	HIIT/Core 5:45pm-6:45pm	
6:30	Booking		
7:00	Booking		
7:30	Booking		
8:00	Booking		
8:30	Booking		
9:00	Booking		
9:30	Booking		

S		
Time	Centre Court	Near Court
7:00	Booking	
7:30		
8:00		
8:30		
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
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5:00		
5:30		
6:00		
6:30		
7:00		
7:30		
8:00		
8:30		

S		
Time	Centre Court	Near Court
7:00		Open Court Times (No Field House Attendant on duty and no equipment available)
7:30		
8:00		
8:30		Basketball
9:00		
9:30		
10:00		Booking
10:30		
11:00		
11:30		HIIT 11:00am-12:00pm
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		
7:00		
7:30		
8:00		
8:30		

Legend
Cleaning / Space Unavailable