

FIELD HOUSE SCHEDULE: Far Court

January 12 -18



M			T			W			T			F			S			S		
Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court	
5:30	Badminton	(No Field House staff/equipment)	5:30	Pickleball	(No Field House staff/equipment)	5:30	Badminton	(No Field House staff/equipment)	5:30	Pickleball	(No Field House staff/equipment)	5:30	Badminton	(No Field House staff/equipment)	7:00	Pickleball	Badminton	7:00	Pickleball	Badminton
6:00			6:00			6:00			6:00			6:00			7:30			7:30		
6:30			6:30			6:30			6:30			6:30			8:00			8:00		
7:00	Badminton	Pickleball	7:00	Pickleball	Pickleball	7:00	Badminton	Pickleball	7:00	Pickleball	Pickleball	7:00	Badminton	Pickleball	8:30			8:30		
7:30			7:30			7:30			7:30			7:30			9:00			9:00		
8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	9:30			9:30		
8:30			8:30			8:30			8:30			8:30			9:00			9:00		
9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:30			9:30		
9:30			9:30			9:30			9:30			9:30			10:00			10:00		
10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:30			10:30		
10:30			10:30			10:30			10:30			10:30			11:00			11:00		
11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:30			11:30		
11:30			11:30			11:30			11:30			11:30			12:00			12:00		
12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:30			12:30		
12:30			12:30			12:30			12:30			12:30			1:00	Badminton	Pickleball	1:00	Pickleball	Badminton
1:00	Badminton		1:00	Pickleball	CGC Program	1:00	Badminton		1:00	Pickleball	CGC Program	1:00	Badminton	Pickleball	1:30	Pickleball	Badminton	1:30	Badminton	Pickleball
1:30			1:30			1:30			1:30			1:30			2:00	Badminton	Pickleball	2:00	Pickleball	Badminton
2:00	Badminton		2:00	Pickleball		2:00	Badminton		2:00	Pickleball		2:00	Badminton	Pickleball	2:30	Pickleball	Badminton	2:30	Badminton	Pickleball
2:30			2:30			2:30			2:30			2:30			3:00	Badminton	Pickleball	3:00	Pickleball	Badminton
3:00	Badminton	Pickleball	3:00	Pickleball		3:00	Badminton	Pickleball	3:00	Pickleball		3:00	Badminton	Pickleball	3:30	Pickleball	Badminton	3:30	Badminton	Pickleball
3:30			3:30			3:30			3:30			3:30			4:00	Badminton	Pickleball	4:00	Pickleball	Badminton
4:00	Badminton	Pickleball	4:00	Pickleball		4:00	Badminton	Pickleball	4:00	Pickleball		4:00	Badminton	Pickleball	4:30	Pickleball	Badminton	4:30	Badminton	Pickleball
4:30			4:30			4:30			4:30			4:30			5:00	Badminton	Pickleball	5:00	Pickleball	Badminton
5:00	Badminton	Pickleball	5:00			5:00	Badminton		5:00			5:00	Badminton	Pickleball	5:30	Pickleball	Badminton	5:30		
5:30			5:30			5:30			5:30			5:30			6:00	Badminton	Pickleball	6:00	Pickleball	Badminton
6:00	Badminton	Pickleball	6:00			6:00	Badminton		6:00			6:00	Badminton	Pickleball	6:30	Pickleball	Badminton	6:30		
6:30			6:30			6:30			6:30			6:30			7:00	Badminton	Pickleball	7:00	Pickleball	Badminton
7:00			7:00			7:00			7:00			7:00			7:30	Badminton	Pickleball	7:30	Pickleball	Badminton
7:30			7:30			7:30			7:30			7:30			8:00	Badminton	Pickleball	8:00	Pickleball	Badminton
8:00			8:00			8:00			8:00			8:00			8:30			8:30		
8:30			8:30			8:30			8:30			8:30			9:00			9:00		
9:00			9:00			9:00			9:00			9:00			9:30			9:30		
9:30			9:30			9:30			9:30			9:30								

Legend

Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am everyday (online through MyRec or in-person at the Customer Service Desk).

The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:

6am-7am	Lane 6,5,4
1pm-3pm	\$4 Track
7pm-8pm	Lane 1
7:30pm-9pm	Lane 6,5
8pm-9pm	Lane 4

TRACK BOOKINGS:

6am-8am	Lane 5,6
10:30am-11:30am	Lane 6
6:30pm-10:00pm	Lane 5,6
8pm-10pm	Lane 4
8pm-9pm	Lane 1,2,3

TRACK BOOKINGS:

6am-7am	Lane 6,5,4
1pm-3pm	\$4 Track
7pm-8pm	Lane 1
8pm-10pm	Lane 4, 5, 6
8pm-9pm	Lane 1,2,3

TRACK BOOKINGS:

6am-8am	Lane 4,5,6
10:30am-11:30am	Lane 6
8pm-10pm	Lane 4, 5, 6
8pm-9pm	Lane 1,2,3

TRACK BOOKINGS:

6am-7:30am	Lane 6,5

<tbl_r cells="2" ix="2" maxcspan="1" maxrspan="

FIELD HOUSE SCHEDULE: Centre & Near Court

January 12- 18



Please note this schedule is subject to changes and cancellations.
Notices and updates to the schedule are posted on our website
www.canadagamescentre.ca

M			T			W			T			F			S			S		
Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court
5:30			5:30			5:30			5:30			5:30			5:30			7:00		
6:00	CGC Program	Rise & Grind BOOTCAMP 6am-7am	6:00	Open Court Times (No Field House Attendant on duty and no equipment available)		6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	Midweek BOOTCAMP 6am-7am	6:00	Open Court Times (No Field House Attendant on duty and no equipment available)		6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	Finish Strong BOOTCAMP 6am-7am	6:00	Open Court Times (No Field House Attendant on duty and no equipment available)		7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		Open Court Times (No Field House Attendant on duty and no equipment available)	6:30		7:00			7:00		7:00		7:00			7:30	Open Court Times (No Field House Attendant on duty and no equipment available)				
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)		7:00	Open Court Times (No Field House Attendant on duty and no equipment available)		7:00	Open Court Times (No Field House Attendant on duty and no equipment available)		7:00	Open Court Times (No Field House Attendant on duty and no equipment available)		7:00	Open Court Times (No Field House Attendant on duty and no equipment available)		7:00	Open Court Times (No Field House Attendant on duty and no equipment available)		7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)		7:30	Open Court Times (No Field House Attendant on duty and no equipment available)		7:30	Open Court Times (No Field House Attendant on duty and no equipment available)		7:30	Open Court Times (No Field House Attendant on duty and no equipment available)		7:30	Open Court Times (No Field House Attendant on duty and no equipment available)		7:30	Open Court Times (No Field House Attendant on duty and no equipment available)		8:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Pickleball		8:00	Pickleball		8:00	Pickleball		8:00	Pickleball		8:00	Pickleball		8:00	Pickleball		8:00	Pickleball	
8:30	Pickleball		8:30	Pickleball		8:30	Pickleball		8:30	Pickleball		8:30	Pickleball		8:30	Pickleball		8:30	Pickleball	
9:00	Cardio Combat 9:15am-10:15am		9:00	Zumba 9:15am-10:15am		9:00	Pumped 9:15am-10:15am		9:00	Zumba 9:15am-10:15am		9:00	HIIT 9:15am-10:15am		9:00	Bootcamp 9:15am-10:15am		9:00	Basketball	
9:30	Pickleball		9:30	Pickleball		9:30	Pickleball		9:30	Pickleball		9:30	Pickleball		9:30	Pickleball		9:30	Pickleball	
10:00	Pickleball		10:00	Pickleball		10:00	Pickleball		10:00	Pickleball		10:00	Pickleball		10:00	Pickleball		10:00	Pickleball	
10:30	Pickleball		10:30	Pickleball		10:30	Pickleball		10:30	Pickleball		10:30	Pickleball		10:30	Pickleball		10:30	Pickleball	
11:00	Fit for Life 10:30am-11:30am		11:00	Fit for Life 10:30am-11:30am		11:00	Fit for Life 10:30am-11:30am		11:00	Fit for Life 10:30am-11:30am		11:00	Fit for Life 10:30am-11:30am		11:00	Dance Fusion 10:30am-11:30am		11:00	Basketball	
11:30	Pickleball		11:30	Pickleball		11:30	Pickleball		11:30	Pickleball		11:30	Pickleball		11:30	Pickleball		11:30	Pickleball	
12:00	Pumped 5:45pm-6:45pm		12:00	Pumped 5:45pm-6:45pm		12:00	Pumped 5:45pm-6:45pm		12:00	Pumped 5:45pm-6:45pm		12:00	Pumped 5:45pm-6:45pm		12:00	Pumped 5:45pm-6:45pm		12:00	Pumped 5:45pm-6:45pm	
12:30	Drop-in Pickleball		12:30	Drop-in Pickleball		12:30	Drop-in Pickleball		12:30	Drop-in Pickleball		12:30	Drop-in Pickleball		12:30	Drop-in Pickleball		12:30	Drop-in Pickleball	
1:00	Drop-in Pickleball		1:00	Drop-in Pickleball		1:00	Drop-in Pickleball		1:00	Drop-in Pickleball		1:00	Drop-in Pickleball		1:00	Drop-in Pickleball		1:00	Drop-in Pickleball	
1:30	Drop-in Pickleball		1:30	Drop-in Pickleball		1:30	Drop-in Pickleball		1:30	Drop-in Pickleball		1:30	Drop-in Pickleball		1:30	Drop-in Pickleball		1:30	Drop-in Pickleball	
2:00	Drop-in Pickleball		2:00	Drop-in Pickleball		2:00	Drop-in Pickleball		2:00	Drop-in Pickleball		2:00	Drop-in Pickleball		2:00	Drop-in Pickleball		2:00	Drop-in Pickleball	
2:30	Drop-in Pickleball		2:30	Drop-in Pickleball		2:30	Drop-in Pickleball		2:30	Drop-in Pickleball		2:30	Drop-in Pickleball		2:30	Drop-in Pickleball		2:30	Drop-in Pickleball	
3:00	Drop-in Pickleball		3:00	Drop-in Pickleball		3:00	Drop-in Pickleball		3:00	Drop-in Pickleball		3:00	Drop-in Pickleball		3:00	Drop-in Pickleball		3:00	Drop-in Pickleball	
3:30	Drop-in Pickleball		3:30	Drop-in Pickleball		3:30	Drop-in Pickleball		3:30	Drop-in Pickleball		3:30	Drop-in Pickleball		3:30	Drop-in Pickleball		3:30	Drop-in Pickleball	
4:00	Drop-in Pickleball		4:00	Drop-in Pickleball		4:00	Drop-in Pickleball		4:00	Drop-in Pickleball		4:00	Drop-in Pickleball		4:00	Drop-in Pickleball		4:00	Drop-in Pickleball	
4:30	Drop-in Pickleball		4:30	Drop-in Pickleball		4:30	Drop-in Pickleball		4:30	Drop-in Pickleball		4:30	Drop-in Pickleball		4:30	Drop-in Pickleball		4:30	Drop-in Pickleball	
5:00	Drop-in Pickleball		5:00	Drop-in Pickleball		5:00	Drop-in Pickleball		5:00	Drop-in Pickleball		5:00	Drop-in Pickleball		5:00	Drop-in Pickleball		5:00	Drop-in Pickleball	
5:30	Drop-in Pickleball		5:30	Drop-in Pickleball		5:30	Drop-in Pickleball		5:30	Drop-in Pickleball		5:30	Drop-in Pickleball		5:30	Drop-in Pickleball		5:30	Drop-in Pickleball	
6:00	Drop-in Pickleball		6:00	Drop-in Pickleball		6:00	Drop-in Pickleball		6:00	Drop-in Pickleball		6:00	Drop-in Pickleball		6:00	Drop-in Pickleball		6:00	Drop-in Pickleball	
6:30	Drop-in Pickleball		6:30	Drop-in Pickleball		6:30	Drop-in Pickleball													