

February 2- 8



| S | | | S | | |
|-------|-----------|------|-----------|------------|------------|
| Time | Far Court | | Time | Far Court | |
| 7:00 | Booking | | 7:00 | Badminton | Pickleball |
| 7:30 | | | 7:30 | | |
| 8:00 | | | | 8:00 | Badminton |
| 8:30 | | | 8:30 | | |
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| 1:00 | | | | 1:00 | Booking |
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| 5:00 | 5:00 | | | | |
| 5:30 | | 5:30 | | | |
| 6:00 | 6:00 | | Badminton | Pickleball | |
| 6:30 | | 6:30 | | | |
| 7:00 | 7:00 | | Badminton | Pickleball | |
| 7:30 | | 7:30 | | | |
| 8:00 | 8:00 | | Badminton | Pickleball | |
| 8:30 | | 8:30 | | | |

| F | | |
|-------|--|---|
| Time | Far Court | |
| 5:30 | Badminton (No Field House staff/equipme nt) | Pickleball (No Field House staff/equipme nt) |
| 6:00 | | |
| 6:30 | | |
| 7:00 | Badminton | Pickleball |
| 7:30 | | |
| 8:00 | | |
| 8:30 | Badminton | Pickleball |
| 9:00 | | |
| 9:30 | | |
| 10:00 | Badminton | Pickleball |
| 10:30 | | |
| 11:00 | | |
| 11:30 | Badminton | Pickleball |
| 12:00 | | |
| 12:30 | | |
| 1:00 | Badminton | Drop-in Pickleball |
| 1:30 | | |
| 2:00 | Badminton | |
| 2:30 | | |
| 3:00 | Badminton | Pickleball |
| 3:30 | | |
| 4:00 | Badminton | Pickleball |
| 4:30 | | |
| 5:00 | Badminton | Pickleball |
| 5:30 | | |
| 6:00 | Badminton | Pickleball |
| 6:30 | | |
| 7:00 | Badminton | |
| 7:30 | | Booking |
| 8:00 | | |
| 8:30 | | |
| 9:00 | | |
| 9:30 | | |

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| <p>Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am everyday (online through MyRec or in-person at the Customer Service Desk).</p> |
| <p>The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.</p> |

| TRACK BOOKINGS: | |
|-----------------|------------|
| 7:30am - 9:30am | Track Full |
| 9:30am-10:30am | Lane 1 |
| 7pm-9pm | Lane 6.5.4 |

FIELD HOUSE SCHEDULE: Centre & Near Court

February 2- 8



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website www.canadagamescentre.ca

| M | | |
|-------|-----------------------|-------------------------------------|
| Time | Centre Court | Near Court |
| 5:30 | CGC Program | |
| 6:00 | | |
| 6:30 | | |
| 7:00 | | |
| 7:30 | | |
| 8:00 | Pickleball | Rise & Grind BOOTCAMP 6am-7am |
| 8:30 | | |
| 9:00 | | |
| 9:30 | | |
| 10:00 | | Cardio Combat 9:15am-10:15am |
| 10:30 | | |
| 11:00 | | |
| 11:30 | | |
| 12:00 | | Fit for Life 10:30am-11:30am |
| 12:30 | | |
| 1:00 | | |
| 1:30 | | |
| 2:00 | Drop-in Pickleball | Basketball |
| 2:30 | | |
| 3:00 | | |
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| 4:00 | | |
| 4:30 | | |
| 5:00 | | |
| 5:30 | | |
| 6:00 | | |
| 6:30 | | |
| 7:00 | Basketball | Pumped 5:45pm-6:45pm |
| 7:30 | | |
| 8:00 | | Booking |
| 8:30 | | |
| 9:00 | | |
| 9:30 | | |

| T | | | |
|-------|---|------------|---------------------------------|
| Time | Centre Court | Near Court | |
| 5:30 | Open Court Times (No Field House Attendant on duty and no equipment available) | | |
| 6:00 | | | |
| 6:30 | | | |
| 7:00 | | | |
| 7:30 | | | |
| 8:00 | Badminton | Basketball | |
| 8:30 | | | |
| 9:00 | | | Zumba 9:15am-10:15am |
| 9:30 | | | |
| 10:00 | | | |
| 10:30 | | | Fit for Life 10:30am-11:30am |
| 11:00 | | | |
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| 1:00 | | | |
| 1:30 | | | |
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| 3:00 | | | |
| 3:30 | | | CGC Program |
| 4:00 | | | |
| 4:30 | | | |
| 5:00 | | | Basketball |
| 5:30 | | | |
| 6:00 | HIIT/Core 5:45pm-6:45pm | | |
| 6:30 | | | |
| 7:00 | Yoga Fusion 6:50pm-8pm | | |
| 7:30 | | | |
| 8:00 | | | |
| 8:30 | | | |
| 9:00 | | | |
| 9:30 | | | |

| W | | | | |
|-------|---|--|------------|----------------------|
| Time | Centre Court | Near Court | | |
| 5:30 | <div>Midweek BOOTCAMP 6am-7am</div> <div>Open Court Times (No Field House Attendant on duty and no equipment available)</div> | | | |
| 6:00 | | | | |
| 6:30 | | | | |
| 7:00 | | | | |
| 7:30 | | | | |
| 8:00 | Pickleball | <div>Pumped 9:15am-10:15am</div> <div>Fit for Life 10:30am-11:30am</div> | | |
| 8:30 | Pickleball | | | |
| 9:00 | Pickleball | | | |
| 9:30 | Pickleball | | | |
| 10:00 | Pickleball | | | |
| 10:30 | Pickleball | | | |
| 11:00 | Pickleball | | | |
| 11:30 | Pickleball | | | |
| 12:00 | Pickleball | | | |
| 12:30 | Pickleball | | | |
| 1:00 | Drop-in Pickleball | | Basketball | |
| 1:30 | | | | |
| 2:00 | | | | |
| 2:30 | | | | |
| 3:00 | CGC Program | Basketball | | |
| 3:30 | | | | |
| 4:00 | | | | |
| 4:30 | | | | |
| 5:00 | Basketball | | | |
| 5:30 | | | | |
| 6:00 | | | | Pumped 5:45pm-6:45pm |
| 6:30 | | | | |
| 7:00 | | | | |
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| T | | |
|-------|---|------------|
| Time | Centre Court | Near Court |
| 5:30 | Open Court Times (No Field House Attendant on duty and no equipment available) | |
| 6:00 | | |
| 6:30 | | |
| 7:00 | | |
| 7:30 | | |
| 8:00 | Badminton | Basketball |
| 8:30 | | |
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| 1:00 | Booking | Basketball |
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| F | | |
|-------|---|--------------------------------------|
| Time | Centre Court | Near Court |
| 5:30 | <div>Open Court Times (No Field House Attendant on duty and no equipment available)</div> <div>Finish Strong BOOTCAMP 6am-7am</div> | |
| 6:00 | | |
| 6:30 | | |
| 7:00 | | |
| 7:30 | | |
| 8:00 | | <div>Balance 7:30am-8:30am</div> |
| 8:30 | Pickleball | <div>Basketball</div> |
| 9:00 | Pickleball | |
| 9:30 | Pickleball | |
| 10:00 | Pickleball | |
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| 11:00 | Pickleball | |
| 11:30 | Pickleball | |
| 12:00 | Pickleball | |
| 12:30 | Pickleball | |
| 1:00 | <div>Drop-in Pickleball</div> | |
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| 3:30 | | |
| 4:00 | <div>CGC Program</div> | |
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| 5:00 | | |
| 5:30 | | |
| 6:00 | <div>Basketball</div> | <div>Booking</div> |
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| Time | Centre Court | Near Court |
| 7:00 | Open Court Times (No Field House Attendant on duty and no equipment available) | |
| 7:30 | | |
| 8:00 | Basketball | Booking |
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|-------|--|------------|
| Time | Centre Court | Near Court |
| 7:00 | Open Court Times (No Field House Attendant on duty and no equipment available) | |
| 7:30 | | |
| 8:00 | Basketball | Booking |
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| Legend | |
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| Cleaning / Space Unavailable | |