

FIELD HOUSE SCHEDULE: Far Court

December 29-Jan 4



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website www.canadagamescentre.ca

| M | | | T | | | W | | | T | | | F | | | S | | | S | | | | | | | | | | | | | |
|-------|--|---|-------|---|---|-------|-----------|-----------------------|-----------|------------|------------|------------|--|---|------|-----------|--|------|------------|------------|--|--|--|--|-----------|------------|------|--|--|--|--|
| Time | Far Court | | Time | Far Court | | Time | Far Court | | Time | Far Court | | Time | Far Court | | Time | Far Court | | Time | Far Court | | | | | | | | | | | | |
| 5:30 | Badminton (No Field House staff/equipment) | Pickleball (No Field House staff/equipment) | 5:30 | Pickleball (No Field House staff/equipment) | Pickleball (No Field House staff/equipment) | 5:30 | | | 5:30 | | | 5:30 | Badminton (No Field House staff/equipment) | Pickleball (No Field House staff/equipment) | | | | | | | | | | | | | | | | | |
| 6:00 | | | 6:00 | | | 6:00 | | | 6:00 | | | 6:00 | | | | | | | | | | | | | | | | | | | |
| 6:30 | | | 6:30 | | | 6:30 | | | 6:30 | | | 6:30 | | | | | | | | | | | | | | | | | | | |
| 7:00 | Badminton | Pickleball | 7:00 | Pickleball | Pickleball | 7:00 | | | Badminton | | | Pickleball | 7:00 | Pickleball | | | | | Badminton | Pickleball | | | | | Badminton | Pickleball | | | | | |
| 7:30 | | | 7:30 | | | 7:30 | | | | | | | 7:30 | | | | | | | | | | | | | | 7:30 | | | | |
| 8:00 | Booking | | 8:00 | Pickleball | Pickleball | 8:00 | Badminton | Pickleball | 8:00 | | | 8:00 | Pickleball | | | | | | Badminton | Pickleball | | | | | | | | | | | |
| 8:30 | | | 8:30 | | | 8:30 | | | 8:30 | | | 8:30 | | | | | | | | | | | | | | | | | | | |
| 9:00 | | | 9:00 | Pickleball | Pickleball | 9:00 | Badminton | Pickleball | 9:00 | | | 9:00 | Badminton | Pickleball | | | | | | | | | | | | | | | | | |
| 9:30 | | | 9:30 | | | 9:30 | | | 9:30 | | | 9:30 | | | | | | | | | | | | | | | | | | | |
| 10:00 | | | 10:00 | Pickleball | Pickleball | 10:00 | Badminton | Pickleball | 10:00 | | | 10:00 | Badminton | Pickleball | | | | | Pickleball | Badminton | | | | | | | | | | | |
| 10:30 | | | 10:30 | | | 10:30 | | | 10:30 | | | 10:30 | | | | | | | | | | | | | | | | | | | |
| 11:00 | | | 11:00 | Pickleball | Pickleball | 11:00 | Badminton | Pickleball | 11:00 | | | 11:00 | Badminton | Pickleball | | | | | Pickleball | Badminton | | | | | | | | | | | |
| 11:30 | | | 11:30 | | | 11:30 | | | 11:30 | | | 11:30 | | | | | | | | | | | | | | | | | | | |
| 12:00 | | | 12:00 | Pickleball | Pickleball | 12:00 | Badminton | Pickleball | 12:00 | Pickleball | Pickleball | 12:00 | Badminton | Pickleball | | | | | Badminton | Pickleball | | | | | | | | | | | |
| 12:30 | | | 12:30 | | | 12:30 | | | 12:30 | | | 12:30 | | | | | | | | | | | | | | | | | | | |
| 1:00 | | | 1:00 | Pickleball | Pickleball | 1:00 | Badminton | Drop-in Pickleball | 1:00 | Pickleball | Pickleball | 1:00 | Badminton | Drop-in Pickleball | | | | | Badminton | Pickleball | | | | | | | | | | | |
| 1:30 | | | 1:30 | | | 1:30 | | | 1:30 | | | 1:30 | | | | | | | | | | | | | | | | | | | |
| 2:00 | | | 2:00 | Pickleball | Pickleball | 2:00 | Badminton | | 2:00 | Pickleball | Pickleball | 2:00 | Badminton | | | | | | Badminton | Pickleball | | | | | | | | | | | |
| 2:30 | | | 2:30 | | | 2:30 | | | 2:30 | | | 2:30 | | | | | | | | | | | | | | | | | | | |
| 3:00 | | | 3:00 | Pickleball | Pickleball | 3:00 | Badminton | Pickleball | 3:00 | Pickleball | Pickleball | 3:00 | Badminton | Pickleball | | | | | Badminton | Pickleball | | | | | | | | | | | |
| 3:30 | | | 3:30 | | | 3:30 | | | 3:30 | | | 3:30 | | | | | | | | | | | | | | | | | | | |
| 4:00 | | | 4:00 | Pickleball | Pickleball | 4:00 | Badminton | Pickleball | 4:00 | Pickleball | Pickleball | 4:00 | Badminton | Pickleball | | | | | Badminton | Pickleball | | | | | | | | | | | |
| 4:30 | | | 4:30 | | | 4:30 | | | 4:30 | | | 4:30 | | | | | | | | | | | | | | | | | | | |
| 5:00 | | | 5:00 | Pickleball | Pickleball | 5:00 | | | 5:00 | Pickleball | Pickleball | 5:00 | Badminton | Pickleball | | | | | Booking | | | | | | | | | | | | |
| 5:30 | | | 5:30 | | | 5:30 | | | 5:30 | | | 5:30 | | | | | | | | | | | | | | | | | | | |
| 6:00 | Badminton | Pickleball | 6:00 | Pickleball | Pickleball | 6:00 | | | 6:00 | Pickleball | Pickleball | 6:00 | Badminton | Pickleball | | | | | | | | | | | | | | | | | |
| 6:30 | | | 6:30 | | | 6:30 | | | 6:30 | | | 6:30 | | | | | | | | | | | | | | | | | | | |
| 7:00 | Badminton | Pickleball | 7:00 | Pickleball | Pickleball | 7:00 | | | 7:00 | Pickleball | Pickleball | 7:00 | Badminton | Pickleball | | | | | | | | | | | | | | | | | |
| 7:30 | | | 7:30 | | | 7:30 | | | 7:30 | | | 7:30 | | | | | | | | | | | | | | | | | | | |
| 8:00 | Badminton | Pickleball | 8:00 | Pickleball | Pickleball | 8:00 | | | 8:00 | | | 8:00 | Badminton | Pickleball | | | | | Badminton | Pickleball | | | | | | | | | | | |
| 8:30 | | | 8:30 | | | 8:30 | | | 8:30 | | | 8:30 | | | | | | | | | | | | | | | | | | | |
| 9:00 | Badminton | Pickleball | 9:00 | Pickleball | Pickleball | 9:00 | | | 9:00 | | | 9:00 | Badminton | Pickleball | | | | | | | | | | | | | | | | | |
| 9:30 | | | 9:30 | | | 9:30 | | | 9:30 | | | 9:30 | | | | | | | | | | | | | | | | | | | |

Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website www.canadagamescentre.ca

| Legend | | Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am everyday (online through MyRec or in-person at the Customer Service Desk). | | | | | | | | | | | | | | | | | |
|------------------------------|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Cleaning / Space Unavailable | | The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below. | | | | | | | | | | | | | | | | | |

| TRACK BOOKINGS: | | TRACK BOOKINGS: | | TRACK BOOKINGS: | | TRACK BOOKINGS: | | TRACK BOOKINGS: | | TRACK BOOKINGS: | | TRACK BOOKINGS: | |
|-----------------|-----------|-----------------|----------|-----------------|-----------|-----------------|--------|-----------------|---------------------|-----------------|--------------|-----------------|------------------------|
| 1pm-3pm | \$4 Track | 6am-8am | Lane 5,6 | 1pm-3pm | \$4 Track | 10:30am-11:30am | Lane 6 | 6am-7:30am | Lane 5, 6 | 7:30am- 9:30am | Lane 4, 5, 6 | 7:30am - 9:30am | Track Full |
| 7pm-8pm | Lane 1 | 10:30am-11:30am | Lane 6 | | | | | 1pm-3pm | \$4 Track | | | 9:30am-10:30am | Lane 1 |
| | | | | | | | | 6:00pm-7pm | Lane 5,LJP (lane 6) | | | 7:00pm-9pm | Lane 4, 5,LJP (lane 6) |

FIELD HOUSE SCHEDULE: Centre & Near Court

December 29- Jan



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| M | | |
|-------|--|------------|
| Time | Centre Court | Near Court |
| 5:30 | <div>Open Court Times (No Field House Attendant on duty and no equipment available)</div> <div>Rise & Grind BOOTCAMP 6am-7am</div> | |
| 6:00 | | |
| 6:30 | | |
| 7:00 | | |
| 7:30 | | |
| 8:00 | Pickleball | Badminton |
| 8:30 | Pickleball | Badminton |
| 9:00 | Pickleball | Badminton |
| 9:30 | Pickleball | Badminton |
| 10:00 | Pickleball | Badminton |
| 10:30 | Pickleball | Badminton |
| 11:00 | Pickleball | Badminton |
| 11:30 | Pickleball | Badminton |
| 12:00 | Pickleball | Badminton |
| 12:30 | Pickleball | Badminton |
| 1:00 | <div>Drop-in Pickleball</div> <div>Basketball</div> | |
| 1:30 | | |
| 2:00 | | |
| 2:30 | <div>Drop-in Pickleball</div> <div>Basketball</div> | |
| 3:00 | | |
| 3:30 | | |
| 4:00 | Pickleball | Badminton |
| 4:30 | Pickleball | Badminton |
| 5:00 | Pickleball | Badminton |
| 5:30 | <div>Pumped 5:45pm-6:45pm</div> <div>Basketball</div> | |
| 6:00 | | |
| 6:30 | <div>Basketball</div> | |
| 7:00 | | |
| 7:30 | | |
| 8:00 | | |
| 8:30 | | |
| 9:00 | | |
| 9:30 | | |

| T | | |
|-------|---|---------------------------------|
| Time | Centre Court | Near Court |
| 5:30 | <div>Open Court Times (No Field House Attendant on duty and no equipment available)</div> | |
| 6:00 | | |
| 6:30 | | |
| 7:00 | | |
| 7:30 | | |
| 8:00 | Badminton | |
| 8:30 | Badminton | |
| 9:00 | Badminton | Zumba 9:15am-10:15am |
| 9:30 | Badminton | |
| 10:00 | Badminton | |
| 10:30 | Badminton | Fit for Life 10:30am-11:30am |
| 11:00 | Badminton | |
| 11:30 | Badminton | |
| 12:00 | Badminton | |
| 12:30 | Badminton | |
| 1:00 | Badminton | |
| 1:30 | Badminton | |
| 2:00 | Badminton | |
| 2:30 | Badminton | |
| 3:00 | Badminton | |
| 3:30 | Badminton | |
| 4:00 | Badminton | |
| 4:30 | Badminton | |
| 5:00 | <div>Basketball</div> <div>HIIT/Core 5:45pm-6:45pm</div> | |
| 5:30 | | |
| 6:00 | <div>Basketball</div> <div>Yoga Fusion 6:50pm-7:50pm</div> | |
| 6:30 | | |
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| 8:00 | | |
| 8:30 | | |
| 9:00 | | |
| 9:30 | | |

| W | | |
|-------|---|---------------------------------|
| Time | Centre Court | Near Court |
| 5:30 | | |
| 6:00 | | |
| 6:30 | | |
| 7:00 | | |
| 7:30 | | |
| 8:00 | Pickleball | |
| 8:30 | Pickleball | |
| 9:00 | Pickleball | Pumped 9:15am-10:15am |
| 9:30 | Pickleball | |
| 10:00 | Pickleball | |
| 10:30 | Pickleball | Fit for Life 10:30am-11:30am |
| 11:00 | Pickleball | |
| 11:30 | Pickleball | |
| 12:00 | Pickleball | |
| 12:30 | Pickleball | |
| 1:00 | <div>Drop-in Pickleball</div> <div>Basketball</div> | |
| 1:30 | | |
| 2:00 | | |
| 2:30 | <div>Drop-in Pickleball</div> <div>Basketball</div> | |
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| T | | |
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| Time | Centre Court | Near Court |
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| 3:00 | Badminton | |
| 3:30 | Badminton | |
| 4:00 | Badminton | |
| 4:30 | Badminton | |
| 5:00 | <div>Basketball</div> <div>HIIT/Core 5:45pm-6:45pm</div> | |
| 5:30 | | |
| 6:00 | <div>Basketball</div> | |
| 6:30 | | |
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| F | | |
|-------|---|---------------------------------|
| Time | Centre Court | Near Court |
| 5:30 | <div>Open Court Times (No Field House Attendant on duty and no equipment available)</div> <div>Finish Strong BOOTCAMP 6am-7am</div> | |
| 6:00 | | |
| 6:30 | | |
| 7:00 | | |
| 7:30 | | |
| 8:00 | Pickleball | Basketball |
| 8:30 | Pickleball | |
| 9:00 | Pickleball | HIIT 9:15am-10:15am |
| 9:30 | Pickleball | |
| 10:00 | Pickleball | |
| 10:30 | Pickleball | Fit for Life 10:30am-11:30am |
| 11:00 | Pickleball | |
| 11:30 | Pickleball | |
| 12:00 | Pickleball | |
| 12:30 | Pickleball | |
| 1:00 | <div>Drop-in Pickleball</div> <div>Basketball</div> | |
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| 2:30 | <div>Drop-in Pickleball</div> <div>Basketball</div> | |
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| 4:00 | <div>Basketball</div> | |
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| Time | Centre Court | Near Court |
| 7:00 | <div>Open Court Times (No Field House Attendant on duty and no equipment available)</div> | |
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| 8:00 | <div>Booking</div> | |
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| 12:30 | <div>Booking</div> | |
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| S | | |
|-------|---|------------|
| Time | Centre Court | Near Court |
| 7:00 | Open Court Times (No Field House Attendant on duty and no equipment available) | |
| 7:30 | | |
| 8:00 | Basketball | |
| 8:30 | | |
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| 8:30 | | |

| Legend | |
|------------------------------|--|
| Cleaning / Space Unavailable | |