

FIELD HOUSE SCHEDULE: Far Court

October 6- 12



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website [www.canadagamescentre.ca](http://www.canadagamescentre.ca)

M			T			W			T			F			S			S							
Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court						
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	S		S		S						
6:00			6:00			6:00			6:00			6:00													
6:30			6:30			6:30			6:30			6:30									6:30				
7:00	Badminton	Pickleball	7:00	Pickleball	Pickleball	7:00	Badminton	Pickleball	7:00	Pickleball	Pickleball	7:00	Badminton	Pickleball	7:00	Pickleball	Badminton	7:00	Badminton	Pickleball					
7:30			7:30			7:30			7:30			7:30			7:30			7:30							
8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00	Pickleball	Badminton	8:00	Badminton	Pickleball					
8:30			8:30			8:30			8:30			8:30			8:30			8:30							
9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00	Pickleball	Bootcamp 9:15am-10:15am	9:00	Badminton	Pickleball					
9:30			9:30			9:30			9:30			9:30			9:30			9:30							
10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:00	Pickleball		10:00	Badminton	Pickleball					
10:30			10:30			10:30			10:30			10:30			10:30			10:30							
11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:00	Pickleball	Dance Fusion 10:30am-11:30am	11:00	Badminton	Pickleball					
11:30			11:30			11:30			11:30			11:30			11:30			11:30							
12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:00	Pickleball	Badminton	12:00	Badminton	Pickleball					
12:30			12:30			12:30			12:30			12:30			12:30			12:30							
1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00	Drop-in Pickleball		1:00	Pickleball	Badminton	1:00	Badminton	Pickleball					
1:30			1:30			1:30			1:30			1:30			1:30			1:30							
2:00	Badminton		2:00	Pickleball		2:00	Badminton		2:00	Pickleball		2:00			Pickleball			2:00	Badminton						
2:30			2:30			2:30			2:30			2:30						2:30			2:30				
3:00	Badminton	Pickleball	3:00	Pickleball	Pickleball	3:00	Badminton	Pickleball	3:00	Pickleball	Pickleball	3:00	Badminton	Pickleball	3:00	Pickleball	Badminton	3:00	Badminton	Pickleball					
3:30			3:30			3:30			3:30			3:30			3:30			3:30							
4:00	Badminton	Pickleball	4:00	Pickleball	Pickleball	4:00	Badminton		4:00	Pickleball	Pickleball	4:00	Badminton	Pickleball	4:00	Pickleball	Badminton	4:00	Badminton	Pickleball					
4:30			4:30			4:30			4:30			4:30			4:30			4:30							
5:00	Badminton	Pickleball	5:00			5:00	Badminton		5:00			5:00	Badminton	Pickleball	5:00	Pickleball	Badminton	5:00	Booking						
5:30			5:30			5:30			5:30			5:30			5:30			5:30							
6:00	Badminton	Pickleball	6:00			6:00	Badminton		6:00			6:00	Badminton	Pickleball	6:00	Pickleball	Badminton	6:00							
6:30			6:30			6:30			6:30			6:30			6:30			6:30							
7:00	Badminton	Pickleball	7:00			7:00	Badminton		7:00			7:00	Badminton	Pickleball	7:00	Pickleball	Badminton	7:00							
7:30			7:30			7:30			7:30			7:30			7:30			7:30							
8:00	Booking		8:00	Booking		8:00	Booking		8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00	Badminton	Pickleball								
8:30			8:30			8:30			8:30			8:30			8:30										
9:00			9:00			9:00			9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00										
9:30			9:30			9:30			9:30			9:30			9:30			9:30							

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Legend	Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am everyday (online through MyRec or in-person at the Customer Service Desk).
Cleaning / Space Unavailable	The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:	TRACK BOOKINGS:	TRACK BOOKINGS:	TRACK BOOKINGS:	TRACK BOOKINGS:	TRACK BOOKINGS:	TRACK BOOKINGS:
9m-10am Starting Block	6am-7am Bike Alcove	9m-10am Starting Block	6am-7am Bike Alcove	9:15am- 10:15am Bike Alcove	7:30am- 9:30am Lane 4, 5, 6	7:30am - 9:30am Track Full
9:15am- 10:15am Bike Alcove	9:15am- 10:15am Bike Alcove	9:15am- 10:15am Bike Alcove	9:15am- 10:15am Bike Alcove	9:00am- 10:00am Starting Block	9am- 10am Bike Alcove	9am- 10am Bike Alcove
1pm-3pm \$4 Track	10:30am-11:30am Lane 6	11am-12pm TRX	10:30am-11:30am Lane 6	1pm-3pm \$4 Track		
1:30pm-3:30pm Starting Block	1:30pm-3:30pm Starting Block	1pm-3pm \$4 Track	1:30pm-3:30pm Starting Block	6pm-7pm Lane 5,6		
6pm-7pm Bike Alcove& TRX	6pm-7pm Bike Alcove & Starting Block	1:30pm-3:30pm Starting Block	6pm-7pm Bike Alcove & Starting Block			

FIELD HOUSE SCHEDULE: Centre & Near Court

October 6- 12



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M		
Time	Centre Court	Near Court
5:30		
6:00	CGC Program	Rise & Grind BOOTCAMP 6am-7am
6:30		
7:00		
7:30		
8:00	Pickleball	Open Court Times (No Field House Attendant on duty and no equipment available)
8:30		
9:00	Pickleball	
9:30	Pickleball	
10:00		
10:30	Pickleball	
11:00	Pickleball	
11:30	Pickleball	
12:00	Pickleball	
12:30	Pickleball	
1:00	Drop-in Pickleball	Basketball
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		Pumped 5:45pm-6:45pm
6:30		
7:00		
7:30		
8:00	Booking	Basketball
8:30		
9:00		
9:30		

T			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00			
6:30			
7:00			
7:30			
8:00	Badminton	<div><div></div><div>Zumba 9:15am-10:15am</div><div></div><div>Fit for Life 10:30am-11:30am</div><div></div></div>	
8:30	Badminton Pickleball		
9:00	Badminton Pickleball		
9:30	Badminton Pickleball		
10:00	Badminton Pickleball		
10:30	Badminton Pickleball		
11:00	Badminton Pickleball		
11:30	Badminton Pickleball		
12:00	Badminton Pickleball		
12:30	Badminton Pickleball		
1:00	Badminton		Basketball
1:30	Badminton		
2:00	Badminton		
2:30	Badminton		
3:00	Badminton		
3:30	CGC Program		
4:00			
4:30			
5:00	Basketball	<div><div></div><div>HIIT/Core 5:45pm-6:45pm</div><div></div><div>Dance Fusion 6:50pm-7:50pm</div><div></div></div>	
5:30			
6:00			
6:30			
7:00			
7:30			
8:00			
8:30			
9:00			
9:30			

W			
Time	Centre Court	Near Court	
5:30	<div>Midweek BOOTCAMP 6am-7am</div> <div>Open Court Times (No Field House Attendant on duty and no equipment available)</div>		
6:00			
6:30			
7:00			
7:30			
8:00	Pickleball	<div>Pumped 9:15am-10:15am</div> <div>Fit for Life 10:30am-11:30am</div>	
8:30	Pickleball		
9:00	Pickleball		
9:30	Pickleball		
10:00	Pickleball		
10:30	Pickleball		
11:00	Pickleball		
11:30	Pickleball		
12:00	Pickleball		
12:30	Pickleball		
1:00	Drop-in Pickleball		
1:30			
2:00			
2:30			
3:00	Basketball		
3:30			
4:00			
4:30			
5:00			
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6:00			
6:30			
7:00			
7:30			
8:00	Basketball		
8:30			
9:00			
9:30			

T			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00			
6:30			
7:00			
7:30			
8:00	Badminton	Basketball	
8:30	Badminton Pickleball		
9:00	Badminton Pickleball	Zumba 9:15am-10:15am	
9:30	Badminton Pickleball		
10:00	Badminton Pickleball	Fit for Life 10:30am-11:30am	
10:30	Badminton Pickleball		
11:00	Badminton Pickleball		
11:30	Badminton Pickleball		
12:00	Badminton	Booking	
12:30	Badminton		
1:00	Badminton	Basketball	
1:30	Badminton		
2:00	Badminton		
2:30	Badminton		
3:00	Badminton		
3:30	CGC Program		
4:00			
4:30			
5:00	Basketball		
5:30			
6:00			
6:30			
7:00			
7:30	Dance Fusion 6:50pm-7:50pm		
8:00			
8:30	Booking	Basketball	
9:00			
9:30			

F		
Time	Centre Court	Near Court
5:30	<div>Open Court Times (No Field House Attendant on duty and no equipment available)</div> <div>Finish Strong BOOTCAMP 6am-7am</div>	
6:00		
6:30		
7:00		
7:30		
8:00	Pickleball	Basketball
8:30		
9:00		
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12:30		
1:00	Pickleball	Basketball
1:30		
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5:00		
5:30		
6:00	CGC Program	
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S		
Time	Centre Court	Near Court
7:00	CGC Program	
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8:00	Basketball	
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S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	Basketball	Basketball
8:30		
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Legend	
Cleaning / Space Unavailable	