

FIELD HOUSE SCHEDULE: Far Court
August 25-31



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website www.canadagamescentre.ca

Table with 3 columns: Time, Far Court (Badminton, Pickleball), and Booking status for Monday (M).

Table with 3 columns: Time, Far Court (Pickleball, Pickleball), and Booking status for Tuesday (T).

Table with 3 columns: Time, Far Court (Badminton, Pickleball), and Booking status for Wednesday (W).

Table with 3 columns: Time, Far Court (Pickleball, Pickleball), and Booking status for Thursday (T).

Table with 3 columns: Time, Far Court (Badminton, Pickleball), and Booking status for Friday (F).

Table with 3 columns: Time, Far Court (Pickleball, Badminton), and Booking status for Saturday (S).

Table with 3 columns: Time, Far Court (Badminton, Pickleball), and Booking status for Sunday (S).

Legend table with 2 columns: Description (Cleaning / Space Unavailable) and corresponding icon.

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk).

The full Track is closing on Sunday, August 24 at 7pm and will re-open on Tuesday, September 2 at 5:30am for scheduled floor maintenance.

TRACK BOOKINGS: Table with 2 columns for booking status.

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FIELD HOUSE SCHEDULE: Centre & Near Court
August 25-31



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M			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	RISE & GRIND BOOTCAMP 6am-7am	
6:30			
7:00		Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30			
8:00	Basketball		
8:30			
9:00			CARDIO COMBAT 9:15am-10:15am
9:30			
10:00			
10:30			Fit for Life 10:30am-11:30am
11:00			
11:30			
12:00			
12:30			
1:00			
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30			
5:00			
5:30			
6:00	Pumped 5:45pm-6:45pm		
6:30			
7:00			
7:30			
8:00			
8:30			
9:00			
9:30			

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00		
7:30		
8:00	Badminton	Basketball
8:30	Badminton	
9:00	Badminton	
9:30	Badminton	
10:00	Badminton	
10:30	Badminton	
11:00	Badminton	
11:30	Badminton	
12:00	Badminton	
12:30	Badminton	
1:00	Badminton	
1:30	Badminton	
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4:30	Badminton	
5:00	Badminton	
5:30	Badminton	
6:00	Badminton	
6:30	Badminton	
7:00	Badminton	
7:30	Badminton	
8:00	Badminton	
8:30	Badminton	
9:00	Badminton	
9:30	Badminton	

W			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	Midweek Momentum 6am-7am	
6:30			
7:00		Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30			
8:00	Basketball		
8:30			
9:00			Pumped 9:15am-10:15am
9:30			
10:00			
10:30			Fit for Life 10:30am-11:30am
11:00			
11:30			
12:00			
12:30			
1:00			
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30			
5:00			
5:30			
6:00			Pumped 5:45pm-6:45pm
6:30			
7:00			
7:30			
8:00			
8:30			
9:00			
9:30			

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00		
7:30		
8:00	Badminton	Basketball
8:30	Badminton	
9:00	Badminton	
9:30	Badminton	
10:00	Badminton	
10:30	Badminton	
11:00	Badminton	
11:30	Badminton	
12:00	Badminton	
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5:00	Badminton	
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6:00	Badminton	
6:30	Badminton	
7:00	Badminton	
7:30	Badminton	
8:00	Badminton	
8:30	Badminton	
9:00	Badminton	
9:30	Badminton	

F		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00		
7:30		
8:00	Badminton	Basketball
8:30	Badminton	
9:00	Badminton	
9:30	Badminton	
10:00	Badminton	
10:30	Badminton	
11:00	Badminton	
11:30	Badminton	
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4:30	Badminton	
5:00	Badminton	
5:30	Badminton	
6:00	Badminton	
6:30	Badminton	
7:00	Badminton	
7:30	Badminton	
8:00	Badminton	
8:30	Badminton	
9:00	Badminton	
9:30	Badminton	

S				
Time	Centre Court	Near Court		
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)			
7:30				
8:00	Basketball			
8:30				
9:00			Bootcamp 9:15am-10:15am	
9:30				
10:00				
10:30			Dance Fusion 10:30am-11:30am	
11:00				
11:30				
12:00			Booking	
12:30				
1:00				
1:30				
2:00				
2:30	Basketball			
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00				
6:30				

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	Basketball	
8:30		
9:00		
9:30		
10:00	HIIT 10am-11am	
10:30		
11:00		
11:30	Basketball	
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		

Legend	
Cleaning / Space Unavailable	