

FIELD HOUSE SCHEDULE: Far Court  
August 4-10



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website [www.canadagamescentre.ca](http://www.canadagamescentre.ca)

M	
Time	Far Court
5:30	Happy Natal Day! Closed August 4, 2025
6:00	
6:30	
7:00	
7:30	
8:00	
8:30	
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T	
Time	Far Court
5:30	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)
6:30	Pickleball (No Field House staff/no equipment available)
7:00	Pickleball (No Field House staff/no equipment available)
7:30	Pickleball (No Field House staff/no equipment available)
8:00	Pickleball
8:30	Pickleball
9:00	CGC Program
9:30	
10:00	
10:30	
11:00	
11:30	
12:00	
12:30	
1:00	
1:30	
2:00	
2:30	
3:00	
3:30	
4:00	Pickleball
4:30	Pickleball
5:00	CGC Program
5:30	
6:00	
6:30	
7:00	CGC Program
7:30	
8:00	Pickleball
8:30	Pickleball
9:00	Pickleball
9:30	Pickleball

W	
Time	Far Court
5:30	Badminton (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)
6:30	Badminton (No Field House staff/no equipment available)
7:00	Badminton (No Field House staff/no equipment available)
7:30	Badminton (No Field House staff/no equipment available)
8:00	Badminton
8:30	Badminton
9:00	CGC Program
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4:00	Badminton
4:30	Badminton
5:00	Badminton
5:30	Badminton
6:00	Badminton
6:30	Badminton
7:00	CGC Program
7:30	
8:00	
8:30	
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9:30	

T	
Time	Far Court
5:30	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)
6:30	Pickleball (No Field House staff/no equipment available)
7:00	Pickleball (No Field House staff/no equipment available)
7:30	Pickleball (No Field House staff/no equipment available)
8:00	Pickleball
8:30	Pickleball
9:00	CGC Program
9:30	
10:00	
10:30	
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11:30	
12:00	
12:30	
1:00	
1:30	
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2:30	
3:00	
3:30	
4:00	Pickleball
4:30	Pickleball
5:00	CGC Program
5:30	
6:00	
6:30	
7:00	CGC Program
7:30	
8:00	Badminton
8:30	Badminton
9:00	Badminton
9:30	Badminton

F	
Time	Far Court
5:30	Badminton (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)
6:30	Badminton (No Field House staff/no equipment available)
7:00	Badminton (No Field House staff/no equipment available)
7:30	Badminton (No Field House staff/no equipment available)
8:00	Badminton
8:30	Badminton
9:00	CGC Program
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4:00	Pickleball
4:30	Pickleball
5:00	Pickleball
5:30	Pickleball
6:00	Pickleball
6:30	Pickleball
7:00	Pickleball
7:30	Pickleball
8:00	Pickleball
8:30	Pickleball
9:00	Pickleball
9:30	Pickleball

S	
Time	Far Court
7:00	Pickleball (No Field House staff/no equipment available)
7:30	Pickleball (No Field House staff/no equipment available)
8:00	Pickleball
8:30	Pickleball
9:00	Pickleball
9:30	Pickleball
10:00	Pickleball
10:30	Pickleball
11:00	Pickleball
11:30	Pickleball
12:00	Pickleball
12:30	Pickleball
1:00	Pickleball
1:30	Pickleball
2:00	Pickleball
2:30	Pickleball
3:00	Pickleball
3:30	Pickleball
4:00	Pickleball
4:30	Pickleball
5:00	Pickleball
5:30	Pickleball
6:00	Pickleball
6:30	Pickleball

S	
Time	Far Court
7:00	Badminton (No Field House staff/no equipment available)
7:30	Badminton (No Field House staff/no equipment available)
8:00	Badminton
8:30	Badminton
9:00	Badminton
9:30	Badminton
10:00	Badminton
10:30	Badminton
11:00	Badminton
11:30	Badminton
12:00	Badminton
12:30	Badminton
1:00	Badminton
1:30	Badminton
2:00	Badminton
2:30	Badminton
3:00	Badminton
3:30	Badminton
4:00	Badminton
4:30	Badminton
5:00	Badminton
5:30	Badminton
6:00	Badminton
6:30	Badminton

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 72 hours in advance (online through MyRec or in-person at the Customer Service Desk).
The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:

TRACK BOOKINGS:
10:30am-11:30am Lane 6
6pm-8pm Starting Blocks

TRACK BOOKINGS:
1pm-3pm \$4 Track
2:30pm-3:30pm Starting Blocks
4pm-5pm Lanes 5,6
6pm-7pm TRX Alcove

TRACK BOOKINGS:
10:30am-11:30am Lane 6
6pm-8pm Starting Blocks

TRACK BOOKINGS:
1pm-3pm \$4 Track
2pm-3:30pm Starting Blocks

TRACK BOOKINGS:
1:30pm-3pm Lanes 5,6

TRACK BOOKINGS:

FIELD HOUSE SCHEDULE: Centre & Near Court

August 4-10



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M		
Time	Centre Court	Near Court
5:30	Happy Natal Day! Closed August 4, 2025	
6:00		
6:30		
7:00		
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T			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00			
6:30			
7:00			
7:30			
8:00	Badminton	Basketball	CGC Program
8:30			
9:00	Badminton	CGC Program	Zumba 9:15am-10:15am
9:30			
10:00			
10:30			Fit for Life 10:30am-11:30am
11:00			
11:30			
12:00			Basketball
12:30			
1:00			
1:30			
2:00			
2:30			
3:00			
3:30			
4:00	Badminton		
4:30			
5:00	Badminton		
5:30			
6:00	Badminton	HIIT/Core 5:45pm-6:45pm	
6:30			
7:00		Dance Fusion 6:50pm-7:50pm	
7:30			
8:00	Booking		Basketball
8:30			
9:00			
9:30			

W		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	Midweek Momentum 6am-7am
6:30		
7:00		Open Court Times (No Field House Attendant on duty and no equipment available)
7:30		
8:00	Basketball	CGC Program
8:30	Basketball	CGC Program
9:00	CGC Program	Pumped 9:15am-10:15am
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
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2:00		
2:30		
3:00		
3:30		
4:00	Basketball	
4:30		
5:00		
5:30		
6:00		Pumped 5:45pm-6:45pm
6:30		
7:00		
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T			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00			
6:30			
7:00			
7:30			
8:00	Badminton	Basketball	CGC Program
8:30			
9:00			Zumba 9:15am-10:15am
9:30			
10:00			
10:30			Fit for Life 10:30am-11:30am
11:00			
11:30			
12:00			Basketball
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5:00			
5:30			
6:00		HIIT/Core 5:45pm-6:45pm	
6:30			
7:00		Dance Fusion 6:50pm-7:50pm	
7:30			
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F		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00		
7:30		
8:00	Badminton	Basketball CGC Program
8:30	Badminton	Basketball CGC Program
9:00	Badminton	HIIT 9:15am-10:15am
9:30	Badminton	
10:00	Badminton	
10:30	Badminton	Fit for Life 10:30am-11:30am
11:00	Badminton	
11:30	Badminton	
12:00	Badminton	
12:30	Badminton	
1:00	CGC Program Basketball	
1:30		
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S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	Basketball	
8:30		
9:00	Bootcamp 9:15am-10:15am	Basketball
9:30		
10:00		
10:30	Dance Fusion 10:30am-11:30am	
11:00		
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12:30		
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S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	Basketball	
8:30		
9:00		
9:30		
10:00	HIIT 10am-11am	
10:30		
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11:30		
12:00		
12:30		
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1:30		
2:00	Basketball	
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6:00		
6:30		

Legend	
Cleaning / Space Unavailable	