

FIELD HOUSE SCHEDULE: Far Court
May 5-11



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website www.canadagamescentre.ca

M		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	Badminton	Pickleball
9:30		
10:00	Badminton	Pickleball
10:30		
11:00	Badminton	Pickleball
11:30		
12:00	Badminton	Pickleball
12:30		
1:00	Badminton	Drop-in Pickleball
1:30		
2:00	Badminton	
2:30		
3:00	Badminton	Pickleball
3:30		
4:00	Badminton	Pickleball
4:30		
5:00	Badminton	Pickleball
5:30		
6:00	Badminton	Pickleball
6:30		
7:00		
7:30		
8:00	Booking	
8:30		
9:00		
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T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Pickleball	Pickleball
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9:00	Pickleball	Pickleball
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10:00	Pickleball	Pickleball
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11:00	Pickleball	Pickleball
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12:00	Pickleball	Pickleball
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1:00	Pickleball	Pickleball
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2:00	Pickleball	Pickleball
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3:00	Pickleball	Pickleball
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4:00	Pickleball	Pickleball
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5:00		
5:30	CGC Program	
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7:00		
7:30		
8:00	Pickleball	Badminton
8:30		
9:00	Pickleball	Badminton
9:30		

W		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Badminton	Pickleball
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9:00	Badminton	Pickleball
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10:00	Badminton	Pickleball
10:30		
11:00	Badminton	Pickleball
11:30		
12:00	Badminton	Pickleball
12:30		
1:00	Badminton	Drop-in Pickleball
1:30		
2:00	Badminton	
2:30		
3:00	Badminton	Pickleball
3:30		
4:00	Badminton	
4:30		
5:00	Badminton	CGC Program
5:30		
6:00	Badminton	
6:30		
7:00	Badminton	
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	Badminton	Pickleball
9:30		

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Pickleball	Pickleball
8:30		
9:00	Pickleball	Pickleball
9:30		
10:00	Pickleball	Pickleball
10:30		
11:00	Pickleball	Pickleball
11:30		
12:00	Pickleball	Pickleball
12:30		
1:00	Pickleball	Pickleball
1:30		
2:00	Pickleball	Pickleball
2:30		
3:00	Pickleball	Pickleball
3:30		
4:00	Pickleball	Pickleball
4:30		
5:00		
5:30	CGC Program	
6:00		
6:30		
7:00		
7:30		
8:00	Booking	Badminton
8:30		
9:00		Badminton
9:30		

F		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Volleyball Nova Scotia Championships	
8:30		
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S		
Time	Far Court	
7:00	Volleyball Nova Scotia Championships	
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S		
Time	Far Court	
7:00	Volleyball Nova Scotia Championships	
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Legend	
Cleaning / Space Unavailable	

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk).
The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:	
11am-12pm	TRX
1pm-3pm	\$4 Track
1:15pm-3:30pm	Starting Blocks
6pm-7pm	TRX

TRACK BOOKINGS:	
10:30am-11:30am	Lane 6
11:30am-12:30pm	Lanes 5,6 + SB + LJP
4pm-5pm	Lanes 5,6
6pm-8pm	Starting Block
6pm-8pm	Lanes 5,6

TRACK BOOKINGS:	
1pm-3pm	\$4 Track
1:15pm-3:30pm	Starting Blocks
4pm-5pm	Lanes 5,6
5:30pm-6:30pm	Lane 6
6:30pm-7:30pm	Lane 6

TRACK BOOKINGS:	
10:30am-11:30am	Lane 6
11:30am-12:30pm	Lanes 5,6 + SB + LJP
3:30pm-4:30pm	Lanes 5,6 + SB + LJP
6pm-8pm	Starting Blocks
6pm-8pm	Lanes 5,6

TRACK BOOKINGS:	
ALL DAY	Lane 1
9:15am-10:15am	Starting Blocks
10:30-11:30	Starting Blocks
11am-12pm	TRX
1pm-3pm	\$4 Track
6pm-7pm	Lanes 5,6

TRACK BOOKINGS:	
ALL DAY	Lane 1
9:15am-10:15am	Starting Blocks
10:30-11:30	Starting Blocks

TRACK BOOKINGS:	
ALL DAY	Lane 1
10am-11am	Starting Blocks

FIELD HOUSE SCHEDULE: Centre & Near Court

May 5-11



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M				
Time	Centre Court		Near Court	
5:30	Open Court Times (No Field House Attendant on			
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)		Rise & Grind 6am-7am	
6:30			Open Court Times (No Field House Attendant on duty and no equipment available)	
7:00				
7:30				
8:00		Basketball		
8:30				
9:00	Pickleball		Cardio Combat 9:15am-10:15am	
9:30				
10:00	Pickleball			
10:30			Fit for Life 10:30am-11:30am	
11:00	Pickleball			
11:30				
12:00	Pickleball			
12:30				
1:00	Drop-in Pickleball		Basketball	
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00			Pumped 5:45pm-6:45pm	
6:30				
7:00			Dance Step 6:50pm-7:50pm	
7:30				
8:00	Booking			
8:30				
9:00				
9:30				

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00		
8:30	Basketball	Zumba 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		Basketball
1:00		
1:30		
2:00		
2:30		
3:00		
3:30	CGC Program	
4:00		
4:30		
5:00	Basketball	
5:30		
6:00		
6:30		
7:00		Zumba 6:50pm-7:50pm
7:30		
8:00		
8:30		Booking
9:00		
9:30		

W				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)			
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	Midweek Momentum 6am-7am		
6:30		Open Court Times (No Field House Attendant on duty and no equipment available)		
7:00				
7:30				
8:00	Pickleball	Basketball		
8:30				
9:00	Pickleball			
9:30	Pickleball			Pumped 9:15am-10:15am
10:00	Pickleball			
10:30	Pickleball			Fit for Life 10:30am-11:30am
11:00	Pickleball			
11:30	Pickleball			
12:00	Pickleball			
12:30	Pickleball			
1:00	Drop-in Pickleball		Basketball	
1:30				
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3:30				
4:00		CGC Program		
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5:00				
5:30				
6:00			Pumped 5:45pm-6:45pm	
6:30				
7:00			Dance Fusion 6:50pm-7:50pm	
7:30				
8:00	Basketball			
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T						
Time	Centre Court	Near Court				
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)					
6:00						
6:30						
7:00						
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)					
8:00	Badminton	Basketball	Zumba 9:15am-10:15am			
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1:00	Badminton	Basketball	Booking			
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6:00	Badminton	Basketball	CGC Program			
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5:00				Badminton	Basketball	CGC Program
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F		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	<div>Finish Strong Friday 6am-7am</div>
6:00		
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7:30		
8:00	Volleyball Nova Scotia Championships	
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Time	Centre Court	Near Court
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1:00	Volleyball Nova Scotia Championships	
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S		
Time	Centre Court	Near Court
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1:00	Volleyball Nova Scotia Championships	
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Legend	
Cleaning / Space Unavailable	