

# FIELD HOUSE SCHEDULE: Centre & Near Court

February 17-23



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website [www.canadagamescentre.ca](http://www.canadagamescentre.ca)

M			
Time	Centre Court	Near Court	
5:30	Family Day 8am-8pm		
6:00			
6:30			
7:00			
7:30			
8:00	Basketball	Cardio Combat 9:15am-10:15am	
8:30			
9:00			Pickleball
9:30			
10:00			Fit for Life 10:30am-11:30am
10:30			
11:00			
11:30			
12:00			
12:30			
1:00		Drop-in Pickleball	
1:30			
2:00			
2:30			
3:00			
3:30	Basketball	CGC Program	
4:00			
4:30			
5:00			
5:30			
6:00	Booking	Pumped 5:45pm-6:45pm	
6:30			
7:00		Dance Step 6:50pm-7:50pm	
7:30			
8:00	Family Day 8am-8pm		
8:30			
9:00			
9:30			

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00		
8:30	Basketball	Zumba 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		CGC Program
1:30		
2:00		
2:30		
3:00		
3:30	Basketball	CGC Program
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	HIIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 6:50pm-7:50pm
7:30		
8:00	Booking	
8:30		
9:00		
9:30		

W		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00		
8:30	Basketball	Pumped 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		Drop-in Pickleball
1:30		
2:00		
2:30		
3:00		
3:30	CGC Program	
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	Pumped 5:45pm-6:45pm
6:30		
7:00		Dance Fusion 6:50pm-7:50pm
7:30		
8:00	Pickleball	
8:30		
9:00		
9:30		

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00		
8:30	Basketball	Zumba 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		CGC Program
1:30		
2:00		
2:30		
3:00		
3:30	Basketball	CGC Program
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	HIIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 6:50pm-7:50pm
7:30		
8:00	Booking	
8:30		
9:00		
9:30		

F		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00		
8:30	Basketball	HIIT 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		Drop-in Pickleball
1:30		
2:00		
2:30		
3:00		
3:30	CGC Program	
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	HIIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 6:50pm-7:50pm
7:30		
8:00	Booking	
8:30		
9:00		
9:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	Basketball	Bootcamp 9:15am-10:15am
8:30		
9:00		
9:30		
10:00		
10:30		Zumba 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		
7:00		
7:30		
8:00		
8:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	Basketball	Booking
8:30		
9:00		
9:30		
10:00		
10:30		HIIT 10am-11am
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		
7:00		
7:30		
8:00		
8:30		

Legend	
Cleaning / Space Unavailable	

# FIELD HOUSE SCHEDULE: Far Court

February 17-23



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M		
Time	Far Court	
5:30	Family Day 8am-8pm	
6:00		
6:30		
7:00		
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	Badminton	Pickleball
9:30		
10:00	Badminton	Pickleball
10:30		
11:00	Badminton	Pickleball
11:30		
12:00	Badminton	Pickleball
12:30		
1:00	Badminton	Drop-in Pickleball
1:30		
2:00	Badminton	
2:30		
3:00	Badminton	Pickleball
3:30		
4:00	Badminton	Pickleball
4:30		
5:00	Booking	
5:30		
6:00		
6:30		
7:00	Family Day 8am-8pm	
7:30		
8:00		
8:30		
9:00		
9:30		

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Pickleball	Pickleball
8:30		
9:00	Pickleball	Pickleball
9:30		
10:00	Pickleball	Pickleball
10:30		
11:00	Pickleball	Pickleball
11:30		
12:00	Pickleball	Pickleball
12:30		
1:00	Pickleball	CGC Program
1:30		
2:00	Pickleball	
2:30		
3:00	Pickleball	Pickleball
3:30		
4:00	Pickleball	Pickleball
4:30		
5:00	CGC Program	
5:30		
6:00		
6:30		
7:00	Booking	
7:30		
8:00		Badminton
8:30	Booking	
9:00		
9:30		

W		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	Badminton	Pickleball
9:30		
10:00	Badminton	Pickleball
10:30		
11:00	Badminton	Pickleball
11:30		
12:00	Badminton	Pickleball
12:30		
1:00	Badminton	Drop-in Pickleball
1:30		
2:00	Badminton	
2:30		
3:00	Badminton	Pickleball
3:30		
4:00	Badminton	
4:30		
5:00	Badminton	CGC Program
5:30		
6:00	Badminton	
6:30		
7:00	Booking	
7:30		
8:00	Booking	
8:30		
9:00		
9:30		

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Pickleball	Pickleball
8:30		
9:00	Pickleball	Pickleball
9:30		
10:00	Pickleball	Pickleball
10:30		
11:00	Pickleball	Pickleball
11:30		
12:00	Pickleball	Pickleball
12:30		
1:00	Pickleball	CGC Program
1:30		
2:00	Pickleball	
2:30		
3:00	Pickleball	Pickleball
3:30		
4:00	Pickleball	Pickleball
4:30		
5:00	CGC Program	
5:30		
6:00		
6:30		
7:00	Booking	
7:30		
8:00		Badminton
8:30	Booking	
9:00		
9:30		

F		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	Badminton	Pickleball
9:30		
10:00	Badminton	Pickleball
10:30		
11:00	Badminton	Pickleball
11:30		
12:00	Badminton	Pickleball
12:30		
1:00	Badminton	Drop-in Pickleball
1:30		
2:00	Badminton	
2:30		
3:00	Badminton	Pickleball
3:30		
4:00	Badminton	Pickleball
4:30		
5:00	Badminton	Pickleball
5:30		
6:00	Badminton	Pickleball
6:30		
7:00	Badminton	
7:30		
8:00	Badminton	Booking
8:30		
9:00	Badminton	
9:30		

S		
Time	Far Court	
7:00	Pickleball (No Field House staff/no equipment available)	Badminton (No Field House staff/no equipment available)
7:30		
8:00	Pickleball	Badminton
8:30		
9:00	Pickleball	Badminton
9:30		
10:00	Pickleball	Badminton
10:30		
11:00	Pickleball	Badminton
11:30		
12:00	Pickleball	Badminton
12:30		
1:00	Pickleball	Badminton
1:30		
2:00	Pickleball	Badminton
2:30		
3:00	Pickleball	Badminton
3:30		
4:00	Pickleball	Badminton
4:30		
5:00		Badminton
5:30		
6:00		Badminton
6:30	Booking	
7:00		
7:30		Badminton
8:00		Badminton
8:30		

S		
Time	Far Court	
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Booking	
8:30		
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		
7:00	Badminton	Pickleball
7:30		
8:00	Badminton	Pickleball
8:30		

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:	
1pm-3pm	\$4 Track
6pm-7pm	Lane 6 + SB
7pm-8pm	Lane 1

TRACK BOOKINGS:	
6am-7am	Lanes 5,6
7am-8am	Lanes 5,6
10:30am-11:30am	Lanes 5,6
11:30am-1:30pm	Lanes 4,5,6
7pm-8pm	Starting Block
7pm-8pm	Lane 5
8pm-9:30pm	Lanes 5,6

TRACK BOOKINGS:	
6am-7am	Lanes 3,4,5,6
1pm-3pm	\$4 Track
1:15pm-3:30pm	Starting Block
6:30pm-7:30pm	Lane 6
7pm-8pm	Lane 1
8pm-10pm	Lanes 4,5,6 + SB

TRACK BOOKINGS:	
6am-7:30am	Lanes 5,6
10:30am-11:30am	Lane 5,6
6pm-8pm	Starting Block
8pm-10pm	Lanes 4,5,6 + SB + LJP

TRACK BOOKINGS:	
1pm-3pm	\$4 Track
6pm-7pm	Lanes 4,5,6
7pm-8:30pm	Lanes 5,6 + SB + LJP

TRACK BOOKINGS:	
9am-11am	Lanes 4,5,6 + SB
11am-12pm	Lane 6
2pm-3:30pm	Lanes 4,5,6 + SB + LJP

TRACK BOOKINGS:	
7:30am-9:30am	Lanes 4,5,6
9am-10am	Lane 6
7pm-9pm	Competitive Track Clubs - Full Track