

FIELD HOUSE SCHEDULE: Far Court

February 3-9



Please note this schedule is subject to changes and cancellations. Notices and updates to the schedule are posted on our website www.canadagamescentre.ca

M			T			W			T			F			S			S		
Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment available)	Badminton (No Field House staff/equipment available)	7:00	Pickleball (No Field House staff/equipment available)	Badminton (No Field House staff/equipment available)
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:30	Pickleball (No Field House staff/equipment available)	Badminton (No Field House staff/equipment available)
6:30			6:30			6:30			6:30			6:30						7:30		
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	8:00		
7:30			7:30			7:30			7:30			7:30						8:00		
8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00			8:00		
8:30			8:30			8:30			8:30			8:30			8:30			8:30		
9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00			9:00		
9:30			9:30			9:30			9:30			9:30			9:30			9:30		
10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:00			10:00		
10:30			10:30			10:30			10:30			10:30			10:30			10:30		
11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:00			11:00		
11:30			11:30			11:30			11:30			11:30			11:30			11:30		
12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:00			12:00	Badminton	Pickleball
12:30			12:30			12:30			12:30			12:30			12:30			12:30		
1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00	Badminton	Drop-in Pickleball	1:00			1:00	Badminton	Pickleball
1:30	Badminton		1:30	Pickleball		1:30	Badminton		1:30	Pickleball		1:30	Badminton		1:30	Badminton	1:30	Badminton	1:30	
2:00			2:00			2:00			2:00			2:00			2:00			2:00	Badminton	Pickleball
2:30			2:30			2:30			2:30			2:30			2:30			2:30		
3:00	Badminton	Pickleball	3:00	Pickleball	Pickleball	3:00	Badminton	Pickleball	3:00	Pickleball	Pickleball	3:00	Badminton	Pickleball	3:00			3:00	Badminton	Pickleball
3:30			3:30			3:30			3:30			3:30			3:30			3:30		
4:00	Badminton	Pickleball	4:00	Pickleball	Pickleball	4:00	Badminton		4:00	Pickleball	Pickleball	4:00	Badminton	Pickleball	4:00			4:00		
4:30			4:30			4:30			4:30			4:30			4:30			4:30		
5:00	Badminton	Pickleball	5:00			5:00	Badminton		5:00			5:00	Badminton	Pickleball	5:00			5:00		
5:30			5:30			5:30			5:30			5:30	Badminton	Pickleball	5:30			5:30		
6:00	Badminton	Pickleball	6:00			6:00	Badminton		6:00			6:00	Badminton	Pickleball	6:00			6:00		
6:30			6:30			6:30			6:30			6:30	Badminton	Pickleball	6:30			6:30		
7:00			7:00			7:00			7:00			7:00	Badminton		7:00			7:00	Badminton	Pickleball
7:30			7:30			7:30			7:30			7:30	Badminton		7:30			7:30		
8:00			8:00			8:00			8:00			8:00	Badminton		8:00			8:00	Badminton	Pickleball
8:30			8:30			8:30			8:30			8:30	Badminton		8:30			8:30	Badminton	Pickleball
9:00			9:00			9:00			9:00			9:00	Badminton		9:00			9:00		
9:30			9:30			9:30			9:30			9:30	Badminton		9:30			9:30		

Legend	
Cleaning / Space Unavailable	

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:	
6am-7am	Lanes 3,4,5,6
11am-12pm	TRX Alcove
1pm-3pm	\$4 Track
1:15pm-3:30pm	Starting Block
6pm-7pm	Lane 6 + SB
6pm-7pm	TRX Alcove
7pm-8pm	Lane 1
7:30pm-9:30pm	Lanes 5,6 + SB + LJP

TRACK BOOKINGS:	
7am-8am	Lanes 5,6
10:30am-11:30am	Lane 5,6
6pm-8pm	Starting Block
7pm-8pm	Lane 5
7pm-9:15pm	Lane 6

TRACK BOOKINGS:	
6am-7am	Lanes 3,4,5,6
11am-12pm	TRX Alcove
1pm-3pm	\$4 Track
1:15pm-3:30pm	Starting Block
6:30pm-7:30pm	Lane 6
7pm-8pm	Lane 1
8pm-10pm	Lanes 4,5,6 + SB

TRACK BOOKINGS:	
10:30am-11:30am	Lane 5,6
6pm-8pm	Starting Block
8pm-10pm	Competitive Track Clubs - Full Track

TRACK BOOKINGS:	
11am-12pm	TRX Alcove
1pm-3pm	\$4 Track
6pm-7pm	Lanes 4,5,6
7pm-8:30pm	Lanes 5,6 + SB + LJP

TRACK BOOKINGS:	
7am-9pm	Competitive Track Clubs - Full Track

TRACK BOOKINGS:	
7:30am-9:30am	Lanes 4,5,6
9am-10am	Lane 6
7pm-9pm	Competitive Track Clubs - Full Track

FIELD HOUSE SCHEDULE: Centre & Near Court

February 3-9



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M		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00	CGC Program	Rise & Grind 6am-7am
6:30		
7:00		Open Court Times (No Field House Attendant on duty and no equipment available)
7:30		
8:00	Basketball	
8:30		
9:00	Pickleball	Cardio Combat 9:15am-10:15am
9:30	Pickleball	
10:00	Pickleball	
10:30	Pickleball	Fit for Life 10:30am-11:30am
11:00	Pickleball	
11:30	Pickleball	
12:00	Pickleball	
12:30	Pickleball	
1:00	Drop-in Pickleball	
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		Pumped 5:45pm-6:45pm
6:30		
7:00		Dance Step 6:50pm-7:50pm
7:30		
8:00		
8:30		
9:00	Booking	
9:30		

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00	Booking	Open Court Times (No Field House Attendant on duty and no equipment available)
7:30		
8:00		
8:30		
9:00	Badminton	Zumba 9:15am-10:15am
9:30	Badminton	
10:00	Badminton	
10:30	Badminton	Fit for Life 10:30am-11:30am
11:00	Badminton	
11:30	Badminton	
12:00	Badminton	
12:30	Badminton	
1:00	Badminton	
1:30	Badminton	
2:00	Badminton	
2:30	Badminton	
3:00	Badminton	
3:30	Badminton	CGC Program
4:00	Badminton	
4:30	Badminton	
5:00		
5:30		
6:00		HIIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 6:50pm-7:50pm
7:30		
8:00		
8:30		Booking
9:00		
9:30		

W		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		Midweek Momentum 6am-7am
6:30		
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		Open Court Times (No Field House Attendant on duty and no equipment available)
8:00		
8:30		
9:00	Pickleball	Pumped 9:15am-10:15am
9:30	Pickleball	
10:00	Pickleball	
10:30	Pickleball	Fit for Life 10:30am-11:30am
11:00	Pickleball	
11:30	Pickleball	
12:00	Pickleball	
12:30	Pickleball	
1:00	Drop-in Pickleball	
1:30		
2:00		
2:30		
3:00		
3:30		CGC Program
4:00		
4:30		
5:00		
5:30		
6:00		Pumped 5:45pm-6:45pm
6:30		
7:00		Dance Fusion 6:50pm-7:50pm
7:30		
8:00	Pickleball	
8:30	Pickleball	
9:00	Pickleball	
9:30	Badminton	

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Open Court Times (No Field House Attendant on duty and no equipment available)
6:00		
6:30		
7:00	Booking	
7:30		
8:00		
8:30		
9:00	Badminton	Zumba 9:15am-10:15am
9:30	Badminton	
10:00	Badminton	
10:30	Badminton	Fit for Life 10:30am-11:30am
11:00	Badminton	
11:30	Badminton	
12:00	Badminton	
12:30	Badminton	
1:00	Badminton	
1:30	Badminton	
2:00	Badminton	
2:30	Badminton	
3:00	Badminton	
3:30	Badminton	CGC Program
4:00	Badminton	
4:30	Badminton	
5:00		
5:30		
6:00		HIIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 6:50pm-7:50pm
7:30		
8:00		
8:30		Booking
9:00		
9:30		

F		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Open Court Times (No Field House Attendant on duty and no equipment available)
6:00		Finish Strong Friday 6am-7am
6:30		
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		Open Court Times (No Field House Attendant on duty and no equipment available)
8:00		
8:30		
9:00	Pickleball	HIIT 9:15am-10:15am
9:30	Pickleball	
10:00	Pickleball	
10:30	Pickleball	Fit for Life 10:30am-11:30am
11:00	Pickleball	
11:30	Pickleball	
12:00	Pickleball	
12:30	Pickleball	
1:00	Drop-in Pickleball	
1:30		
2:00		
2:30		
3:00		
3:30		CGC Program
4:00		
4:30		
5:00		
5:30		
6:00		HIIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 6:50pm-7:50pm
7:30		
8:00		
8:30		
9:00		
9:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	Basketball	
8:30		
9:00	Bootcamp 9:15am-10:15am	
9:30		
10:00		
10:30	Zumba 10:30am-11:30am	
11:00		
11:30		
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00	Pickleball	Badminton
3:30	Pickleball	Badminton
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00		Booking
5:30		
6:00	Basketball	
6:30		
7:00		
7:30		
8:00		
8:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00	Pickleball	Badminton
5:30	Pickleball	Badminton
6:00	Pickleball	Badminton
6:30	Pickleball	Badminton
7:00		
7:30		
8:00		
8:30		

Legend
Cleaning / Space Unavailable