

# FIELD HOUSE SCHEDULE: Far Court

May 6-12, 2024



canadagamescentre.ca

M		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Badminton	Pickleball
10:00	Badminton	Pickleball
10:30	Badminton	Pickleball
11:00	Badminton	Pickleball
11:30	Badminton	Pickleball
12:00	Badminton	Pickleball
12:30	Badminton	Pickleball
1:00	Badminton	Drop-in Pickleball
1:30	Badminton	
2:00	Badminton	Drop-in Pickleball
2:30	Badminton	
3:00	Badminton	Pickleball
3:30	Badminton	Pickleball
4:00	Badminton	Pickleball
4:30	Badminton	Pickleball
5:00	Badminton	Pickleball
5:30	Badminton	Pickleball
6:00	Badminton	Pickleball
6:30	Badminton	Pickleball
7:00	Booking	
7:30		
8:00		
8:30		
9:00		
9:30		

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
6:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
8:00	Pickleball	Pickleball
8:30	Pickleball	Pickleball
9:00	Pickleball	Pickleball
9:30	Pickleball	Pickleball
10:00	Pickleball	Pickleball
10:30	Pickleball	Pickleball
11:00	Pickleball	Pickleball
11:30	Pickleball	Pickleball
12:00	Pickleball	Pickleball
12:30	Pickleball	Pickleball
1:00	Pickleball	CGC Program
1:30	Pickleball	
2:00	Pickleball	CGC Program
2:30	Pickleball	
3:00	Pickleball	Pickleball
3:30	Pickleball	Pickleball
4:00	Pickleball	Pickleball
4:30	CGC Program	
5:00		
5:30		
6:00		
6:30		
7:00	CGC Program	
7:30		
8:00		
8:30		
9:00		
9:30	Booking	

W		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Badminton	Pickleball
10:00	Badminton	Pickleball
10:30	Badminton	Pickleball
11:00	Badminton	Pickleball
11:30	Badminton	Pickleball
12:00	Badminton	Pickleball
12:30	Badminton	Pickleball
1:00	Badminton	Drop-in Pickleball
1:30	Badminton	
2:00	Badminton	Drop-in Pickleball
2:30	Badminton	
3:00	Badminton	Pickleball
3:30	Badminton	Pickleball
4:00	Badminton	
4:30	Badminton	
5:00	Badminton	CGC Program
5:30	Badminton	
6:00	Badminton	CGC Program
6:30	Badminton	
7:00	Badminton	
7:30	Badminton	
8:00	Badminton	Badminton
8:30	Badminton	Badminton
9:00	Badminton	Badminton
9:30	Badminton	Badminton

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
6:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
8:00	Pickleball	Pickleball
8:30	Pickleball	Pickleball
9:00	Pickleball	Pickleball
9:30	Pickleball	Pickleball
10:00	Pickleball	Pickleball
10:30	Pickleball	Pickleball
11:00	Pickleball	Pickleball
11:30	Pickleball	Pickleball
12:00	Pickleball	Pickleball
12:30	Pickleball	Pickleball
1:00	Pickleball	CGC Program
1:30	Pickleball	
2:00	Pickleball	CGC Program
2:30	Pickleball	
3:00	Pickleball	Pickleball
3:30	Pickleball	Pickleball
4:00	Pickleball	Pickleball
4:30	Pickleball	Pickleball
5:00	CGC Program	
5:30		
6:00		
6:30		
7:00		
7:30	CGC Program	
8:00		
8:30		
9:00		
9:30		

F		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
6:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
7:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Badminton	Pickleball
10:00	Badminton	Pickleball
10:30	Badminton	Pickleball
11:00	Badminton	Pickleball
11:30	Badminton	Pickleball
12:00	Badminton	Pickleball
12:30	Badminton	Pickleball
1:00	Badminton	Drop-in Pickleball
1:30	Badminton	
2:00	Badminton	Drop-in Pickleball
2:30	Badminton	
3:00	Badminton	Pickleball
3:30	Badminton	Pickleball
4:00	Badminton	Pickleball
4:30	Badminton	Pickleball
5:00	Badminton	Pickleball
5:30	Badminton	Pickleball
6:00	Badminton	Pickleball
6:30	Badminton	Pickleball
7:00	Badminton	Pickleball
7:30	Badminton	Pickleball
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Badminton	Pickleball

S		
Time	Far Court	
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30	Pickleball	Badminton
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00		Badminton
3:30		Badminton
4:00	Booking	Badminton
4:30		Badminton
5:00	Booking	Badminton
5:30		Badminton
6:00		Badminton
6:30		Badminton
7:00	Pickleball	Badminton
7:30	Pickleball	Badminton
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton

S		
Time	Far Court	
7:00		
7:30		
8:00		
8:30		
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00	Booking	
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00	Badminton	Pickleball
6:30	Badminton	Pickleball
7:00	Badminton	Pickleball
7:30	Badminton	Pickleball
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:	
1pm-3pm	\$4 Track
1:15pm-2:15pm	CGC Pgm - Track SB
2:30pm-3:30pm	CGC Pgm - Track SB
6pm-7pm	CGC Pgm - TRX Alcove
7pm-8pm	Lane 1
8pm-10pm	Lanes 4/5/6 + Jump Pit

TRACK BOOKINGS:	
4:30pm-5:30pm	Lanes 5/6 + Track SB
6pm-7:30pm	Lane 6 & Jump Pit
6pm-8pm	CGC Pgm - Track SB

TRACK BOOKINGS:	
1pm-3pm	\$4 Track
1:15pm-2:15pm	CGC Pgm - Track SB
4pm-5pm	Lane 5/6

TRACK BOOKINGS:	
1:30pm-2:30pm	CGC Pgm - Track SB
6pm-8pm	CGC Pgm - Track SB

TRACK BOOKINGS:	
7am - 10pm	Lane 1
1pm-3pm	\$4 Track
3:45pm-4:45pm	Lane 6 + Jump Pit
6pm-7pm	Lanes 5/6

TRACK BOOKINGS:	
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TRACK BOOKINGS:	
1pm-2pm	Lane 6

# FIELD HOUSE SCHEDULE: Centre & Near Court

May 6-12, 2024



canadagamescentre.ca

M				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am		
6:00				
6:30				
7:00				
7:30				
8:00	Pickleball	Basketball		
8:30	Pickleball			
9:00	Cardio Combat 9:15am-10:15am			
9:30				
10:00	Fit for Life 10:30am-11:30am			
10:30				
11:00				
11:30				
12:00				
12:30				
1:00	Drop-in Pickleball	Basketball		
1:30				
2:00				
2:30				
3:00	Basketball		CGC Program	
3:30				
4:00				
4:30				
5:00			Basketball	
5:30				
6:00	Booking	Pumped 5:45pm-6:45pm		
6:30				
7:00		Zumba 7pm-8pm		
7:30				
8:00	Booking	Basketball		
8:30				
9:00				
9:30				

T				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)			
6:00				
6:30				
7:00				
7:30				
8:00	Badminton	Basketball		
8:30	Badminton			
9:00	Zumba 9:15am-10:15am			
9:30				
10:00	Fit for Life 10:30am-11:30am			
10:30				
11:00				
11:30				
12:00				
12:30				
1:00	Badminton	Basketball		
1:30				
2:00				
2:30				
3:00	CGC Program		Basketball	
3:30				
4:00				
4:30				
5:00			Basketball	
5:30				
6:00	HIIT/Core 5:45pm-6:45pm			
6:30				
7:00		Zumba 6:50pm-7:50pm		
7:30				
8:00		Basketball		
8:30				
9:00				
9:30				

W				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am		
6:00				
6:30				
7:00			Booking	
7:30				
8:00	Pickleball	Basketball		
8:30	Pickleball			
9:00	Pumped 9:15am-10:15am			
9:30				
10:00	Fit for Life 10:30am-11:30am			
10:30				
11:00				
11:30				
12:00				
12:30				
1:00	Drop-in Pickleball	Basketball		
1:30				
2:00				
2:30				
3:00	CGC Program		Booking	
3:30				
4:00				
4:30				
5:00			Basketball	
5:30				
6:00	Pumped 5:45pm-6:45pm			
6:30				
7:00		Booking		
7:30				
8:00		Basketball		
8:30				
9:00				
9:30				

T				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)			
6:00				
6:30				
7:00				
7:30				
8:00	Badminton	Basketball		
8:30	Badminton			
9:00	Zumba 9:15am-10:15am			
9:30				
10:00	Fit for Life 10:30am-11:30am			
10:30				
11:00				
11:30				
12:00				
12:30				
1:00	Badminton	Basketball		
1:30				
2:00				
2:30				
3:00	CGC Program		Basketball	
3:30				
4:00				
4:30				
5:00			Basketball	
5:30				
6:00	HIIT/Core 5:45pm-6:45pm			
6:30				
7:00		Zumba 6:50pm-7:50pm		
7:30				
8:00		Basketball		
8:30				
9:00				
9:30				

F				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)			
6:00				
6:30				
7:00				
7:30				
8:00	Pickleball	Basketball		
8:30	Pickleball			
9:00	HIIT 9:15am-10:15am			
9:30				
10:00	Fit for Life 10:30am-11:30am			
10:30				
11:00				
11:30				
12:00				
12:30				
1:00	Drop-in Pickleball	Basketball		
1:30				
2:00				
2:30				
3:00	CGC Program		Basketball	
3:30				
4:00				
4:30				
5:00			Basketball	
5:30				
6:00	HIIT/Core 5:45pm-6:45pm			
6:30				
7:00		Zumba 6:50pm-7:50pm		
7:30				
8:00		Basketball		
8:30				
9:00				
9:30				

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	Booking	Basketball
8:30		
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		Basketball
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		
7:00		
7:30	Basketball	Basketball
8:00		
8:30		

S			
Time	Centre Court	Near Court	
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)		
7:30			
8:00	Basketball	Booking	
8:30			
9:00			
9:30			
10:00			
10:30			HIIT 10am-11am
11:00			
11:30			
12:00			
12:30			
1:00		Basketball	
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30			
5:00			
5:30			
6:00			
6:30			
7:00			
7:30			
8:00	Booking	Basketball	
8:30			

Legend
Cleaning / Space Unavailable