

FIELD HOUSE SCHEDULE: Far Court

April 29-May 5, 2024



canadagamescentre.ca

M			T			W			T			F												
Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court											
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	2024 Volleyball Nova Scotia Championships											
6:00	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	6:00	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	6:00	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	6:00	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	6:00			2024 Volleyball Nova Scotia Championships									
6:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	6:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	6:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	6:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	6:30					2024 Volleyball Nova Scotia Championships							
7:00	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	7:00	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	7:00	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	7:00	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	7:00							2024 Volleyball Nova Scotia Championships					
7:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	7:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	7:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	7:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	7:30									2024 Volleyball Nova Scotia Championships			
8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00											2024 Volleyball Nova Scotia Championships	
8:30	Badminton	Pickleball	8:30	Pickleball	Pickleball	8:30	Badminton	Pickleball	8:30	Pickleball	Pickleball	8:30												
9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	2024 Volleyball Nova Scotia Championships											
9:30	Badminton	Pickleball	9:30	Pickleball	Pickleball	9:30	Badminton	Pickleball	9:30	Pickleball	Pickleball	9:30			2024 Volleyball Nova Scotia Championships									
10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00					2024 Volleyball Nova Scotia Championships							
10:30	Badminton	Pickleball	10:30	Pickleball	Pickleball	10:30	Badminton	Pickleball	10:30	Pickleball	Pickleball	10:30							2024 Volleyball Nova Scotia Championships					
11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00									2024 Volleyball Nova Scotia Championships			
11:30	Badminton	Pickleball	11:30	Pickleball	Pickleball	11:30	Badminton	Pickleball	11:30	Pickleball	Pickleball	11:30											2024 Volleyball Nova Scotia Championships	
12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00												
12:30	Badminton	Pickleball	12:30	Pickleball	Pickleball	12:30	Badminton	Pickleball	12:30	Pickleball	Pickleball	12:30	2024 Volleyball Nova Scotia Championships											
1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00			2024 Volleyball Nova Scotia Championships									
1:30	Badminton		1:30	Pickleball		1:30	Badminton		1:30	Pickleball		1:30					Pickleball	1:30						
2:00	Badminton	Drop-in Pickleball	2:00	Pickleball	CGC Program	2:00	Badminton	Drop-in Pickleball	2:00	Pickleball	CGC Program	2:00					2024 Volleyball Nova Scotia Championships							
2:30	Badminton		2:30	Pickleball		2:30	Badminton		2:30	Pickleball		2:30							Pickleball	2:30	2024 Volleyball Nova Scotia Championships			
3:00	Badminton	Pickleball	3:00	Pickleball	Pickleball	3:00	Badminton	Pickleball	3:00	Pickleball	Pickleball	3:00							2024 Volleyball Nova Scotia Championships					
3:30	Badminton	Pickleball	3:30	Pickleball	Pickleball	3:30	Badminton	Pickleball	3:30	Pickleball	Pickleball	3:30											2024 Volleyball Nova Scotia Championships	
4:00	Badminton	Pickleball	4:00	Pickleball	Pickleball	4:00	Badminton		4:00	Pickleball	Pickleball	4:00	2024 Volleyball Nova Scotia Championships											
4:30	Badminton	Pickleball	4:30	Pickleball	Pickleball	4:30	Badminton		4:30	Pickleball	Pickleball	4:30			2024 Volleyball Nova Scotia Championships									
5:00	Badminton	Pickleball	5:00			5:00	Badminton	CGC Program	5:00			5:00												
5:30	Badminton	Pickleball	5:30			5:30	Badminton		5:30			5:30					2024 Volleyball Nova Scotia Championships							
6:00	Badminton	Pickleball	6:00			6:00	Badminton	CGC Program	6:00			6:00									2024 Volleyball Nova Scotia Championships			
6:30	Badminton	Pickleball	6:30			6:30	Badminton		6:30			6:30							2024 Volleyball Nova Scotia Championships					
7:00			7:00			7:00	Badminton		7:00			7:00											2024 Volleyball Nova Scotia Championships	
7:30			7:30			7:30	Badminton		7:30			7:30	2024 Volleyball Nova Scotia Championships											
8:00	Booking		8:00			8:00	Badminton	Badminton	8:00	Booking	Badminton	8:00			2024 Volleyball Nova Scotia Championships									
8:30		8:30				8:30	Badminton		8:30		Badminton	8:30												
9:00		9:00				9:00	Badminton	Badminton	9:00	Badminton	9:00	2024 Volleyball Nova Scotia Championships												
9:30		9:30				9:30	Badminton	Badminton	9:30	Badminton	9:30						2024 Volleyball Nova Scotia Championships							

S			S		
Time	Far Court		Time	Far Court	
7:00	2024 Volleyball Nova Scotia Championships		7:00	2024 Volleyball Nova Scotia Championships	
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Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:
1pm-3pm \$4 Track
1:15pm-2:15pm CGC Pgm - Track SB
2:30pm-3:30pm CGC Pgm - Track SB
6pm-7pm CGC Pgm - TRX Alcove
7pm-8pm Lane 1
8pm-10pm Lanes 4/5/6 + Jump Pit

TRACK BOOKINGS:
4:30pm-5:30pm Lanes 5/6 + Track SB
6pm-7:30pm Lane 6 & Jump Pit
6pm-8pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
1:15pm-2:15pm CGC Pgm - Track SB
4pm-5pm Lane 5/6

TRACK BOOKINGS:
1:30pm-2:30pm CGC Pgm - Track SB
6pm-8pm CGC Pgm - Track SB

TRACK BOOKINGS:
7am - 10pm Lane 1
1pm-3pm \$4 Track
3:45pm-4:45pm Lane 6 + Jump Pit
6pm-7pm Lanes 5/6

TRACK BOOKINGS:
7am - 10pm Lane 1

TRACK BOOKINGS:
7am - 10pm Lane 1
1pm-2pm Lane 6

FIELD HOUSE SCHEDULE: Centre & Near Court

April 29-May 5, 2024



canadagamescentre.ca

M		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am
6:00		
6:30		
7:00		
7:30		
8:00	Pickleball	Basketball
8:30	Pickleball	
9:00	Pickleball	
9:30	Cardio Combat 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Fit for Life 10:30am-11:30am	
11:00	Fit for Life 10:30am-11:30am	
11:30	Fit for Life 10:30am-11:30am	
12:00	Fit for Life 10:30am-11:30am	
12:30	Fit for Life 10:30am-11:30am	
1:00	Drop-in Pickleball	Basketball
1:30	Drop-in Pickleball	
2:00	Drop-in Pickleball	
2:30	Drop-in Pickleball	
3:00	Basketball	
3:30	Basketball	
4:00	Basketball	
4:30	Basketball	
5:00	Basketball	
5:30	Basketball	
6:00	Booking	Pumped 5:45pm-6:45pm
6:30	Booking	Pumped 5:45pm-6:45pm
7:00	Booking	Zumba 6:50pm-7:50pm
7:30	Booking	Zumba 6:50pm-7:50pm
8:00	Booking	Booking
8:30	Booking	Booking
9:00	Booking	Booking
9:30	Booking	Booking

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am
6:00		
6:30		
7:00		
7:30		
8:00	Badminton	Basketball
8:30	Badminton	
9:00	Badminton	
9:30	Zumba 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Fit for Life 10:30am-11:30am	
11:00	Fit for Life 10:30am-11:30am	
11:30	Fit for Life 10:30am-11:30am	
12:00	Fit for Life 10:30am-11:30am	
12:30	Fit for Life 10:30am-11:30am	
1:00	Badminton	Basketball
1:30	Badminton	
2:00	Badminton	
2:30	Badminton	
3:00	CGC Program	
3:30	CGC Program	
4:00	CGC Program	
4:30	CGC Program	
5:00	CGC Program	
5:30	CGC Program	
6:00	HIIT/Core 5:45pm-6:45pm	Pumped 5:45pm-6:45pm
6:30	HIIT/Core 5:45pm-6:45pm	
7:00	Badminton	Zumba 6:50pm-7:50pm
7:30	Badminton	Zumba 6:50pm-7:50pm
8:00	Badminton	Booking
8:30	Badminton	Booking
9:00	Badminton	Booking
9:30	Badminton	Booking

W		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am
6:00		
6:30		
7:00		
7:30		
8:00	Pickleball	Basketball
8:30	Pickleball	
9:00	Pickleball	
9:30	Pumped 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Fit for Life 10:30am-11:30am	
11:00	Fit for Life 10:30am-11:30am	
11:30	Fit for Life 10:30am-11:30am	
12:00	Fit for Life 10:30am-11:30am	
12:30	Fit for Life 10:30am-11:30am	
1:00	Drop-in Pickleball	Basketball
1:30	Drop-in Pickleball	
2:00	Drop-in Pickleball	
2:30	Drop-in Pickleball	
3:00	CGC Program	
3:30	CGC Program	
4:00	CGC Program	
4:30	CGC Program	
5:00	CGC Program	
5:30	CGC Program	
6:00	Basketball	Pumped 5:45pm-6:45pm
6:30	Basketball	Pumped 5:45pm-6:45pm
7:00	Basketball	Booking
7:30	Basketball	Booking
8:00	Basketball	Booking
8:30	Basketball	Booking
9:00	Basketball	Booking
9:30	Basketball	Booking

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am
6:00		
6:30		
7:00		
7:30		
8:00	Badminton	Basketball
8:30	Badminton	
9:00	Badminton	
9:30	Zumba 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Fit for Life 10:30am-11:30am	
11:00	Fit for Life 10:30am-11:30am	
11:30	Fit for Life 10:30am-11:30am	
12:00	Fit for Life 10:30am-11:30am	
12:30	Fit for Life 10:30am-11:30am	
1:00	Badminton	Basketball
1:30	Badminton	
2:00	Badminton	
2:30	Badminton	
3:00	CGC Program	
3:30	CGC Program	
4:00	CGC Program	
4:30	CGC Program	
5:00	CGC Program	
5:30	CGC Program	
6:00	Basketball	HIIT/Core 5:45pm-6:45pm
6:30	Basketball	HIIT/Core 5:45pm-6:45pm
7:00	Basketball	Zumba 6:50pm-7:50pm
7:30	Basketball	Zumba 6:50pm-7:50pm
8:00	Basketball	Booking
8:30	Basketball	Booking
9:00	Basketball	Booking
9:30	Basketball	Booking

F		
Time	Centre Court	Near Court
5:30	2024 Volleyball Nova Scotia Championships	2024 Volleyball Nova Scotia Championships
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Time	Centre Court	Near Court
7:00	2024 Volleyball Nova Scotia Championships	2024 Volleyball Nova Scotia Championships
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S		
Time	Centre Court	Near Court
7:00	2024 Volleyball Nova Scotia Championships	2024 Volleyball Nova Scotia Championships
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Legend
Cleaning / Space Unavailable