FIELD HOUSE SCHEDULE: Far Court

April 22-28, 2024



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Time	Far (Court	Time	Far (Court	Time	Far (Court	Time		Court	Time	Far Court		S		S
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	5:30					
6:00	Badminton (No Field House	Pickleball (No Field House	6:00	Pickleball (No Field House	Pickleball (No Field House	6:00	Badminton (No Field House	Pickleball (No Field House	6:00	Pickleball (No Field House	Pickleball (No Field House	6:00		Time	Far Court	Time	Far Court
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7:00	Badminton (No Field House staff/no equipment	Pickleball (No Field House staff/no equipment	7:00	Pickleball (No Field House staff/no equipment	Pickleball (No Field House staff/no equipment	7:00	Badminton (No Field House staff/no equipment	Pickleball (No Field House staff/no equipment	7:00	Pickleball (No Field House staff/no equipment	Pickleball (No Field House staff/no equipment	7:00		7:00		7:00	
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12:00			12:00			12:00			12:00			12:00		12:00	amk	12:00	Championships
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9:00		9	9:00		Booking	9:00	Badminton	Pickleball	9:00	Booking		9:00					
9:30			9:30			9:30			9:30			9:30					

Legend

Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk).

The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:									
6am-7am	Lanes 3/4/5/6								
1pm-3pm	\$4 Track								
1:15pm-2:15pm	CGC Pgm - Track SB								
2:30pm-3:30pm	CGC Pgm - Track SB - Lane 6								
6pm-7pm	CGC Pgm - TRX Alcove								
7pm-8pm	Lane 1								
8pm-10pm	Lanes 4/5/6 + Jump Pit								

TRACK BOOKINGS.										
10:30am-11:30am	Lanes 5/6									
1:30pm-2:30pm	CGC Pgm - Track SB									
4:30pm-5:30pm	Lanes 5/6 + Track SB									
6pm-7:30pm	Lane 6 & Jump Pit									
6pm-8pm	CGC Pam - Track SB									

	TRACK	BOOKINGS:					
	1pm-3pm	\$4 Track					
	1:15pm-2:15pm	CGC Pgm - Track SB					
	6pm-7pm	Lane 5/6					
	6:30pm-7:30pm	Lanes 3/4					
	7pm-8pm	Lane 1					
	8pm-10pm	Lanes 4/5/6 + Jump Pit					

TRACK E	OOKINGS:
10:30am-11:30am	Lanes 5/6
1:30pm-2:30pm	CGC Pgm - Track SB
6pm-8pm	CGC Pgm - Track SB

	TRACK BOOKINGS:										
	6am-7am Bootcamp-Track										
	9:15am-10:15am	HIIT-Track SB									
i i	10:30am-11:30am	Fit for Life-Track SB									
	1pm-3pm	\$4 Track									
	3:30pm-5pm	Lane 6 + Jump Pit									
	6pm-7pm	Lanes 5/6									

TRACK BOOKINGS:									
9:15am-10:15am	Bootcamp-Track SB								
10am-12pm	Lanes 4/5/6								
10:30am-11:30am	Dance Fusion-Track SB								

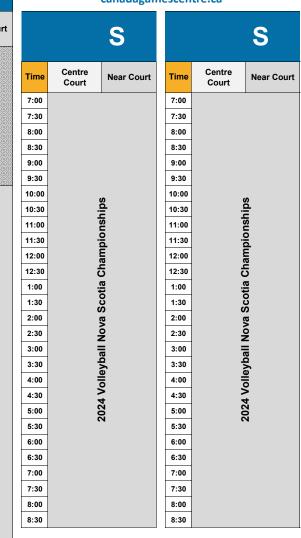
TRACK BOOKINGS:									
10am-11am	HIIT-Track SB								
1pm-2pm	Lane 6								

FIELD HOUSE SCHEDULE: Centre & Near Court

April 22-28, 2024



canadagamescentre.ca



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Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court
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Legend

Cleaning / Space Unavailable