

FIELD HOUSE SCHEDULE: Far Court

April 15-21, 2024



canadagamescentre.ca

M		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Badminton	Pickleball
10:00	Badminton	Pickleball
10:30	Badminton	Pickleball
11:00	Badminton	Pickleball
11:30	Badminton	Pickleball
12:00	Badminton	Pickleball
12:30	Badminton	Pickleball
1:00	Badminton	Drop-in Pickleball
1:30	Badminton	
2:00	Badminton	CGC Program
2:30	Badminton	
3:00	Badminton	Pickleball
3:30	Badminton	Pickleball
4:00	Badminton	Pickleball
4:30	Badminton	Pickleball
5:00	Badminton	Pickleball
5:30	Badminton	Pickleball
6:00	Badminton	Pickleball
6:30	Badminton	Pickleball
7:00	Booking	
7:30		
8:00	Booking	
8:30		
9:00	Booking	
9:30		

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
8:00	Pickleball	Pickleball
8:30	Pickleball	Pickleball
9:00	Pickleball	Pickleball
9:30	Pickleball	Pickleball
10:00	Pickleball	Pickleball
10:30	Pickleball	Pickleball
11:00	Pickleball	Pickleball
11:30	Pickleball	Pickleball
12:00	Pickleball	Pickleball
12:30	Pickleball	Pickleball
1:00	Pickleball	CGC Program
1:30	Pickleball	
2:00	Pickleball	CGC Program
2:30	Pickleball	
3:00	Pickleball	Pickleball
3:30	Pickleball	Pickleball
4:00	Pickleball	Pickleball
4:30	Pickleball	Pickleball
5:00	CGC Program	
5:30		
6:00	CGC Program	
6:30		
7:00	CGC Program	
7:30		
8:00	Booking	
8:30		
9:00	Booking	
9:30		

W		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Badminton	Pickleball
10:00	Badminton	Pickleball
10:30	Badminton	Pickleball
11:00	Badminton	Pickleball
11:30	Badminton	Pickleball
12:00	Badminton	Pickleball
12:30	Badminton	Pickleball
1:00	Badminton	Drop-in Pickleball
1:30	Badminton	
2:00	Badminton	CGC Program
2:30	Badminton	
3:00	Badminton	Pickleball
3:30	Badminton	Pickleball
4:00	Badminton	
4:30	Badminton	
5:00	Badminton	CGC Program
5:30	Badminton	
6:00	Badminton	CGC Program
6:30	Badminton	
7:00	Booking	
7:30		
8:00	Booking	
8:30		
9:00	Booking	
9:30		

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
8:00	Pickleball	Pickleball
8:30	Pickleball	Pickleball
9:00	Pickleball	Pickleball
9:30	Pickleball	Pickleball
10:00	Pickleball	Pickleball
10:30	Pickleball	Pickleball
11:00	Pickleball	Pickleball
11:30	Pickleball	Pickleball
12:00	Pickleball	Pickleball
12:30	Pickleball	Pickleball
1:00	Pickleball	CGC Program
1:30	Pickleball	
2:00	Pickleball	CGC Program
2:30	Pickleball	
3:00	Pickleball	Pickleball
3:30	Pickleball	Pickleball
4:00	Pickleball	Pickleball
4:30	Pickleball	Pickleball
5:00	CGC Program	
5:30		
6:00	CGC Program	
6:30		
7:00	CGC Program	
7:30		
8:00	Booking	Badminton
8:30	Booking	Badminton
9:00	Booking	Badminton
9:30	Booking	Badminton

F		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Badminton	Pickleball
10:00	Badminton	Pickleball
10:30	Badminton	Pickleball
11:00	Badminton	Pickleball
11:30	Badminton	Pickleball
12:00	Badminton	Pickleball
12:30	Badminton	Pickleball
1:00	Badminton	Drop-in Pickleball
1:30	Badminton	
2:00	Badminton	CGC Program
2:30	Badminton	
3:00	Badminton	Pickleball
3:30	Badminton	Pickleball
4:00	Badminton	Pickleball
4:30	Badminton	Pickleball
5:00	Badminton	Pickleball
5:30	Badminton	Pickleball
6:00	Badminton	Pickleball
6:30	Badminton	Pickleball
7:00	Badminton	
7:30	Badminton	
8:00	Badminton	Booking
8:30	Badminton	
9:00	Badminton	Booking
9:30	Badminton	

S		
Time	Far Court	
7:00	Pickleball (No Field House staff/no equipment available)	Badminton (No Field House staff/no equipment available)
7:30	Pickleball (No Field House staff/no equipment available)	Badminton (No Field House staff/no equipment available)
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30	Pickleball	Badminton
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00	Pickleball	Badminton
3:30	Pickleball	Badminton
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00	Pickleball	Badminton
5:30	Pickleball	Badminton
6:00	Pickleball	Badminton
6:30	Pickleball	Badminton
7:00	Pickleball	Badminton
7:30	Pickleball	Badminton
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton

S		
Time	Far Court	
7:00	Pickleball (No Field House staff/no equipment available)	Badminton (No Field House staff/no equipment available)
7:30	Pickleball (No Field House staff/no equipment available)	Badminton (No Field House staff/no equipment available)
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30	Pickleball	Badminton
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00	Pickleball	Badminton
3:30	Pickleball	Badminton
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00	Pickleball	Badminton
5:30	Pickleball	Badminton
6:00	Badminton	Badminton
6:30	Badminton	Badminton
7:00	Badminton	Badminton
7:30	Badminton	Badminton
8:00	Badminton	Badminton
8:30	Badminton	Badminton

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:
6am-7am Lanes 3/4/5/6
1pm-3pm \$4 Track
1:15pm-2:15pm CGC Pgm - Track SB
2:30pm-3:30pm CGC Pgm - Track SB + Lane 6
6pm-7pm CGC Pgm - TRX Alcove
7pm-8pm Lane 1
8pm-10pm Lanes 4/5/6 + Jump Pit

TRACK BOOKINGS:
10:30am-11:30am Lanes 5/6
1:30pm-2:30pm CGC Pgm - Track SB
4:30pm-5:30pm Lanes 5/6 + Track SB
6pm-7:30pm Lane 6 + Jump Pit
6pm-8pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
1:15pm-2:15pm CGC Pgm - Track SB
6pm-7pm Lane 5/6
6:30pm-7:30pm Lanes 3/4
7pm-8pm Lane 1
8pm-10pm Lanes 4/5/6 + Jump Pit

TRACK BOOKINGS:
10:30am-11:30am Lanes 5/6
1:30pm-2:30pm CGC Pgm - Track SB
6pm-8pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
3:30pm-5pm Lane 6 + Jump Pit
6pm-7pm Lanes 5/6

TRACK BOOKINGS:
10am - 12pm Lanes 4/5/6

TRACK BOOKINGS:
1pm-2pm Lane 6

FIELD HOUSE SCHEDULE: Centre & Near Court

April 15-21, 2024



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M		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am
6:00		
6:30		
7:00		
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Pickleball	Basketball
8:30	Pickleball	
9:00	Pickleball	
9:30	Cardio Combat 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Fit for Life 10:30am-11:30am	
11:00	Fit for Life 10:30am-11:30am	
11:30	Fit for Life 10:30am-11:30am	
12:00	Fit for Life 10:30am-11:30am	
12:30	Fit for Life 10:30am-11:30am	
1:00	Drop-in Pickleball	Basketball
1:30	Drop-in Pickleball	
2:00	Drop-in Pickleball	
2:30	Drop-in Pickleball	
3:00	Basketball	
3:30	Basketball	
4:00	Basketball	
4:30	Basketball	
5:00	Basketball	
5:30	Basketball	
6:00	Booking	Pumped 5:45pm-6:45pm
6:30	Booking	Pumped 5:45pm-6:45pm
7:00	Booking	Zumba 7pm-8pm
7:30	Booking	Zumba 7pm-8pm
8:00	Booking	Booking
8:30	Booking	Booking
9:00	Booking	Booking
9:30	Booking	Booking

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am
6:00		
6:30		
7:00		
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Badminton	Basketball
8:30	Badminton	
9:00	Badminton	
9:30	Zumba 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Fit for Life 10:30am-11:30am	
11:00	Fit for Life 10:30am-11:30am	
11:30	Fit for Life 10:30am-11:30am	
12:00	Fit for Life 10:30am-11:30am	
12:30	Fit for Life 10:30am-11:30am	
1:00	Badminton	Basketball
1:30	Badminton	
2:00	Badminton	
2:30	Badminton	
3:00	CGC Program	
3:30	CGC Program	
4:00	Badminton	
4:30	Badminton	
5:00	Badminton	
5:30	Badminton	
6:00	Badminton	HIIT/Core 5:45pm-6:45pm
6:30	Badminton	HIIT/Core 5:45pm-6:45pm
7:00	Badminton	Zumba 6:50pm-7:50pm
7:30	Badminton	Zumba 6:50pm-7:50pm
8:00	Badminton	Booking
8:30	Badminton	Booking
9:00	Badminton	Booking
9:30	Badminton	Booking

W		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am
6:00		
6:30		
7:00		
7:30	Booking	
8:00	Pickleball	Basketball
8:30	Pickleball	
9:00	Pickleball	
9:30	Pumped 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Fit for Life 10:30am-11:30am	
11:00	Fit for Life 10:30am-11:30am	
11:30	Fit for Life 10:30am-11:30am	
12:00	Fit for Life 10:30am-11:30am	
12:30	Fit for Life 10:30am-11:30am	
1:00	Drop-in Pickleball	Basketball
1:30	Drop-in Pickleball	
2:00	Drop-in Pickleball	
2:30	Drop-in Pickleball	
3:00	CGC Program	
3:30	CGC Program	
4:00	CGC Program	
4:30	CGC Program	
5:00	CGC Program	
5:30	CGC Program	
6:00	Basketball	Pumped 5:45pm-6:45pm
6:30	Basketball	Pumped 5:45pm-6:45pm
7:00	Basketball	Booking
7:30	Basketball	Booking
8:00	Basketball	Booking
8:30	Basketball	Booking
9:00	Basketball	Booking
9:30	Basketball	Booking

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am
6:00		
6:30		
7:00		
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Badminton	Basketball
8:30	Badminton	
9:00	Badminton	
9:30	Zumba 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Fit for Life 10:30am-11:30am	
11:00	Fit for Life 10:30am-11:30am	
11:30	Fit for Life 10:30am-11:30am	
12:00	Fit for Life 10:30am-11:30am	
12:30	Fit for Life 10:30am-11:30am	
1:00	Badminton	Basketball
1:30	Badminton	
2:00	Badminton	
2:30	Badminton	
3:00	CGC Program	
3:30	CGC Program	
4:00	Badminton	
4:30	Badminton	
5:00	Badminton	
5:30	Badminton	
6:00	Badminton	HIIT/Core 5:45pm-6:45pm
6:30	Badminton	HIIT/Core 5:45pm-6:45pm
7:00	Badminton	Zumba 6:50pm-7:50pm
7:30	Badminton	Zumba 6:50pm-7:50pm
8:00	Badminton	Booking
8:30	Badminton	Booking
9:00	Badminton	Booking
9:30	Badminton	Booking

F		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am
6:00		
6:30		
7:00		
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Pickleball	Basketball
8:30	Pickleball	
9:00	Pickleball	
9:30	HIIT 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Fit for Life 10:30am-11:30am	
11:00	Fit for Life 10:30am-11:30am	
11:30	Fit for Life 10:30am-11:30am	
12:00	Fit for Life 10:30am-11:30am	
12:30	Fit for Life 10:30am-11:30am	
1:00	Drop-in Pickleball	Basketball
1:30	Drop-in Pickleball	
2:00	Drop-in Pickleball	
2:30	Drop-in Pickleball	
3:00	CGC Program	
3:30	CGC Program	
4:00	CGC Program	
4:30	CGC Program	
5:00	CGC Program	
5:30	CGC Program	
6:00	Booking	HIIT/Core 5:45pm-6:45pm
6:30	Booking	HIIT/Core 5:45pm-6:45pm
7:00	Booking	Booking
7:30	Booking	Booking
8:00	Booking	Booking
8:30	Booking	Booking
9:00	Booking	Booking
9:30	Booking	Booking

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
9:00	Bootcamp 9:15am-10:15am	Basketball
9:30	Bootcamp 9:15am-10:15am	
10:00	Fit for Life 10:30am-11:30am	
10:30	Dance Fusion 10:30am-11:30am	
11:00	Dance Fusion 10:30am-11:30am	
11:30	Dance Fusion 10:30am-11:30am	
12:00	Dance Fusion 10:30am-11:30am	
12:30	Dance Fusion 10:30am-11:30am	
1:00	Dance Fusion 10:30am-11:30am	
1:30	Dance Fusion 10:30am-11:30am	
2:00	Dance Fusion 10:30am-11:30am	
2:30	Dance Fusion 10:30am-11:30am	
3:00	Dance Fusion 10:30am-11:30am	
3:30	Dance Fusion 10:30am-11:30am	
4:00	Dance Fusion 10:30am-11:30am	
4:30	Dance Fusion 10:30am-11:30am	
5:00	Dance Fusion 10:30am-11:30am	
5:30	Dance Fusion 10:30am-11:30am	
6:00	Dance Fusion 10:30am-11:30am	
6:30	Dance Fusion 10:30am-11:30am	
7:00	Dance Fusion 10:30am-11:30am	
7:30	Dance Fusion 10:30am-11:30am	
8:00	Dance Fusion 10:30am-11:30am	
8:30	Dance Fusion 10:30am-11:30am	

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
9:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
9:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
10:00	HIIT 10am-11am	Basketball
10:30	HIIT 10am-11am	
11:00	HIIT 10am-11am	
11:30	HIIT 10am-11am	
12:00	HIIT 10am-11am	
12:30	HIIT 10am-11am	
1:00	HIIT 10am-11am	
1:30	HIIT 10am-11am	
2:00	HIIT 10am-11am	
2:30	HIIT 10am-11am	
3:00	HIIT 10am-11am	
3:30	HIIT 10am-11am	
4:00	HIIT 10am-11am	
4:30	HIIT 10am-11am	
5:00	HIIT 10am-11am	
5:30	HIIT 10am-11am	
6:00	HIIT 10am-11am	
6:30	HIIT 10am-11am	
7:00	HIIT 10am-11am	
7:30	HIIT 10am-11am	
8:00	HIIT 10am-11am	
8:30	HIIT 10am-11am	

Legend
Cleaning / Space Unavailable