

FIELD HOUSE SCHEDULE: Far Court

March 18th-24th, 2024



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M		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Badminton	Pickleball
8:30		
9:00	Badminton	Pickleball
9:30		
10:00	Badminton	Pickleball
10:30		
11:00	Badminton	Pickleball
11:30		
12:00	Badminton	Pickleball
12:30		
1:00	Badminton	Drop-in Pickleball
1:30		
2:00	Badminton	
2:30		
3:00	Badminton	Pickleball
3:30		
4:00	Badminton	Pickleball
4:30		
5:00	Badminton	Pickleball
5:30		
6:00	Badminton	Pickleball
6:30		
7:00	Booking	
7:30		
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8:30		
9:00		
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T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Pickleball	Pickleball
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9:00	Pickleball	Pickleball
9:30		
10:00	Pickleball	Pickleball
10:30		
11:00	Pickleball	Pickleball
11:30		
12:00	Pickleball	Pickleball
12:30		
1:00	Pickleball	CGC Program
1:30		
2:00	Pickleball	
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3:00	Pickleball	Pickleball
3:30		
4:00	Pickleball	Pickleball
4:30		
5:00	CGC Program	
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6:00		
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7:00	CGC Program	
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8:00		
8:30		
9:00	Booking	
9:30		

W		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Badminton	Pickleball
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9:00	Badminton	Pickleball
9:30		
10:00	Badminton	Pickleball
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11:00	Badminton	Pickleball
11:30		
12:00	Badminton	Pickleball
12:30		
1:00	Badminton	Drop-in Pickleball
1:30		
2:00	Badminton	
2:30		
3:00	Badminton	Pickleball
3:30		
4:00	Badminton	
4:30		
5:00	Badminton	CGC Program
5:30		
6:00	Badminton	
6:30		
7:00	CGC Program	
7:30		
8:00		
8:30		
9:00	Booking	
9:30		

T		
Time	Far Court	
5:30	Pickleball (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Pickleball (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Pickleball	Pickleball
8:30		
9:00	Pickleball	Booking
9:30		
10:00	Pickleball	
10:30		
11:00	Pickleball	CGC Program
11:30		
12:00	Pickleball	
12:30		
1:00	Pickleball	CGC Program
1:30		
2:00	Pickleball	
2:30		
3:00	Pickleball	Pickleball
3:30		
4:00	Pickleball	Pickleball
4:30		
5:00	CGC Program	
5:30		
6:00		
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7:00	CGC Program	
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9:00	Booking	Pickleball
9:30		Pickleball

F		
Time	Far Court	
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
6:30		
7:00	Badminton (No Field House staff/no equipment available)	Pickleball (No Field House staff/no equipment available)
7:30		
8:00	Badminton	Pickleball
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9:00	Badminton	Pickleball
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10:00	Badminton	Pickleball
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11:00	Badminton	Pickleball
11:30		
12:00	Badminton	Pickleball
12:30		
1:00	Badminton	Drop-in Pickleball
1:30		
2:00	Badminton	
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3:00	Badminton	Pickleball
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4:00	Badminton	Pickleball
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5:00	Badminton	Pickleball
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6:00	Badminton	Pickleball
6:30		
7:00	Badminton	
7:30		
8:00	Badminton	Booking
8:30		
9:00	Badminton	
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S	
Time	Far Court
7:00	Halifax Open Volleyball Tournament
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S	
Time	Far Court
7:00	Halifax Open Volleyball Tournament
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Legend	
Cleaning / Space Unavailable	

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:	
6am-7am	Lanes 3/4/5/6
1pm-3pm	\$4 Track
1:15pm-2:15pm	CGC Pgm - Track SB
2:30pm-3:30pm	CGC Pgm - Track SB + Lane 6
6pm-7pm	CGC Pgm - TRX Alcove
7pm-8pm	Lane 1
8pm-10pm	Lanes 4/5/6 + Jump Pit

TRACK BOOKINGS:	
6:30am-7:30am	Lanes 5/6
10:30am-11:30am	Lanes 5/6
1:30pm-2:30pm	CGC Pgm - Track SB
4:30pm-5:30pm	Lanes 5/6 + Track SB
6pm-7:30pm	Lane 6 + Jump Pit
6pm-8pm	CGC Pgm - Track SB

TRACK BOOKINGS:	
1pm-3pm	\$4 Track
1:15pm-2:15pm	CGC Pgm - Track SB
6pm-7pm	Lane 1/2
6:30pm-7:30pm	Lanes 4/5
7pm-8pm	Lane 1
8pm-10pm	Lanes 4/5/6 + Jump Pit

TRACK BOOKINGS:	
10:30am-11:30am	Lanes 5/6
1:30pm-2:30pm	CGC Pgm - Track SB
6pm-8pm	CGC Pgm - Track SB

TRACK BOOKINGS:	
6am-7am	Lanes 3/4/5/6
1pm-3pm	\$4 Track
6pm-7pm	Lanes 5/6
7pm-8:30pm	Lane 6 + Jump Pit

TRACK BOOKINGS:	
9:15am-10:15am	Bootcamp - Track SB
10am-12pm	Lanes 4/5/6
10:30am-11:30am	Dance Fusion - Track SB

TRACK BOOKINGS:	
10am-11am	HIIT - Track SB
1pm-2pm	Lane 6

FIELD HOUSE SCHEDULE: Centre & Near Court

March 18th-24th, 2024



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M			T			W			T			F			S			S		
Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court	Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am	5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am	5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am	7:00	Halifax Open Volleyball Tournament		7:00	Halifax Open Volleyball Tournament	
6:00			6:00			6:00			6:00			6:00			7:30			7:30		
6:30			6:30			6:30			6:30			6:30			8:00			8:00		
7:00			7:00			7:00			7:00			7:00			8:30			8:30		
7:30	Basketball		7:30	Basketball		7:30	Basketball		7:30	Basketball		7:30	Basketball		9:00			9:00		
8:00			8:00			8:00			8:00			8:00			9:30			9:30		
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9:00			9:00			9:00			9:00			9:00			10:30			10:30		
9:30	Fit for Life 10:30am-11:30am		9:30	Fit for Life 10:30am-11:30am		9:30	Fit for Life 10:30am-11:30am		9:30	Fit for Life 10:30am-11:30am		9:30	Fit for Life 10:30am-11:30am		11:00			11:00		
10:00			10:00			10:00			10:00			10:00			11:30			11:30		
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11:00			11:00			11:00			11:00			11:00			12:30			12:30		
11:30	Drop-in Pickleball		11:30	Drop-in Pickleball		11:30	Drop-in Pickleball		11:30	Drop-in Pickleball		11:30	Drop-in Pickleball		1:00			1:00		
12:00			12:00			12:00			12:00			12:00			1:30			1:30		
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1:00			1:00			1:00			1:00			1:00			2:30			2:30		
1:30	Basketball		1:30	Basketball		1:30	Basketball		1:30	Basketball		1:30	Basketball		3:00			3:00		
2:00			2:00			2:00			2:00			2:00			3:30			3:30		
2:30			2:30			2:30			2:30			2:30			4:00			4:00		
3:00			3:00			3:00			3:00			3:00			4:30			4:30		
3:30	Booking	Pumped 5:45pm-6:45pm	3:30	HIIT/Core 5:45pm-6:45pm		3:30	Pumped 5:45pm-6:45pm		3:30	Basketball		3:30	Booking	Basketball	5:00			5:00		
4:00			4:00			4:00			4:00			4:00			5:30			5:30		
4:30			4:30			4:30			4:30			4:30			6:00			6:00		
5:00			5:00			5:00			5:00			5:00			6:30			6:30		
5:30	Zumba 6:50pm-7:50pm		5:30	Zumba 6:50pm-7:50pm		5:30	Zumba 6:50pm-7:50pm		5:30	Zumba 6:50pm-7:50pm		5:30	Zumba 6:50pm-7:50pm		7:00			7:00		
6:00			6:00			6:00			6:00			6:00			7:30			7:30		
6:30			6:30			6:30			6:30			6:30			8:00			8:00		
7:00			7:00			7:00			7:00			7:00			8:30			8:30		
7:30	Booking	Basketball	7:30	Booking		7:30	Booking		7:30	Booking		7:30	Booking	Basketball	8:00	Booking		8:00	Booking	
8:00			8:00			8:00			8:00			8:00			8:30			8:30		
8:30			8:30			8:30			8:30			8:30			9:00			9:00		
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9:30			9:30			9:30			9:30			9:30								

Legend	
Cleaning / Space Unavailable	