

FIELD HOUSE SCHEDULE: Far Court

November 27th-December 3rd 2023



canadagamescentre.ca

M			T			W			T			F			S			S		
Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court		Time	Far Court	
5:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	5:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	5:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	5:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	5:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	5:30	Pickleball (No Field House staff/equipment available)	Badminton (No Field House staff/equipment available)	7:00	Pickleball (No Field House staff/equipment available)	Badminton (No Field House staff/equipment available)
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:30		
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	8:00		
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	8:30		
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:30	Pickleball (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	9:00		
8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00	Pickleball	Pickleball	8:00	Badminton	Pickleball	8:00	Badminton	Pickleball	9:30		
8:30	Badminton	Pickleball	8:30	Pickleball	Pickleball	8:30	Badminton	Pickleball	8:30	Pickleball	Pickleball	8:30	Badminton	Pickleball	8:30	Badminton	Pickleball	10:00		
9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00	Pickleball	Pickleball	9:00	Badminton	Pickleball	9:00	Badminton	Pickleball	10:30		
9:30	Badminton	Pickleball	9:30	Pickleball	Pickleball	9:30	Badminton	Pickleball	9:30	Pickleball	Pickleball	9:30	Badminton	Pickleball	9:30	Badminton	Pickleball	11:00		
10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:00	Pickleball	Pickleball	10:00	Badminton	Pickleball	10:00	Badminton	Pickleball	11:30		
10:30	Badminton	Pickleball	10:30	Pickleball	Pickleball	10:30	Badminton	Pickleball	10:30	Pickleball	Pickleball	10:30	Badminton	Pickleball	10:30	Badminton	Pickleball	12:00		
11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:00	Pickleball	Pickleball	11:00	Badminton	Pickleball	11:00	Badminton	Pickleball	12:30		
11:30	Badminton	Pickleball	11:30	Pickleball	Pickleball	11:30	Badminton	Pickleball	11:30	Pickleball	Pickleball	11:30	Badminton	Pickleball	11:30	Badminton	Pickleball	1:00		
12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:00	Pickleball	Pickleball	12:00	Badminton	Pickleball	12:00	Badminton	Pickleball	1:30		
12:30	Badminton	Pickleball	12:30	Pickleball	Pickleball	12:30	Badminton	Pickleball	12:30	Pickleball	Pickleball	12:30	Badminton	Pickleball	12:30	Badminton	Pickleball	2:00		
1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	CGC Program	1:00	Badminton	Drop-in Pickleball	1:00	Pickleball	Badminton	2:30		
1:30	Badminton		1:30	Pickleball		1:30	Badminton		1:30	Pickleball		1:30	Badminton		2:00	Badminton	Pickleball	2:00	Badminton	Pickleball
2:00	Badminton	Drop-in Pickleball	2:00	Pickleball	CGC Program	2:00	Badminton	Drop-in Pickleball	2:00	Pickleball	CGC Program	2:00	Badminton	Drop-in Pickleball	2:00	Pickleball	Badminton	3:30		
2:30	Badminton		2:30	Pickleball		2:30	Badminton		2:30	Pickleball		2:30	Badminton		3:00	Badminton	Pickleball	3:00	Badminton	Pickleball
3:00	Badminton	Pickleball	3:00	Pickleball	Badminton	3:00	Badminton	Pickleball	3:00	Pickleball	Badminton	3:00	Badminton	Pickleball	3:00	Pickleball	Badminton	4:30		
3:30	Badminton	Pickleball	3:30	Pickleball	Badminton	3:30	Badminton	Pickleball	3:30	Pickleball	Badminton	3:30	Badminton	Pickleball	3:30	Pickleball	Badminton	5:00		
4:00	Badminton	Pickleball	4:00	Pickleball	Badminton	4:00	Badminton	Pickleball	4:00	Pickleball	Badminton	4:00	Badminton	Pickleball	4:00	Pickleball	Badminton	5:30		
4:30	Badminton	Pickleball	4:30	Pickleball	Badminton	4:30	Badminton	Pickleball	4:30	Pickleball	Badminton	4:30	Badminton	Pickleball	4:30	Pickleball	Badminton	6:00		
5:00	Badminton	Pickleball	5:00			5:00	Badminton	Pickleball	5:00			5:00	Badminton	Pickleball	5:00	Pickleball	Badminton	6:30		
5:30	Badminton	Pickleball	5:30			5:30	Badminton	Pickleball	5:30			5:30	Badminton	Pickleball	5:30	Pickleball	Badminton	7:00		
6:00	Badminton	Pickleball	6:00			6:00	Badminton	Pickleball	6:00			6:00	Badminton	Pickleball	6:00	Pickleball	Badminton	7:30		
6:30	Badminton	Pickleball	6:30			6:30	Badminton	Pickleball	6:30			6:30	Badminton	Pickleball	6:30	Pickleball	Badminton	8:00		
7:00	Badminton	Pickleball	7:00			7:00	Badminton	Pickleball	7:00			7:00	Badminton	Pickleball	7:00	Pickleball	Badminton	8:30		
7:30	Badminton	Pickleball	7:30			7:30	Badminton	Pickleball	7:30			7:30	Badminton	Pickleball	7:30	Pickleball	Badminton	9:00		
8:00		Booking	8:00		Booking	8:00		Booking	8:00		Booking	8:00		Booking	8:00	Pickleball	Badminton	9:30		
8:30			8:30			8:30			8:30			8:30			8:30		8:30		8:30	Pickleball
9:00		Booking	9:00		Booking	9:00		Booking	9:00		Booking	9:00		Booking	9:00	Pickleball	Badminton			
9:30			9:30			9:30			9:30			9:30			9:30		9:30		9:30	Pickleball

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:	
6am-7am	Lanes 3/4/5/6
6:45am-7:45am	Lanes 1/2
10:30am-11:30am	Lane 6
1pm-3pm	\$4 Track
1:15pm-3:30pm	CGC Pgm - Track SB
6pm-7pm	CGC Pgm - TRX Alcove
7pm-8pm	Lane 1
8pm-10pm	Lanes 4/5/6 + Jump Pit

TRACK BOOKINGS:	
7am-8am	Lanes 1/2/3
10:30am-11:30am	Lane 5/6
1:30pm-2:30pm	CGC Pgm - Track SB
4:30pm-5:30pm	Lanes 5/6 + SB
6pm-8pm	CGC Pgm - Track SB
8pm-10pm	Competitive Track Clubs - Full Track

TRACK BOOKINGS:	
1pm-3pm	\$4 Track
1:15pm-3:30pm	CGC Pgm - Track SB
7pm-8pm	Lane 1
8pm-10pm	Lanes 4/5/6 + Jump Pit

TRACK BOOKINGS:	
10:30am-11:30am	Lanes 5/6
1:30pm-2:30pm	CGC Pgm - Track SB
6pm-8pm	CGC Pgm - Track SB
8pm-10pm	Competitive Track Clubs - Full Track

TRACK BOOKINGS:	
6am-7am	Lanes 3/4/5/6
1pm-3pm	\$4 Track
6pm-7pm	Lanes 5/6
7pm-8:30pm	Lane 6 + Jump Pit

TRACK BOOKINGS:	
8am-8pm	Athletics Nova Scotia Last Chance Meet - Full Track

TRACK BOOKINGS:	
1pm-2pm	Lane 6
7pm-9pm	Competitive Track Clubs - Full Track

FIELD HOUSE SCHEDULE: Centre & Near Court

November 27th-December 3rd 2023



canadagamescentre.ca

M		
Time	Centre Court	Near Court
5:30		
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Basketball	
8:30		Cardio Combat 9:15am-10:15am
9:00		Fit for Life 10:30am-11:30am
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00	Drop-in Pickleball	
1:30		
2:00	CGC Program	
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00	Booking	Pumped 5:45pm-6:45pm
6:30		
7:00	Basketball	Zumba 7pm-8pm
7:30		
8:00	Booking	Basketball
8:30		
9:00		
9:30		

T		
Time	Centre Court	Near Court
5:30		
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Badminton	
8:30	Badminton	Dance Fusion 9:15am-10:15am
9:00	Badminton	Fit for Life 10:30am-11:30am
9:30	Badminton	
10:00	Badminton	
10:30	Badminton	
11:00	Badminton	
11:30	Badminton	
12:00	Badminton	
12:30	Badminton	
1:00	Badminton	
1:30	Badminton	
2:00	Badminton	
2:30	Badminton	
3:00	CGC Program	
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		HIIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 7pm-8pm
7:30		
8:00		
8:30		
9:00		
9:30		

W		
Time	Centre Court	Near Court
5:30		
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Basketball	
8:30		Pumped 9:15am-10:15am
9:00		Fit for Life 10:30am-11:30am
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00	Drop-in Pickleball	
1:30		
2:00		
2:30		
3:00	CGC Program	
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4:00		
4:30		
5:00		
5:30		
6:00		Pumped 5:45pm-6:45pm
6:30		
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9:30		

T		
Time	Centre Court	Near Court
5:30		
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Badminton	
8:30	Badminton	HIIT 9:15am-10:15am
9:00	Badminton	Fit for Life 10:30am-11:30am
9:30	Badminton	
10:00	Badminton	
10:30	Badminton	
11:00	Badminton	
11:30	Badminton	
12:00	Badminton	
12:30	Badminton	
1:00	Badminton	
1:30	Badminton	
2:00	Badminton	
2:30	Badminton	
3:00	CGC Program	
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		HIIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 7pm-8pm
7:30		
8:00	Booking	Basketball
8:30		
9:00		
9:30		

F		
Time	Centre Court	Near Court
5:30		
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Basketball	
8:30		Pumped 9:15am-10:15am
9:00		Fit for Life 10:30am-11:30am
9:30		
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12:00		
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1:00	Drop-in Pickleball	
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3:00	CGC Program	
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9:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Basketball	
8:30		Booking
9:00	Boot Camp 9:15am-10:15am	
9:30		
10:00		
10:30	Zumba 10:30am-11:15am	
11:00		
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S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Basketball	
8:30		Booking
9:00		
9:30		
10:00	HIIT/Core 10am-11am	
10:30		
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8:00		
8:30		

Legend
Cleaning / Space Unavailable