

FIELD HOUSE SCHEDULE: Badminton/Pickleball (Page 1)

October 4th-10th, 2021



M		
Time	Far Court	
6:00	Booking	
6:30		
7:00		
7:30		
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Pickleball	
10:00		
10:30		
11:00		
11:30	CGC Program	
12:00		
12:30		
1:00		
1:30	Badminton	Pickleball
2:00	Badminton	Pickleball
2:30	Pickleball	
3:00		
3:30		
4:00		
4:30	Badminton	Pickleball
5:00	Badminton	Pickleball
5:30	CGC Program	
6:00		
6:30		
7:00		
7:30	Booking	
8:00		
8:30		

T		
Time	Far Court	
6:00	7am-8am Pickleball (No Equipment Available)	
6:30		
7:00		
7:30		
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	
10:00		
10:30		
11:00		
11:30	Pickleball	
12:00		
12:30		
1:00		
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	
3:00		
3:30		
4:00		
4:30	Pickleball	Badminton
5:00	CGC Program	
5:30		
6:00		
6:30		
7:00	CGC Program	
7:30		
8:00		
8:30		

W		
Time	Far Court	
6:00	Booking	
6:30		
7:00		
7:30		
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Pickleball	
10:00		
10:30		
11:00		
11:30	CGC Program	
12:00		
12:30		
1:00		
1:30	Badminton	Pickleball
2:00	Badminton	Pickleball
2:30	Pickleball	
3:00		
3:30		
4:00		
4:30	Badminton	Pickleball
5:00	Badminton	Pickleball
5:30	CGC Program	
6:00		
6:30		
7:00		
7:30	Booking	
8:00		
8:30		

T		
Time	Far Court	
6:00	7am-8am Pickleball (No Equipment Available)	
6:30		
7:00		
7:30		
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	
10:00		
10:30		
11:00		
11:30	Pickleball	
12:00		
12:30		
1:00		
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	
3:00		
3:30		
4:00		
4:30	Pickleball	Badminton
5:00	CGC Program	
5:30		
6:00		
6:30		
7:00	CGC Program	
7:30		
8:00		
8:30		

F		
Time	Far Court	
6:00	7am-8am Badminton (No Equipment Available)	
6:30		
7:00		
7:30		
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Pickleball	
10:00		
10:30		
11:00		
11:30	Pickleball	
12:00		
12:30		
1:00		
1:30	Badminton	Pickleball
2:00	Badminton	Pickleball
2:30	Pickleball	
3:00		
3:30		
4:00		
4:30	Badminton	Pickleball
5:00	Badminton	Pickleball
5:30	Pickleball	
6:00		
6:30		
7:00		
7:30	Badminton	Pickleball
8:00	Badminton	Pickleball
8:30	Pickleball	
9:00		
9:30		
10:00		

S		
Time	Far Court	
7:00	7am-8am Pickleball (No Equipment Available)	7am-8am Badminton (No Equipment Available)
7:30	Pickleball	Badminton
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	
10:00		
10:30		
11:00		
11:30	Pickleball	
12:00		
12:30		
1:00		
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	
3:00		
3:30		
4:00		
4:30	Pickleball	Badminton
5:00	Booking	
5:30		
6:00		
6:30		

S		
Time	Far Court	
7:00	7am-8am Badminton (No Equipment Available)	7am-8am Pickleball (No Equipment Available)
7:30	Badminton	Pickleball
8:00	Badminton	Pickleball
8:30	Badminton	Pickleball
9:00	Badminton	Pickleball
9:30	Badminton	
10:00		
10:30		
11:00		
11:30	Volleyball Nova Scotia	
12:00		
12:30		
1:00		
1:30	Volleyball Nova Scotia	
2:00		
2:30		
3:00		
3:30	Volleyball Nova Scotia	
4:00		
4:30		
5:00		
5:30	Volleyball Nova Scotia	
6:00		
6:30		

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking. CGC Members can book Pickleball/Badminton courts up to 3 days in advance (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book day-of at the Customer Service Desk. Please note a software transition period will be needed to move from 7 days in advance to 3 days advanced booking.

The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:

TRACK BOOKINGS:

7pm-9pm	Booking - Lane 4/5/6
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TRACK BOOKINGS:

6pm-7pm	Booking - Lane 5/6
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TRACK BOOKINGS:

1pm-2pm	Booking - Lane 4/5/6 + Jump Pit
5pm-7pm	Booking - Lane 4/5/6

FIELD HOUSE SCHEDULE: Basketball (Page 2)

October 4th-10th, 2021



M		
Time	Centre Court	Near Court
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00		
7:30		
8:00		
8:30	Basketball	Cardio Combat 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30	CGC Program	
3:00		
3:30	CGC Program	
4:00		
4:30		
5:00		
5:30		
6:00	Booking	Pumped 5:45pm-6:45pm
6:30		
7:00	Booking	Zumba 7pm-7:45pm
7:30		
8:00		
8:30		Basketball

T		
Time	Centre Court	Near Court
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00		
7:30		
8:00		
8:30	Basketball	Dance Fusion 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30	CGC Program	
3:00		
3:30	CGC Program	
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	HIIT/Core 5:45pm-6:45pm
6:30		
7:00		
7:30		
8:00		
8:30		Booking

W		
Time	Centre Court	Near Court
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00		
7:30		
8:00		
8:30	Basketball	Pumped 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		Combat 45 12:15pm-1pm
1:00		
1:30		
2:00		
2:30	CGC Program	
3:00		
3:30	CGC Program	
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	Pumped 5:45pm-6:45pm
6:30		
7:00		Dance Fusion 7pm-7:45pm
7:30		
8:00		
8:30		

T		
Time	Centre Court	Near Court
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00		
7:30		
8:00		
8:30	Basketball	Dance Fusion 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30	CGC Program	
3:00		
3:30	CGC Program	
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	HIIT/Core 5:45pm-6:45pm
6:30		
7:00		
7:30		
8:00		
8:30		

F		
Time	Centre Court	Near Court
6:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:30		
7:00		
7:30		
8:00		
8:30	Basketball	HIIT 9:15am-10:15am
9:00		
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30	CGC Program	
3:00		
3:30	CGC Program	
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		
7:00		
7:30		
8:00		
8:30		Booking

S			
Time	Centre Court	Near Court	
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)		
7:30			
8:00	Basketball		
8:30			
9:00			Weekend Reboot 9:15am-10:15am
9:30			
10:00			
10:30			Zumba 10:45am-11:45am
11:00			
11:30			
12:00			
12:30			
1:00	Booking		
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30			
5:00			
5:30			
6:00			
6:30			

S			
Time	Centre Court	Near Court	
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)		
7:30			
8:00	Basketball		
8:30			
9:00			
9:30			
10:00			
10:30			10am-11am Cardio Combat
11:00			
11:30			
12:00			
12:30			
1:00			
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30			
5:00			
5:30			
6:00			
6:30			

Legend
Cleaning / Space Unavailable