

FIELD HOUSE SCHEDULE: Badminton/Pickleball (Page 1)

April 26th-May 2nd, 2021



| M | | |
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| Time | Far Court | |
| 6:00 | | |
| 6:30 | | |
| 7:00 | 7:15am-8:15am Badminton (No Equipment Available) | 7:15am-8:15am Pickleball (No Equipment Available) |
| 7:30 | | |
| 8:00 | | |
| 8:30 | 8:30am-9:30am Badminton | 8:30am-9:30am Pickleball |
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| 9:30 | 9:45am-10:45am Pickleball | |
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| 11:00 | 11am-12pm Pickleball | |
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| 12:00 | 12:15pm-1:15pm Pickleball | |
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| 1:00 | | CGC Program |
| 1:30 | 1:30pm-2:30pm Pickleball | |
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| 2:30 | 2:45pm-3:45pm Pickleball | |
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| 4:00 | 4pm-5pm Badminton | 4pm-5pm Pickleball |
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| 5:30 | 5:30pm-6:30pm Badminton | 5:30pm-6:30pm Pickleball |
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| Time | Far Court | |
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| 7:00 | 7:15am-8:15am Pickleball (No Equipment Available) | 7:15am-8:15am Badminton (No Equipment Available) |
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| 8:30 | 8pm-9pm Pickleball | 8pm-9pm Badminton |

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| Time | Far Court | |
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| 7:00 | 7:15am-8:15am Badminton (No Equipment Available) | 7:15am-8:15am Pickleball (No Equipment Available) |
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| 8:30 | 8:30am-9:30am Badminton | 8:30am-9:30am Pickleball |
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| 4:00 | 4pm-5pm Pickleball | 4pm-5pm Badminton |
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| 7:00 | 7:15am-8:15am Badminton (No Equipment Available) | 7:15am-8:15am Pickleball (No Equipment Available) |
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| 8:30 | 8:30am-9:30am Badminton | 8:30am-9:30am Pickleball |
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| Legend |
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| Cleaning / Space Unavailable |

Designated 2-player and 4-player courts are offered for Pickleball and Badminton. A booking option has been added for the 5th or 6th players to join their friends with an existing court booking of four. All activities require booking. Activities can be booked online or in-person as early as 7 days in advance and up to the hour before, provided there is still space available. You can also book more than one time slot/day. (More on [Booking](#) available online).

For details on current safety measures and modifications to amenities and activities, please visit [Facility Reopening](#) on our website.

FIELD HOUSE SCHEDULE: Basketball (Page 2)

April 26th-May 2nd, 2021



| M | | |
|-------|---|------------------------------|
| Time | Centre Court | Near Court |
| 6:00 | | |
| 6:30 | | |
| 7:00 | 7:15am-8:15am Basketball (No Equipment Available) | |
| 7:30 | | |
| 8:00 | | |
| 8:30 | 8:30am-9:30am Basketball | |
| 9:00 | | Cardio Combat 9:15am-10:15am |
| 9:30 | 9:45am-10:45am Basketball | |
| 10:00 | | |
| 10:30 | | Fit for Life 10:30am-11:30am |
| 11:00 | 11am-12pm Basketball | |
| 11:30 | | |
| 12:00 | 12:15pm-1:15pm Basketball | |
| 12:30 | | |
| 1:00 | | |
| 1:30 | 1:30pm-2:30pm Basketball | |
| 2:00 | | |
| 2:30 | | 2:45pm-3:45pm Basketball |
| 3:00 | | |
| 3:30 | CGC Program | |
| 4:00 | | 4pm-5pm Basketball |
| 4:30 | | |
| 5:00 | | |
| 5:30 | 5:30pm-6:30pm Basketball | |
| 6:00 | | Pumped 5:45pm-6:45pm |
| 6:30 | | |
| 7:00 | | Zumba 7pm-7:45pm |
| 7:30 | Booking | |
| 8:00 | | 8pm-9pm Basketball |
| 8:30 | | |

| T | | |
|-------|---|-----------------------------|
| Time | Centre Court | Near Court |
| 6:00 | | |
| 6:30 | | |
| 7:00 | 7:15am-8:15am Basketball (No Equipment Available) | |
| 7:30 | | |
| 8:00 | | |
| 8:30 | 8:30am-9:30am Basketball | |
| 9:00 | | Dance Fusion 9:15am-10:15am |
| 9:30 | 9:45am-10:45am Basketball | |
| 10:00 | | |
| 10:30 | | Zumba Gold 10:30am-11:30am |
| 11:00 | 11am-12pm Basketball | |
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| 12:00 | 12:15pm-1:15pm Basketball | |
| 12:30 | | |
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| 1:30 | 1:30pm-2:30pm Basketball | |
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| 2:30 | | 2:45pm-3:45pm Basketball |
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| 4:00 | CGC Program | 4pm-5pm Basketball |
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| 5:30 | 5:30pm-6:30pm Basketball | |
| 6:00 | | HIIT/Core 5:45pm-6:45pm |
| 6:30 | | |
| 7:00 | 6:45pm-7:45pm Basketball | Booking |
| 7:30 | | |
| 8:00 | 8pm-9pm Basketball | |
| 8:30 | | |

| W | | |
|-------|---|------------------------------|
| Time | Centre Court | Near Court |
| 6:00 | | |
| 6:30 | | |
| 7:00 | 7:15am-8:15am Basketball (No Equipment Available) | |
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| 8:30 | 8:30am-9:30am Basketball | |
| 9:00 | | Pumped 9:15am-10:15am |
| 9:30 | 9:45am-10:45am Basketball | |
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| 10:30 | | Fit for Life 10:30am-11:30am |
| 11:00 | 11am-12pm Basketball | |
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| 12:00 | 12:15pm-1:15pm Basketball | |
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| 4:00 | CGC Program | 4pm-5pm Basketball |
| 4:30 | | |
| 5:00 | | |
| 5:30 | Booking | |
| 6:00 | | Pumped 5:45pm-6:45pm |
| 6:30 | | |
| 7:00 | | Dance Fusion 7pm-7:45pm |
| 7:30 | | |
| 8:00 | 8pm-9pm Basketball | |
| 8:30 | | |

| T | | |
|-------|---|-----------------------------|
| Time | Centre Court | Near Court |
| 6:00 | | |
| 6:30 | | |
| 7:00 | 7:15am-8:15am Basketball (No Equipment Available) | |
| 7:30 | | |
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| 8:30 | 8:30am-9:30am Basketball | |
| 9:00 | | Dance Fusion 9:15am-10:15am |
| 9:30 | 9:45am-10:45am Basketball | |
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| 10:30 | | Zumba Gold 10:30am-11:30am |
| 11:00 | 11am-12pm Basketball | |
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| 4:00 | CGC Program | 4pm-5pm Basketball |
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| 5:30 | 5:30pm-6:30pm Basketball | |
| 6:00 | | HIIT/Core 5:45pm-6:45pm |
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| 7:00 | 6:45pm-7:45pm Basketball | Booking |
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| 8:00 | 8pm-9pm Basketball | |
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| F | | |
|-------|---|------------------------------|
| Time | Centre Court | Near Court |
| 6:00 | | |
| 6:30 | | |
| 7:00 | 7:15am-8:15am Basketball (No Equipment Available) | |
| 7:30 | | |
| 8:00 | | |
| 8:30 | 8:30am-9:30am Basketball | |
| 9:00 | | Cardio Combat 9:15am-10:15am |
| 9:30 | 9:45am-10:45am Basketball | |
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| 10:30 | | Fit for Life 10:30am-11:30am |
| 11:00 | 11am-12pm Basketball | |
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Volleyball Nova Scotia

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Volleyball Nova Scotia

| Legend |
|------------------------------|
| Cleaning / Space Unavailable |

Maximum of 6 participants per net. All activities require booking. Activities can be booked online or in-person as early as 7 days in advance and up to the hour before, provided there is still space available. You can also book more than one time slot/day. (More on [Booking](#) available online).

For details on current safety measures and modifications to amenities and activities, please visit [Facility Reopening](#) on our website.