



# BEHIND EVERY MOVEMENT



2017-2018  
ANNUAL REPORT

Canada  
Games  
Centre



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## OUR LEGACY

The Canada Games Centre was built as the legacy of the 2011 Winter Canada Games in Halifax, Nova Scotia. In February of 2011, the Centre hosted the badminton, synchronized swimming and artistic gymnastics events.

The Canada Games Centre is now a vibrant multi-sport community and recreation centre open to the public. We are an HRM-owned facility operated by a non-profit society committed to promoting physical literacy, fitness and wellness, and to supporting the needs of high performance sport and athlete development. In an all-inclusive environment, the Centre runs sport and recreation programs, camps, fitness classes, and so much more.

## VISION

Together, we inspire healthy active living.

## MISSION

The Canada Games Centre is committed to the promotion of healthy and active living. We provide opportunities and access for sport and recreation at all levels. Driven by our passion, leadership and teamwork, we provide innovative programming and exceptional experiences.

## OUR VALUES SHARED EVERY DAY

Respect, Communication, Community,  
Service Excellence, Leadership.

# MESSAGE FROM THE BOARD CHAIR AND GENERAL MANAGER

Our responsibility as leaders of the Canada Games Centre is brought into focus with our Vision, Mission and Core Values. They are the powerful statements and principles behind our organization that guide us and aim to inspire you with every visit.

As we look back over the year 2017-2018, there are so many great stories and events that happened that it is impossible to capture each and every one. We hope this report provides you with a snap shot of what happens at the Canada Games Centre to make it such a positive focal point of our community.

The title of our Annual Report *Behind Every Movement* is so fitting because of all of the moving parts that make the Centre a success. There is always a team of inspiring individuals bringing the Centre to life; from the 50 full-time and over 300 part-time employees who work tirelessly to keep the building open and operating safely all year round, to the vibrant and diverse group of users. Each and every time you visit, you get to connect with

fellow kindred spirits and see the members, staff, athletes and visitors who bring smiles to so many people's faces. Every movement in the facility creates a special energy; it could be laughter in the pool, balls bouncing in the Field House, music pumping, or passing by an Olympian in our hallways. It is a special energy found nowhere else.

Many pieces come together to contribute to the success of the Centre; from our members, to programs, to continuous improvements, to our community partnerships. These are all made possible because of a dedicated staff team and our volunteer Board of Directors providing guidance.

We are extremely proud of all that we have accomplished together in our first seven years. As we move

into the future, we will continue to focus on investing in the Centre, programs and services, equipment, and our people, to ensure the Centre remains a world class facility which each and every one of us is proud to have in our community.

We hope the Canada Games Centre has inspired you to be active and achieve your goals and dreams. We are thankful to you for calling the Canada Games Centre your home away from home.



**Brian Lane**

*Chair, Canada Games  
Centre Society*



**Gary Furlong**

*General Manager*

## VISIONARY LEADERSHIP

### BOARD OF DIRECTORS 2017-2018

Brian Lane  
Yemi Akindoju  
Jeff McKinnon  
Roberta Whalen  
Cherie Foronda-Brennan  
Colin Piercey  
Kelsey Green  
Kevin Cameron  
Melissa MacKinnon  
Richard Zurawski  
Sarah McLean  
Gary Furlong (Ex-officio)

# BEHIND OUR COMMUNITY



“Never has there ever been a workout that I didn't leave feeling better than when I started!

– Stephanie,  
March 2018 Member Profile



“I have already dropped two medications since I started coming in for workouts and the goal is to be down more medications in the coming year.

– Tony, July 2017 Member Profile



**6,200+**  
Annual Memberships



“We want to set a healthy, active example for our kids and be able to keep up with them!

– Publicover Family,  
April 2017 Member Profile



“Working out has been a way for me to physically and emotionally heal from injury.

– Maria,  
May 2017 Member Profile



“I have a job that is physically demanding, and I spend anywhere from 8 to 12 hours a day on my feet. Plus, long-term health and mobility are definitely considerations and you can never start too early.

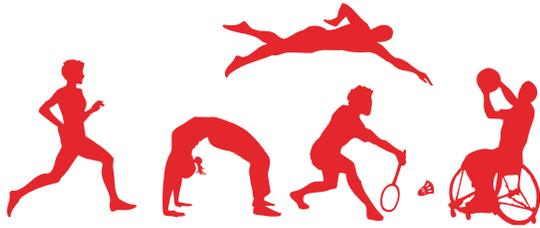
– Jared, October 2017 Member Profile



“Fitness has helped me accomplish my objective with confidence. It has also enhanced my alertness, balance, mind and body coordination, which are very important.

– Jack, December 2017 Member Profile

Find out more about what motivates our members in their profiles online: [canadagamescentre.ca/membership](http://canadagamescentre.ca/membership)



# 79,786

Day Pass Visitors



*“Everyone is so friendly, from the staff to the members - I have made so many new friends!*

*– Cindy,  
June 2017 Member Profile*

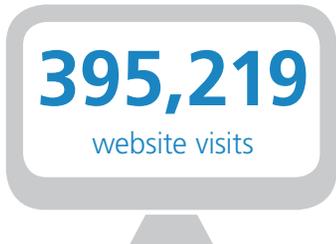
## WELCOMED IN HALIFAX

# HALIFAX

**isans** | Immigrant Services  
Association of Nova Scotia

In continued support of the Welcomed in Halifax Program (WIH) introduced by the City of Halifax in 2016-17 to new refugees, the CGC celebrated an active welcome of **1981 WIH Pass visits** in 2017-18 with the help of Immigrant Services Association of Nova Scotia (ISANS).

## STAYING CONNECTED



# 9,319

e-newsletter subscribers



*“Once you’re part of the CGC, you become part of a fitness family.*

*– Michelle,  
January 2018 Member Profile*



# 5,814

Facebook page likes



# 2,847

Twitter followers



**Donated \$14,653** in CGC prizing and facility rental space to local non-profit, school, sport, and community groups.

# BEHIND OUR PROGRAMS

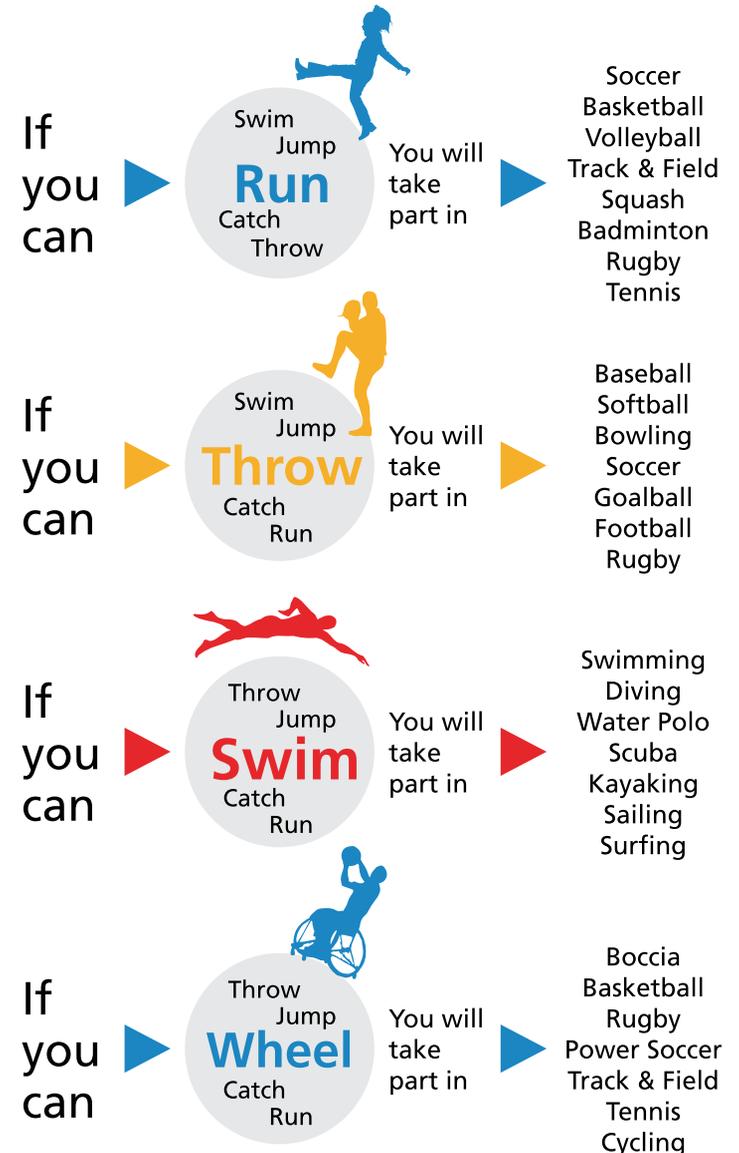
## Sport for Life

No matter how our community likes to move, we move with them. We also know that if they move with confidence in their technique, they're more likely to stay healthy and physically active regardless of age — this is why we continue to support **Sport for Life** principles and provide quality programs and services dedicated to improving physical literacy.



### Phys-i-cal Lit-er-a-cy *noun* :

Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life.



**4,662**  
PARTICIPANTS  
IN RECREATION & SPORT PROGRAMS

**AFTER SCHOOL PROGRAM**



**81 kids**  
in After School Program



**450+ hours**  
of scheduled physical activity



Participated in a **Steve Nash Basketball Clinic** by Basketball Canada



**SUMMER CAMPS**

**1,736**  
summer campers



**58**  
camps offered

**25**  
unique camp themes

**355**  
Physical Literacy Progress Reports completed

**Behavioural Specialist** added to Summer Camp staff, alongside our **Inclusion Counsellor** and **Physical Literacy Specialist**



**4,998**  
PARTICIPANTS  
IN SWIM LESSONS & AQUATICS LEADERSHIP PROGRAMS



In November 2017, we helped launch the **Para Multi-Sport Halifax** Program providing wheelchair and non-wheelchair youth ages 8-16 years old a chance to learn to play seven para sports with one single registration. Sports delivered at the CGC included basketball, badminton, athletics, table tennis and swimming, while curling and sledge hockey were offered offsite. All sessions were led by certified sport coaches and recreation leaders, endorsed by the IWK, and made possible through the collaboration of the following partners: Athletics Nova Scotia, Basketball Nova Scotia, Table Tennis Nova Scotia, Easter Seals Nova Scotia, Badminton Nova Scotia, Nova Scotia Curling Association, Lakeshore Curling Club, Canadian Tire Jumpstart Charities, and Sport Nova Scotia.



[ami.ca/category/ami-week-sports-health-and-lifestyle/media/para-multi-sport-halifax](http://ami.ca/category/ami-week-sports-health-and-lifestyle/media/para-multi-sport-halifax)

Fall 2017 was an exciting time in our Aquatics programming with the launch of the **Canada Games Centre Swim Academy** (CGCSA)—which brought all of our aquatic sports teams under one umbrella and the opportunity to try them all. Designed to support Sport for Life principles, the CGCSA focuses on developing the whole athlete and avoiding the pitfalls normally associated with over-training and early sport specialization. Each team within the CGCSA offers participants access to a variety of training opportunities, both in the water and on dry land, to help avoid injury and dropout while ultimately increasing overall enjoyment of physical activity for life.

211  
Swim Academy  
Athletes



The CGCSA features **swim**, **lifesaving sport** and **water polo** teams, with many athletes competing and training in more than one sport.





**“ We have always shared our excitement for the Summer Swim Team with other families. It is such a great way to learn to swim well & fast. Being part of a swim team, you are always competing with yourself to reach your next personal best time, however you have this family of swimmers cheering you on. The swimmers get to know each other & have a blast at the swim meets. The coaches are always amazing, kind and encouraging. Now with the CGC Swim Academy, the kids also get to try other aquatic sports that they would not have necessarily had the opportunity to try themselves. We really enjoy that yoga and dryland training has also been added to keep our children well-rounded athletes.**

**- Masuda Family**

## FITNESS PROGRAMS AND DROP-IN CLASSES

### TOP 5 MOST POPULAR FITNESS PROGRAMS

854 PARTICIPANTS  
IN FITNESS PROGRAMS



Stroller Circuit



Introduction to Yoga



Pilates



Toughen Up



Early Morning Boot Camp

### NEW PROGRAMS



- Youth Yoga & Meditation
- Intro to Free Weights
- New Year, New You
- Pound
- Traditional Yang Style Tai Chi
- Restorative Yoga
- Introduction to Mindfulness
- Mindfulness-Based Stress Reduction

## MOVE TO IMPROVE



In January 2017, we partnered with the Chebucto Community Health Team to offer a free community program called Move to Improve. This 10-week program was design to help individuals with a chronic condition improve their fitness level and exercise ability. In its pilot term, the program was a great success helping 30 registrants become active and motivated.

### BEYOND REHAB

In collaboration with the Nova Scotia Rehabilitation & Arthritis Centre, we developed a program to help their outpatient physiotherapy clients stay on the road to recovery. This program provided participants, especially those with mobility and neurological challenges, an opportunity to continue to build strength, balance, and stamina under the supervision of a CGC Exercise Specialist and with the endorsement of the hospital.

“ The Canada Games Centre has been instrumental in establishing a supervised, affordable exercise program for these clients to participate. The Beyond Rehab exercise program has given me a resource for my clients that is safe, structured and accessible; allowing these clients to continue with their strengthening and endurance goals.

— Andrea,  
Physiotherapist,  
Falls Clinic—QEII Health Sciences Centre



# 42,175

Participants in Drop-in  
Group Exercise Classes  
(up 5,291 over last year)

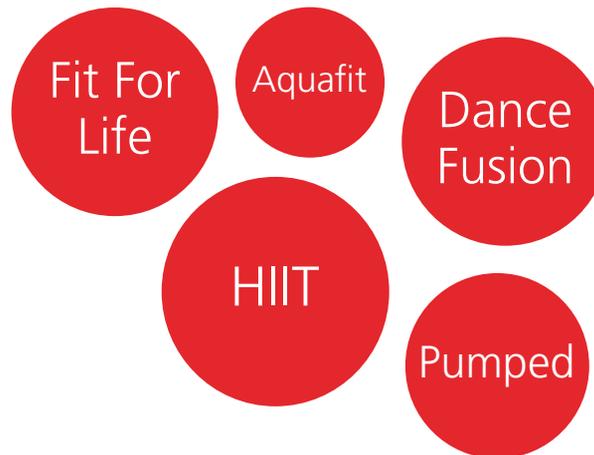
## NEW CLASSES



- Yoga Express
- Spin Express
- HIIT Express
- Spin Gold

“Melissa is an excellent teacher – terrific – awesome!  
– CGC comment card

## TOP 5 MOST POPULAR DROP-IN CLASSES



“Candice is the most amazing instructor... In all my years of exercising I have never had anyone like her.  
– CGC comment card



## ACCESSIBLE SPIN CLASSES

Our Drop-in Fitness schedule saw the addition of 5 spin classes a week that are accessible to members and guests with vision loss. Through a partnership with **Blind Sports Nova Scotia**, CGC Fitness Instructors received basic sighted guide and etiquette training, which taught them to use verbal cues to describe each exercise and technique. They were also trained on how to help participants with vision loss become familiar with the spin bike, getting on and off the bike safely and how to adjust the tension.



[youtube.com/watch?v=lcdqnlHfqw](https://youtube.com/watch?v=lcdqnlHfqw)

# BEHIND OUR EVENTS

## 2017 FOOD RUN TAKE A BITE OUT OF HUNGER



Thanks to the generous support of our community, sponsors, volunteers and CGC staff, the **5th Annual Food Run** on October 15, 2017 in support of FEED NOVA SCOTIA was our biggest event yet! With just **over 1,100 registered participants**, the fun run continues to grow each year. The Community Festival hosted **21 community organizations and sponsors** and continued to celebrate healthy living and physical literacy. Altogether, the Food Run efforts raised enough food and cash donations to provide **11,186 meals** for communities across the province. Together, we are taking a big bite out of hunger!

# 2017 FOOD RUN

TAKE A BITE OUT OF HUNGER

## ERIC'S TEAM: A FAMILY TRADITION OF GIVING BACK

This year's Food Run had extra special meaning for the Bradley Family. Eric Bradley, loving husband, uncle, great-uncle, friend and longtime CGC member, passed away suddenly at the age of 70 in May 2017 — but not before instilling in his family a lifetime of giving back. Originally from St. John's, Newfoundland, Eric and his wife Linda Logan-Bradley spent many years in Ontario before retiring to Nova Scotia in 2007. Throughout his life and no matter where he lived, Eric donated his time and money to helping others, and encouraged his family to do the same.



"He was always big into volunteering and always had his family with him," says Eric's niece, Julie Fraser. Together, Eric and his family spent many years supporting the Bust A Move and Relay for Life events, as well as the CGC Food Run.

The 2017 Food Run marked the first year Eric was not fundraising and running alongside his family. As a way to honour his memory, Julie gathered over 25 family and friends to participate as a team — Eric's Team. They excitedly donated over \$600 and four extra-large boxes of food in support of Feed Nova Scotia. In Eric's giving spirit, they are already looking forward to next year's Food Run and continuing to participate as a tribute to him.

“ We wanted to do something in Eric's memory...”





## POP-UP MUSIC PERFORMANCES

Just as exercise can improve our moods, so can music. In May 2017, we welcomed a new community partnership with Debut Atlantic to offer pop-up musical performances in CGC's Mainstreet lobby area. Members and visitors of all ages were treated to a variety of genres and talents, and were often clapping, dancing and even conducting along with the music. The first performance featured local cellist **Maia Bruce** who entertained us all with classical pieces, and answered many questions from our Play School kids about the cello. Other pop-up music performances in 2017-18 included:

*“ Thank you Canada Games Centre Halifax for seeing the value that the arts brings to the community and being so committed to making these happen!*

*– Debut Atlantic*

- A guitar performance by **Fountain School of Performing Arts**, Dalhousie University music student **Stephen Fewer**
- **New Voices** (Martha Guth, Tyler Duncan & Erika Switzer) and their educational recital program with a mixture of folk to classical, cabaret to contemporary music
- The **Bouey-Doucet Duo** of Christina Bouey (violin) and Pierre-André Doucet (piano)
- Pianist Wayne Weng
- A holiday medley with the **Starlight Children's Choir & Halifax All-City Music**
- An authentically Canadian experience by **Ladom Ensemble** – World Music featuring Pouya Hamidi (piano), Beth Silver (cello), Michael Bridge (accordion) and Adam Campbell (hand percussion).

*“ I liked the wonderful surprise of a talented live band in the lobby. Thank you. Do it again!*

*– CGC member comment card*

## New Year's Eve



## NYE FAMILY EXTRAVAGANZA 2017

Our New Year's Eve Family Extravaganza continued to be a tradition for families in Halifax with many familiar faces celebrating an active afternoon. The event was another sold out success in 2017, as we welcomed and celebrated the coming of the New Year with 650 of our closest community friends.



## 3 ON 3 BASKETBALL TOURNAMENT 2017

On Saturday, May 27th, 2017, we hosted our 3 ON 3 Basketball Tournament for U12 girls, U12 boys & U14 boys. Youth teams battled it out in round robin competition and players really showed off their skills during a fierce free throw contest.



## CGC COMMUNITY VOLUNTEER FAIR 2017

In April every year, National Volunteer Week celebrates and thanks Canada's 12.7 million volunteers. In 2017, CGC hosted its second annual week-long Community Volunteer Fair in honour of this week. Located in the Mainstreet lobby, 11 local, not-for-profit organizations were able to engage with members and guests, and share their missions, initiatives, events and volunteer opportunities: Victoria Order of Nurses, Hooked Rug Museum of North America, Hal-Con, Keshen Goodman Public Library, Lung Association of Nova Scotia, Halifax Cycling Coalition, Canadian Blood Services, Habitat for Humanity Nova Scotia, Chebucto Family Centre, and Immigrant Services Association of Nova Scotia.

## NEW CANADIAN TRY IT DAY

On June 4th, 2017 in celebration of Recreation Nova Scotia's *June is Recreation Month*, we welcomed 80 participants new to Canada for a CGC Try It Day event. This initiative, in partnership with Sport Nova Scotia, Immigrant Services Association of Nova Scotia and the YMCA, offered kids and adults alike the opportunity to try a variety of sports and activities.

The Aquatics Centre was a big hit as CGC lifeguards and swim instructors helped families learn to be safe in and around the water. On dry land in the Field House and up on the Track, energetic participants took turns challenging their coordination, balance and agility through a Physical Literacy obstacle course, a Zumba Kids class, and a Nordic Pole walking exercise.



## PARTICIPACTION 150 PLAY LIST

Action and excitement took over our front parking lot when the ParticipACTION crew rolled in on Wednesday, August 30th from 11am-7pm, as part of the 150 Play List tour! ParticipACTION created the 150 Play List in honour of Canada's 150th birthday and the physical activities that define us as Canadians. Activities were free and friendly for all ages and included – Kayaking (kayaking simulator); Field Hockey (target net); Surfing (balancing surfboard); Stick Pull; and the featured activity was Rope Skipping.



## KILLAM COMMUNITY SUMMER CELEBRATION 2017

On July 19, 2017, CGC staff spent an active afternoon at the Killam Properties Summer Celebration located at the Glenforest and Plateau residences. We set up a physical literacy obstacle course in which over 40 kids participated, showed off their skills, and even helped design new games and challenges.



On Sunday, September 17th, we proudly hosted 110 girls ages 8-18 for a **Fast & Female Champ Chat** in Halifax, in partnership with Fuelling Women Champions. This inspiring morning of empowerment through sports, started with Fast & Female Ambassador introductions and a group warm-up before jumping into a 7 station physical activity circuit. Each station was led by an Ambassador and included fun sports specific training for snowboarding, pole vaulting, sailing and more, as well as a goal setting session. After a chocolate milk break to refuel, the girls participated in an inspirational chat with the Ambassadors before finishing off the day with one large yoga class led by CGC instructors Dennette and Jennifer.



### FAST & FEMALE AMBASSADORS:

- **Hannah Vaughan** – Sprint Kayak (2015 Pan Am Games Champion)
- **Hannah MacIntosh** – Sprint Canoe (Jr Worlds Medalist)
- **Jennifer Jones** – Curling (2014 Sochi Olympics Champion)
- **Heather Hamilton** – Pole Vault (2013 National Champion)
- **Alexa Irvin** – Sprint Kayak (U23 Worlds Team)
- **Kimiko Willgress** – Snowboard (2010 Vancouver Olympics)
- **Ellie Black** – (2016 Rio Olympics)
- **Erin Rafuse** – Sailing (2016 Rio Olympics)
- **Genny Orton** – Sprint Kayak (2016 Rio Olympics)
- **Alanna Bray Lougheed** – Sprint Kayak (Sr Worlds Team)
- **Una Lounder** – Sprint Kayak (2011 Pam Am Games Champion)
- **Tina Wilkinson** – Halifax Xplosion Football Team
- **Jill D'Alessio** – Sprint Kayak (2004 Athens Olympics)

# TOURNAMENTS & EVENTS

## NATIONAL SPORT

- Bobsleigh Canada Skeleton Recruitment Camp
- Canada Basketball Training Camp
- Halifax Hurricanes Basketball Training
- Karate Canada Nationals
- RBC Training Ground
- Volleyball Canada 14U National Championships (Atlantic)

## PROVINCIAL SPORT

- Athletics Nova Scotia Track Meet
- Athletics Nova Scotia Last Chance Meet
- Basketball Nova Scotia Bluenose Classic
- Basketball Nova Scotia Junior Mini Jamboree
- HFX Ultimate Frisbee Tournament
- Maritime TaeKwonDo Union Training Camp
- Scott Open Badminton Tournament
- Spring Water Polo Jamboree
- Volleyball Nova Scotia Provincials
- Water Polo Fall Jamboree
- Yonex Longard Open Badminton Tournament

## UNIVERSITY/HIGH SCHOOL/LOCAL SPORT

- Bedford Classic Basketball Tournament
- Chick 'N' Run Women's Ultimate Frisbee Tournament
- Dalhousie Tigers Men's & Women's Senior Open Volleyball Tournament
- Halifax Independent School Swim Meet
- Halifax West Milk Classic Basketball Tournament
- Junior Phenom Basketball Camp
- Sport Hall of Fame Sport Camp
- SMU Track Meet

## COMMUNITY SUPPORT / FUNDRAISERS

- Let's Talk Sessions with Geoff Regan
- Lockeport Regional High School Safe Grade
- March of Dimes Volleyball Tournament
- Medavie Blue Cross MS Walk\*
- Parkview Education Centre Safe Grad
- Prostate Cancer Canada Do It For Dads Walk\*
- RCMP Recruitment presentation
- Sport Nova Scotia – Team NS Canada Games athlete information sessions
- Sport Nova Scotia Corporate Games\*
- YogaFit Canada Instructor Training sessions
- Weekly or monthly support group meetings including Chebucto Community Health Low Intensity Walking Program\*, Nova Scotia Public Health Family Drop-in, Pulmonary Fibrosis Support, Brain Injury Association Support Group, Engage Mainland North Roundtable\*, Mainland North Joint Emergency Management\*

\*CGC sponsored event

“Alessandro was utmost helpful to us, set up, bring stuff in, and support. He was by far the best gentlemen that I've met in years.

– CGC comment card

## CGC LEADERSHIP AWARD - RECOGNIZING TOMORROW'S LEADERS



In 2018, we created the **CGC Leadership Award** as a way to recognize the up and coming leaders in youth sport in our region. Through collaboration with the organizers of tournaments held at CGC, we presented the award to individuals who exhibited the kind of values and athletic integrity required to be true leaders in their sport and community. Congratulations to: **Veer Kundhi, Olivier Blais, Sydney Khan, and Joy MacLachlan.**

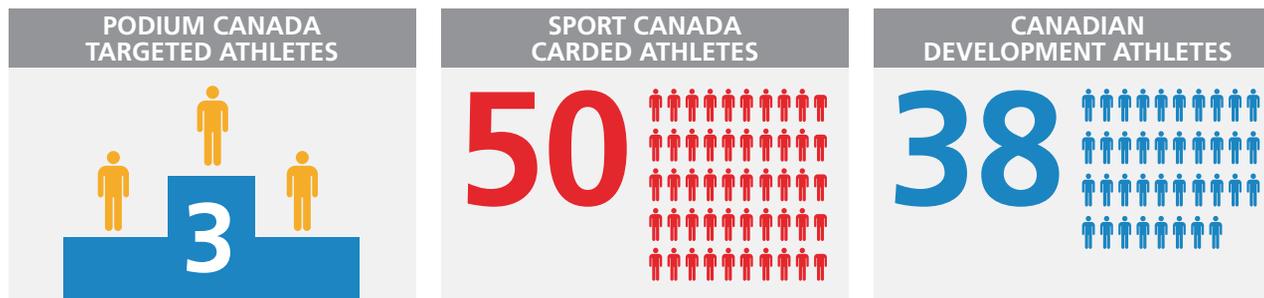


# BEHIND HIGH PERFORMANCE SPORT



The Canadian Sport Centre Atlantic (CSCA) is located at the Canada Games Centre. The CSCA is part of a national network of multisport centres that link high-performance athletes and coaches with sport-related services.

## ATLANTIC ATHLETES WHO TRAIN AT THE CANADA GAMES CENTRE



## CSCA 2018 PYEONGCHANG OLYMPIC & PARALYMPIC RECAP



Silver medal  
**JILLIAN SAULNIER**  
Ice Hockey

Scored first Olympic goal and the first Nova Scotian to score a goal in Olympic women's hockey.

Silver medal  
**BLAYRE TURNBULL**  
Ice Hockey

Female Team Athlete of the Year at the 2018 Support 4 Sport Awards.

What better way to join in on the Olympic and Paralympic action than to cheer for our athletes!

**The Go Canada Lounge**—PyeongChang Edition was open from Thursday, February 8th to Sunday, March 18th, 2018. CGC members and guests stopped by this shared space to watch, support, celebrate and cheer on Team Canada during the 2018 Winter Olympics and Paralympics in PyeongChang.

We are so proud of all the Canadian Olympic athletes who competed at PyeongChang, bringing home a record 29 medals – 11 Gold; 8 Silver; 10 Bronze! Team Canada had 9 multi-medalists, 53 first-time medalists and set 2 Olympic records. And we are equally proud of the Canadian Paralympic Team who brought home 28 medals – 8 Gold; 4 Silver; 16 Bronze! This is Canada's greatest number of podium finishes at a Paralympic Winter Games in history.

### **THIS THIRD INSTALLATION OF THE GO CANADA LOUNGE FEATURED**

- Comfy seating with two 65" TVs streaming coverage of the Games
- Team Canada's 280 athlete and para-athlete profiles
- Message board with many good luck messages to Team Canada



I had this really cool moment @CdaGamesCentre with @suzanneburke\_ Everyone stopped & watched the last 2min of the men's hockey game. Felt so Canadian & part of the #OlympicHockey moment

9:01 AM - 23 Feb 2018 from Halifax, Nova Scotia

3 Likes



Thanks @CdaGamesCentre for having the Go Canada Lounge the last three weeks! Always fun to watch competition with others! Tonight was watching Kaetlyn Osmond performing in the gala to Hallelujah #halifax #canadagamescentre #olympics #figuringskating #curling @kaetlyn\_23



6:09 PM - 24 Feb 2018

2 Likes

### Meet Team Canada



### Go Canada Go!



### Meet Team Canada



# BEHIND OUR STAFF



“Shania and Oliver are the best instructors – we really appreciate their ability and how they inspire our girls.

– CGC comment card



“The staff at the CGC are always very friendly and supportive.

– Publicover Family,  
April 2017 Member Profile



“Erin in the field house is amazing. Awesome employee who always makes the experience better.

– CGC comment card

## STAFF PROFILE: BUILDING OPERATORS

Opening the doors, turning on all of the lights, making sure the pools are ready, turning off all of the valves nightly, and closing the building – are all daily tasks required to keep the CGC up and running safely 365 days a year with minimal downtime. This may sound straightforward, but behind each of these tasks and many, many more is CGC's dedicated Facility Maintenance Team: Building Operators John, Kenny, Jonathan and Patty; and Facility Maintenance Manager Alex.

**John**, a 4th Class Power Engineer who grew up in Halifax, is the longest Building Operator on staff. He was hired in November 2010 to oversee the installation of the mechanical systems before the 2011 Canada Winter Games and has been at the CGC ever since. Because of this, John knows the building inside and out, especially the cistern systems. "Since the CGC opened, we've recovered 5,562,000 liters of rainwater—that's enough to fill four competition pools", explains John, who is full of all kinds of CGC engineering stats. However if you ask him what he likes most about CGC, it's the comradery of his team.



"We're a good team!" say **Kenny**, who joined the CGC staff in February 2011, bringing with him a multitude of talents. The others refer to him as "the ideas man", a reputation he's garnered using his

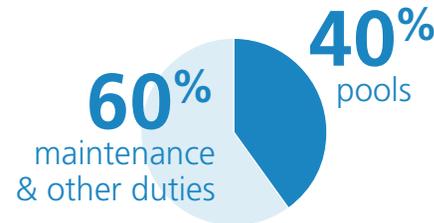
combination of mechanical knowledge, carpentry skills, and pool certifications. Like all of the Operators, Kenny takes great pride in his work. More often than not, he can be seen going about his day with a smile on his face and a kind word for members and staff.

**Jonathan**, the youngest of the crew at 35, became a CGC Building Operator in October 2014. He has a 2nd Class Refrigeration ticket and a real passion for welding— as evident by his personalized welding gear. "We're a real team – and we're always there for each other" says Jonathan, who notes it is not uncommon to see one of them stop in on a day off to catch up with the others.

Impressed by how well everyone gets along and jumps in to help each other, is Vancouver native and newest Building Operator **Patty**. After 13 years in the Canadian Navy, Patty joined the CGC in February 2018 and quickly fell into step with the rest of the team through her work ethic, attention to detail and sense of humour. According to Patty, to be a great Building Operator you need the certified pool and boiler courses and "a good set of rubber gloves." She also notes that it's not every workplace where you can play the occasional game of rock-paper-scissors with kids through the underwater window in the Competition Pool.



### HOW CGC BUILDING OPERATORS SPEND THEIR DAYS



Overseeing the Building Operators is Facility Maintenance Manager **Alex**, who's been with the CGC since 2012. "We know the building and what has to happen behind the scenes to ensure it is safe for members and users. At least one of the Operators is always onsite, ensuring everything is working properly, taking care of daily maintenance and responding quickly to any issues that arise. I couldn't ask for a better team. The success of the CGC would not be possible without the Building Operators and their dedication to service excellence."

Good natured, cooperative, and cool as cucumbers under pressure, there is a lot the CGC Building Operators look after to ensure the facility runs at peak efficiency including:

- 2,832+ lights in the Field House
- 164 pool valves
- 200 solar panels
- 8 pool filters
- 4 UV filters
- 3 natural gas boilers
- 4 air handling units
- 2 air conditioning units
- 3 water to water heat pumps
- 77 water to air heat pumps
- 2 dehumidification units for the pool deck
- 1 fluid cooler for heat rejection for heat pumps
- 1 cooling tower
- 12 zoom fans
- 16 hand dryers
- 3 spin dryers
- 10 water fountains
- 52 pumps
- 34 fire extinguishers
- 41 exit lights
- + so much more...

# BEHIND OUR FACILITY

## AWARDS

- Bronze Winner - The Coast's Best of Halifax, "Best Place to Go Swimming" for 2017
- Lifesaving Society's Les Purchar Award for certifying the most individual lifesavers in Nova Scotia
- Lifesaving Society's Regional Affiliate for Halifax Region – Large Facility Award for running the most lifesaving programs in the City of Halifax



## IMPROVEMENTS & UPGRADES



- Five water bottle fill stations were installed throughout the facility, helping to eliminate waste from 51,053 disposable plastic bottles so far to date.
- Upgraded all pot lights to LED through Efficiency Nova Scotia
- Continued to reduce accessibility barriers by installing an electrically height adjustable changing bench in the Accessible Change Room and six additional accessible parking spots; bringing the total to 15 for the facility.
- Added four new spin bikes and two accessible pieces of cardio equipment to the Fitness Centre; Nustep recumbent and Ski-erg machine
- Refurbished the lockers in Men's Wet and Family change rooms
- Over 24 new lockers were installed in both the Men's Dry and Women's Dry change rooms, as well as additional hooks and mirrors, as requested by members
- Refinished the Dance Studio and Mainstreet lobby hardwood floors
- Additional comfortable seating added to the Mainstreet lobby
- Brought the exterior Field House windows to life with full colour decals of our active community
- Repainted the lines on the Track and in the Competition Pool





# It happens here.

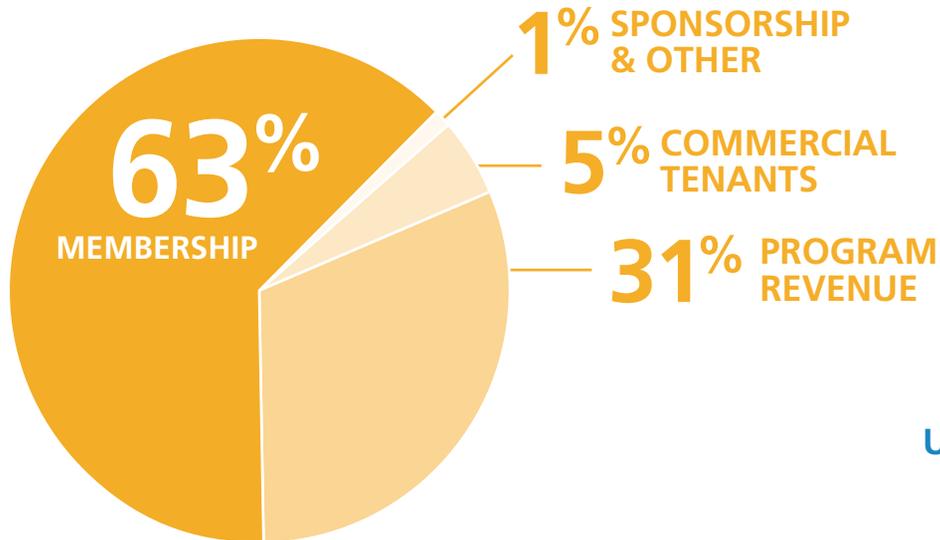


*“ If you haven’t been in please take the time to drop by & say hi. Go for the tour & I think you will get hooked.*

*- Tony,  
July 2017  
Member Profile*

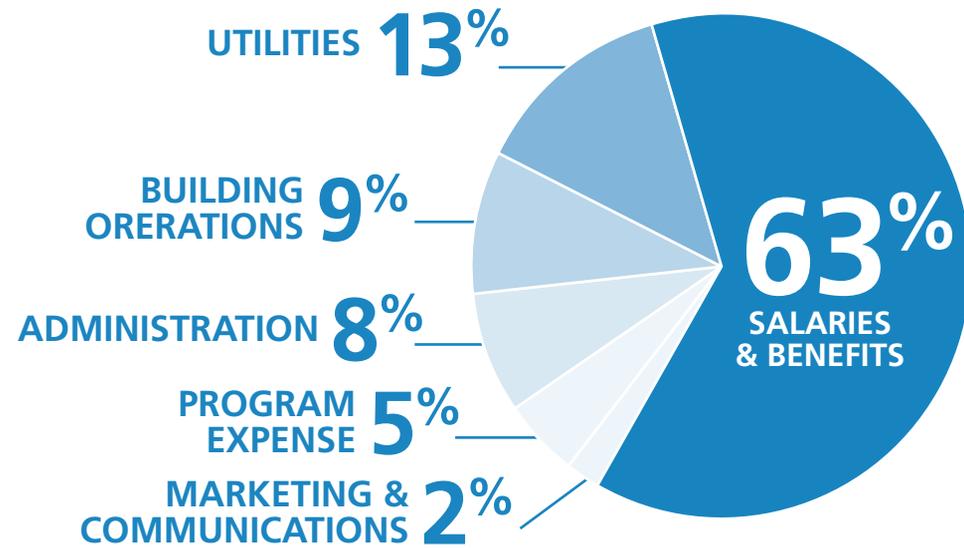
# FINANCIAL SUMMARY FOR 2017-2018

## REVENUES



TOTAL: \$5,873,281

## EXPENSES



TOTAL: \$5,538,996

# THANKS TO OUR STAKEHOLDERS

By aligning with the Canada Games Centre as a place to meet, learn, exercise, grow, socialize and play, we appreciate their support.

## HALIFAX



“ I really enjoy the friendliness of the staff and the other members at the CGC. Even though we’re all putting in a lot of hard work at the gym, we still find time to stop for a quick chat. It’s probably one of my favourite things about the CGC.

- Maria,

May 2017  
Member Profile

# CONNECT WITH US



✉ E-newsletter: <http://bit.ly/cgcnews>

🐦 @CdaGamesCentre

📘 [facebook.com/CGCHalifax](https://www.facebook.com/CGCHalifax)

[www.canadagamescentre.ca](http://www.canadagamescentre.ca)

[info@canadagamescentre.ca](mailto:info@canadagamescentre.ca)

**902.490.2400**

26 Thomas Raddall Drive  
Halifax, NS  
B3S 0E2

“ *It's a beautiful facility that has allowed me to create many memories with my family, friends and teammates.*

*- Stephanie,*

*March 2018  
Member Profile*