

# FIELD HOUSE SCHEDULE: Far Court

July 29-August 4, 2024



M			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30	Badminton		
5:00	Badminton	Pickleball	
5:30	Badminton	Pickleball	
6:00	Badminton	Pickleball	
6:30	Badminton	Pickleball	
7:00	Badminton	Pickleball	
7:30	Badminton	Pickleball	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	Badminton	Pickleball	
9:30	Badminton	Pickleball	

T			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30	Badminton		
5:00	Badminton	Pickleball	
5:30	CGC Program	Pickleball	
6:00		Pickleball	
6:30		Pickleball	
7:00		Pickleball	
7:30		Pickleball	
8:00		Pickleball	Badminton
8:30		Pickleball	Badminton
9:00		Pickleball	Badminton
9:30		Pickleball	Badminton

W			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30		Pickleball	
5:00	Badminton	Pickleball	
5:30	Badminton	Pickleball	
6:00	Badminton	Pickleball	
6:30	Badminton	Pickleball	
7:00			
7:30			
8:00	Booking		
8:30			
9:00			
9:30			

T			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30		Pickleball	
5:00	Badminton	Pickleball	
5:30	Badminton	Pickleball	
6:00	Badminton	Pickleball	
6:30	Badminton	Pickleball	
7:00	Badminton		
7:30	Badminton		
8:00	Badminton	Booking	
8:30	Badminton		
9:00	Badminton		
9:30	Badminton	Pickleball	

F			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30		Pickleball	
5:00	Badminton	Pickleball	
5:30	Badminton	Pickleball	
6:00	Badminton	Pickleball	
6:30	Badminton	Pickleball	
7:00	Badminton	Pickleball	
7:30	Badminton	Pickleball	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	Badminton	Pickleball	
9:30	Badminton	Pickleball	

S		
Time	Far Court	
7:00	Pickleball (No Field House staff/equipment available)	Badminton (No Field House staff/equipment available)
7:30	Pickleball	Badminton
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30	Pickleball	Badminton
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00	Pickleball	Badminton
3:30	Pickleball	Badminton
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00	Pickleball	Badminton
5:30	Pickleball	Badminton
6:00	Pickleball	Badminton
6:30	Pickleball	Badminton

S		
Time	Far Court	
7:00	Pickleball (No Field House staff/equipment available)	Badminton (No Field House staff/equipment available)
7:30	Pickleball	Badminton
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30	Pickleball	Badminton
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00	Pickleball	Badminton
3:30	Pickleball	Badminton
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00	Pickleball	Badminton
5:30	Pickleball	Badminton
6:00	Pickleball	Badminton
6:30	Pickleball	Badminton

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:
1pm-3pm \$4 Track
1pm-4:15pm Summer Camps Lane 4/5/6/7/8/9/10
2:30pm - 3:30pm CGC Pgm - Track SB

TRACK BOOKINGS:
1:30pm-2:30pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
2:30pm-3:30pm CGC Pgm - Track SB

TRACK BOOKINGS:
1:30pm-2:30pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
2:30pm-3:30pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
2:30pm-3:30pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
2:30pm-3:30pm CGC Pgm - Track SB

# FIELD HOUSE SCHEDULE: Centre & Near Court

July 29-August 4, 2024



M		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00		
7:30		
8:00	Basketball	CGC Summer Camps
8:30		
9:00		CGC Summer Camps
9:30		Cardio Combat 9:15am-10:15am
10:00		Fit for Life 10:30am-11:30am
10:30		
11:00		
11:30		
12:00		
12:30		
1:00	CGC Summer Camps	CGC Summer Camps
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	Pumped 5:45pm-6:45pm
6:30		
7:00		
7:30		
8:00		
8:30	Booking	Basketball
9:00		
9:30		

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00		
7:30		
8:00	Basketball	CGC Summer Camps
8:30		
9:00		Zumba 9:15am-10:15am
9:30		
10:00		
10:30		Fit For Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00	CGC Summer Camps	CGC Summer Camps
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	HIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 7pm-8pm
7:30		
8:00		
8:30	Booking	Basketball
9:00		
9:30		

W		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		Bootcamp 6am-7am
6:30		
7:00		
7:30		
8:00	Basketball	CGC Summer Camps
8:30		
9:00		Pumped 9:15am-10:15am
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00	CGC Summer Camps	CGC Summer Camps
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	Pumped 5:45pm-6:45pm
6:30		
7:00		
7:30		
8:00		
8:30	Booking	Basketball
9:00		
9:30		

T		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00		
7:30		
8:00	Basketball	CGC Summer Camps
8:30		
9:00		Zumba 9:15am-10:15am
9:30		
10:00		
10:30		Fit For Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00	CGC Summer Camps	CGC Summer Camps
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	HIT/Core 5:45pm-6:45pm
6:30		
7:00		Zumba 7pm-8pm
7:30		
8:00		
8:30	Booking	Basketball
9:00		
9:30		

F		
Time	Centre Court	Near Court
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
6:00		
6:30		
7:00		
7:30		
8:00	Basketball	CGC Summer Camps
8:30		
9:00		HIT 9:15am-10:15am
9:30		
10:00		
10:30		Fit for Life 10:30am-11:30am
11:00		
11:30		
12:00		
12:30		
1:00	CGC Summer Camps	CGC Summer Camps
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00	Basketball	CGC Summer Camps
6:30		
7:00		
7:30		
8:00		
8:30	Booking	Basketball
9:00		
9:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Basketball	
8:30	Basketball	
9:00	Bootcamp 9:15am-10:15am	Booking
9:30		
10:00		
10:30	Zumba 10:30am-11:30am	
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Basketball	
8:30	Basketball	
9:00	Basketball	
9:30	Basketball	
10:00	HIT 10am-11am	Booking
10:30		
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		

Legend
Cleaning / Space Unavailable