

FIELD HOUSE SCHEDULE: Far Court

July 22-28, 2024



M			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30	Badminton		
5:00	Badminton	Pickleball	
5:30	Badminton	Pickleball	
6:00	Badminton	Pickleball	
6:30	Badminton	Pickleball	
7:00	Badminton	Pickleball	
7:30	Badminton	Pickleball	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	Badminton	Pickleball	
9:30	Badminton	Pickleball	

T			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30	Badminton		
5:00	Badminton	Pickleball	
5:30	CGC Program		
6:00			
6:30			
7:00			
7:30			
8:00		Pickleball	Badminton
8:30		Pickleball	Badminton
9:00		Pickleball	Badminton
9:30		Pickleball	Badminton

W			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30	Badminton		
5:00	Badminton	Pickleball	
5:30	Badminton	Pickleball	
6:00	Badminton	Pickleball	
6:30			
7:00			
7:30			
8:00	Booking		
8:30			
9:00			
9:30			

T			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30	Badminton		
5:00	Badminton	Pickleball	
5:30	CGC Program		
6:00			
6:30			
7:00			
7:30			
8:00		Badminton	Booking
8:30		Badminton	
9:00		Badminton	
9:30		Badminton	

F			
Time	Far Court		
5:30	Badminton (No Field House staff/equipment)	Pickleball (No Field House staff/equipment)	
6:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
6:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:00	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
7:30	Badminton (No Field House staff/equipment available)	Pickleball (No Field House staff/equipment available)	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	CGC Summer Camps	Pickleball	
9:30		Pickleball	
10:00		Pickleball	
10:30		Pickleball	
11:00		Pickleball	
11:30		Pickleball	
12:00		Pickleball	
12:30		Pickleball	
1:00		Drop-In Pickleball	Pickleball
1:30			Pickleball
2:00	Pickleball		
2:30	Pickleball	Pickleball	
3:00	Pickleball	Pickleball	
3:30	Pickleball	Pickleball	
4:00		Pickleball	
4:30	Badminton		
5:00	Badminton	Pickleball	
5:30	Badminton	Pickleball	
6:00	Badminton	Pickleball	
6:30	Badminton	Pickleball	
7:00	Badminton	Pickleball	
7:30	Badminton	Pickleball	
8:00	Badminton	Pickleball	
8:30	Badminton	Pickleball	
9:00	Badminton	Pickleball	
9:30	Badminton	Pickleball	

S		
Time	Far Court	
7:00	Pickleball (No Field House staff/equipment available)	Badminton (No Field House staff/equipment available)
7:30	Pickleball	Badminton
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30	Pickleball	Badminton
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00	Pickleball	Badminton
3:30	Pickleball	Badminton
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00	Pickleball	Badminton
5:30	Pickleball	Badminton
6:00	Pickleball	Badminton
6:30	Pickleball	Badminton

S		
Time	Far Court	
7:00	Pickleball (No Field House staff/equipment available)	Badminton (No Field House staff/equipment available)
7:30	Pickleball	Badminton
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30	Pickleball	Badminton
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00	Pickleball	Badminton
3:30	Pickleball	Badminton
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00	Pickleball	Badminton
5:30	Pickleball	Badminton
6:00	Pickleball	Badminton
6:30	Pickleball	Badminton

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

TRACK BOOKINGS:
1pm-3pm \$4 Track
2:30pm - 3:30pm CGC Pgm - Track SB

TRACK BOOKINGS:
1:30pm-2:30pm CGC Pgm - Track SB
6pm-8pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
2:30pm-3:30pm CGC Pgm - Track SB
6pm-7pm CGC Pgm - Track Allow

TRACK BOOKINGS:
1:30pm-2:30pm CGC Pgm - Track SB
6pm-8pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
1:30pm-2:30pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
1:30pm-2:30pm CGC Pgm - Track SB

TRACK BOOKINGS:
1pm-3pm \$4 Track
1:30pm-2:30pm CGC Pgm - Track SB

FIELD HOUSE SCHEDULE: Centre & Near Court

July 22-28, 2024



M				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)			
6:00				
6:30				
7:00				
7:30				
8:00	CGC Summer Camps	CGC Summer Camps		
8:30				
9:00			Cardio Combat 9:15am-10:15am	
9:30				
10:00			Basketball	
10:30				Fit for Life 10:30am-11:30am
11:00				
11:30				
12:00				
12:30				
1:00	CGC Summer Camps	CGC Summer Camps		
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Basketball	Pumped 5:45pm-6:45pm		
6:30				
7:00				
7:30				
8:00				
8:30	Booking	Basketball		
9:00				
9:30				

T				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)			
6:00				
6:30				
7:00				
7:30				
8:00	CGC Summer Camps	CGC Summer Camps		
8:30				
9:00			Zumba 9:15am-10:15am	
9:30				
10:00			Basketball	
10:30				Fit For Life 10:30am-11:30am
11:00				
11:30				
12:00				
12:30				
1:00	CGC Summer Camps	CGC Summer Camps		
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Basketball	HIT/Core 5:45pm-6:45pm		
6:30				
7:00				
7:30			Zumba 7pm-8pm	
8:00				
8:30	Booking	Basketball		
9:00				
9:30				

W				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)	Bootcamp 6am-7am		
6:00				
6:30				
7:00				
7:30				
8:00	CGC Summer Camps	CGC Summer Camps		
8:30				
9:00			Pumped 9:15am-10:15am	
9:30				
10:00			Basketball	
10:30				Fit for Life 10:30am-11:30am
11:00				
11:30				
12:00				
12:30				
1:00	CGC Summer Camps	CGC Summer Camps		
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Basketball	Pumped 5:45pm-6:45pm		
6:30				
7:00				
7:30				
8:00				
8:30	Basketball	Basketball		
9:00				
9:30				

T				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)			
6:00				
6:30				
7:00				
7:30				
8:00	CGC Summer Camps	CGC Summer Camps		
8:30				
9:00			Zumba 9:15am-10:15am	
9:30				
10:00			Basketball	
10:30				Fit For Life 10:30am-11:30am
11:00				
11:30				
12:00				
12:30				
1:00	CGC Summer Camps	CGC Summer Camps		
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Basketball	HIT/Core 5:45pm-6:45pm		
6:30				
7:00				
7:30			Zumba 7pm-8pm	
8:00				
8:30	Basketball	Basketball		
9:00				
9:30				

F				
Time	Centre Court	Near Court		
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)			
6:00				
6:30				
7:00				
7:30				
8:00	CGC Summer Camps	CGC Summer Camps		
8:30				
9:00			Basketball	
9:30			Basketball	
10:00				HIT 9:15am-10:15am
10:30				Fit for Life 10:30am-11:30am
11:00				
11:30				
12:00				
12:30				
1:00	CGC Summer Camps	CGC Summer Camps		
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Basketball	CGC Summer Camps		
6:30				
7:00				
7:30				
8:00				
8:30	Basketball	Basketball		
9:00				
9:30				

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Basketball	
8:30	Basketball	
9:00	Bootcamp 9:15am-10:15am	Booking
9:30		
10:00		
10:30	Zumba 10:30am-11:30am	
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30	Open Court Times (No Field House Attendant on duty and no equipment available)	
8:00	Basketball	
8:30	Basketball	
9:00		Booking
9:30		
10:00		
10:30	HIT 10am-11am	
11:00		
11:30		
12:00		
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		
5:00		
5:30		
6:00		
6:30		

Legend
Cleaning / Space Unavailable