

# FIELD HOUSE SCHEDULE: Far Court

Aug 5 - Aug 11, 2024



M	
Time	Far Court
5:30	<b>CLOSED</b>
6:00	
6:30	
7:00	
7:30	
8:00	
8:30	
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7:00	
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8:30	
9:00	
9:30	

T	
Time	Far Court
5:30	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
6:00	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
6:30	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
7:00	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
7:30	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
8:00	Badminton   Pickleball   Badminton
8:30	Badminton   Pickleball   Badminton
9:00	<b>CGC Summer Camps</b>
9:30	
10:00	
10:30	
11:00	
11:30	
12:00	
12:30	
1:00	
1:30	
2:00	
2:30	
3:00	Pickleball   Badminton
3:30	Pickleball   Badminton
4:00	Pickleball   Badminton
4:30	Badminton
5:00	Badminton
5:30	<b>CGC Program</b>
6:00	
6:30	
7:00	
7:30	
8:00	
8:30	
9:00	
9:30	

W	
Time	Far Court
5:30	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
6:30	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
7:00	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
7:30	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
8:00	Badminton   Pickleball
8:30	Badminton   Pickleball
9:00	<b>CGC Summer Camps</b>
9:30	
10:00	
10:30	
11:00	
11:30	
12:00	
12:30	
1:00	
1:30	
2:00	
2:30	
3:00	Drop-in Pickleball
3:30	Drop-in Pickleball
4:00	Pickleball
4:30	Pickleball
5:00	Badminton   Pickleball
5:30	Badminton   Pickleball
6:00	Badminton   Pickleball
6:30	Badminton   Pickleball
7:00	<b>Booking</b>
7:30	
8:00	
8:30	
9:00	
9:30	

T	
Time	Far Court
5:30	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
6:00	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
6:30	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
7:00	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
7:30	Badminton (No Field House staff/equipment)   Pickleball/Badminton (No Field House staff/equipment)
8:00	Badminton   Pickleball   Badminton
8:30	Badminton   Pickleball   Badminton
9:00	<b>CGC Summer Camps</b>
9:30	
10:00	
10:30	
11:00	
11:30	
12:00	
12:30	
1:00	
1:30	
2:00	
2:30	
3:00	Pickleball   Badminton
3:30	Pickleball   Badminton
4:00	Pickleball   Badminton
4:30	Badminton
5:00	Badminton
5:30	<b>CGC Program</b>
6:00	
6:30	
7:00	
7:30	
8:00	
8:30	
9:00	
9:30	

F	
Time	Far Court
5:30	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
6:00	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
6:30	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
7:00	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
7:30	Badminton (No Field House staff/equipment)   Pickleball (No Field House staff/equipment)
8:00	Badminton   Pickleball
8:30	Badminton   Pickleball
9:00	<b>CGC Summer Camps</b>
9:30	
10:00	
10:30	
11:00	
11:30	
12:00	
12:30	
1:00	
1:30	
2:00	
2:30	
3:00	Drop-in Pickleball
3:30	Drop-in Pickleball
4:00	Pickleball
4:30	Pickleball
5:00	Badminton   Pickleball
5:30	Badminton   Pickleball
6:00	Badminton   Pickleball
6:30	Badminton   Pickleball
7:00	Badminton   Pickleball
7:30	Badminton   Pickleball
8:00	Badminton   Pickleball
8:30	Badminton   Pickleball
9:00	Badminton   Pickleball
9:30	Badminton   Pickleball

S		
Time	Far Court	
7:00	Pickleball (No Field House staff/equipment)	Badminton (No Field House staff/equipment)
7:30	Pickleball (No Field House staff/equipment)	Badminton (No Field House staff/equipment)
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30	Pickleball	Badminton
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00	Pickleball	Badminton
3:30	Pickleball	Badminton
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00	Pickleball	Badminton
5:30	Pickleball	Badminton
6:00	Pickleball	Badminton
6:30	Pickleball	Badminton

S		
Time	Far Court	
7:00	Pickleball (No Field House staff/equipment)	Badminton (No Field House staff/equipment)
7:30	Pickleball (No Field House staff/equipment)	Badminton (No Field House staff/equipment)
8:00	Pickleball	Badminton
8:30	Pickleball	Badminton
9:00	Pickleball	Badminton
9:30	Pickleball	Badminton
10:00	Pickleball	Badminton
10:30	Pickleball	Badminton
11:00	Pickleball	Badminton
11:30	Pickleball	Badminton
12:00	Pickleball	Badminton
12:30	Pickleball	Badminton
1:00	Pickleball	Badminton
1:30	Pickleball	Badminton
2:00	Pickleball	Badminton
2:30	Pickleball	Badminton
3:00	Pickleball	Badminton
3:30	Pickleball	Badminton
4:00	Pickleball	Badminton
4:30	Pickleball	Badminton
5:00	Pickleball	Badminton
5:30	Pickleball	Badminton
6:00	Pickleball	Badminton
6:30	Pickleball	Badminton

Legend
Cleaning / Space Unavailable

Badminton and Pickleball Courts require booking, except from 5:30am-6am, Monday-Friday. CGC Members can book Pickleball/Badminton courts up to 3 days in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). Non-members and 10 Punch Pass holders can book 1 day in advance as of 9am every day (online through MyRec or in-person at the Customer Service Desk). The full Track is available during Facility Hours, unless otherwise noted in Track Bookings below.

**TRACK BOOKINGS:**

TRACK BOOKINGS:	
1:30pm-2:30pm	CGC Pgm - Track SB
6pm-7pm	CGC Pgm - Track SB

TRACK BOOKINGS:	
1pm-3pm	\$4 Track
2:30pm-3:30pm	CGC Pgm - Track SB
6pm-7pm	CGC Pgm - TRX

TRACK BOOKINGS:	
1:30pm-2:30pm	CGC Pgm - Track SB
6pm-7pm	CGC Pgm - Track SB

TRACK BOOKINGS:	
1pm-3pm	\$4 Track
2:30pm-3:30pm	CGC Pgm - Track SB

**TRACK BOOKINGS:**

**TRACK BOOKINGS:**

# FIELD HOUSE SCHEDULE: Centre & Near Court

Aug 5 - Aug 11, 2024



M		
Time	Centre Court	Near Court
5:30	<b>CLOSED</b>	
6:00		
6:30		
7:00		
7:30		
8:00		
8:30		
9:00		
9:30		
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6:30		
7:00		
7:30		
8:00		
8:30		
9:00		
9:30		

T			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00			
6:30			
7:00			
7:30			
8:00	<b>Basketball</b>	CGC Summer Camps	
8:30		Zumba 9:15am-10:15am	
9:00			
9:30			
10:00			
10:30		Fit For Life 10:30am-11:30am	
11:00			
11:30			
12:00			
12:30			
1:00	<b>CGC Summer Camps</b>		
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30		CGC Summer Camps	
5:00			
5:30			
6:00	<b>Basketball</b>	HIT/Core 5:45pm-6:45pm	
6:30			
7:00		Zumba 7pm-8pm	
7:30			
8:00			
8:30			
9:00			
9:30			
		<b>Booking</b>	

W			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00			
6:30		Bootcamp 6am-7am	
7:00			
7:30			
8:00	<b>Basketball</b>	CGC Summer Camps	
8:30			
9:00		Pumped 9:15am-10:15am	
9:30			
10:00			
10:30		Fit For Life 10:30am-11:30am	
11:00			
11:30			
12:00			
12:30			
1:00	<b>CGC Summer Camps</b>		
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30		CGC Summer Camps	
5:00			
5:30			
6:00	<b>Basketball</b>	Pumped 5:45pm-6:45pm	
6:30			
7:00			
7:30			
8:00			
8:30			
9:00			
9:30			
		<b>CGC Summer Camps</b>	

T			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00			
6:30			
7:00			
7:30			
8:00	<b>Basketball</b>	CGC Summer Camps	
8:30			
9:00		Zumba 9:15am-10:15am	
9:30			
10:00			
10:30		Fit For Life 10:30am-11:30am	
11:00			
11:30			
12:00			
12:30			
1:00	<b>CGC Summer Camps</b>		
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30		CGC Summer Camps	
5:00			
5:30			
6:00	<b>Basketball</b>	HIT/Core 5:45pm-6:45pm	
6:30			
7:00		Zumba 7pm-8pm	
7:30			
8:00			
8:30			
9:00			
9:30			
		<b>CGC Summer Camps</b>	

F			
Time	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty and no equipment available)		
6:00			
6:30			
7:00			
7:30			
8:00	<b>Basketball</b>	CGC Summer Camps	
8:30			
9:00		HIT 9:15am-10:15am	
9:30			
10:00			
10:30		Fit For Life 10:30am-11:30am	
11:00			
11:30			
12:00			
12:30			
1:00	<b>CGC Summer Camps</b>		
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30		CGC Summer Camps	
5:00			
5:30			
6:00	<b>Basketball</b>		
6:30			
7:00			
7:30			
8:00			
8:30			
9:00			
9:30			
		<b>CGC Summer Camps</b>	

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	<b>Basketball</b>	
8:30		
9:00		Bootcamp 9:15am-10:15am
9:30		
10:00		
10:30		
11:00		Zumba 10:30am-11:30am
11:30		
12:00		
12:30		
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6:00		
6:30		

S		
Time	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty and no equipment available)	
7:30		
8:00	<b>Basketball</b>	
8:30		
9:00		
9:30		
10:00		HIT 10am-11am
10:30		
11:00		
11:30		
12:00		
12:30		
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6:00		
6:30		

Legend
Cleaning / Space Unavailable