

Field House Schedule

January 8th-January 14th, 2018



M				
Time	Far Court	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty)			
6:00				
6:30				
7:00				
7:30				
8:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
8:30				
9:00				
9:30				Cardio Combat 9:15am
10:00				
10:30				Fit For Life
11:00				
11:30				HIT Express
12:00				
12:30				
1:00	Open Badminton / Pickleball	Open Basketball	Booking	
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
6:30				
7:00				
7:30				
8:00				
8:30				
9:00				
9:30				

TRACK BOOKINGS:	
10:30am-11:30am	CGC Pgm - SB
2:30pm-4pm	Booking - Lane 5/6
5pm-6pm	CGC Pgm - Lane 6
6:30pm-10pm	Booking - Lane 4/5/6

T				
Time	Far Court	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty)			
6:00				
6:30				
7:00				
7:30				
8:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
8:30				
9:00				
9:30				Dance Fusion 9:15am
10:00				
10:30				CGC Pgm
11:00				Forever Strong
11:30				Open Bball
12:00				Pumped Express
12:30				Booking
1:00	Open Badminton / Pickleball	Open Basketball	Booking	
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
6:30				
7:00				
7:30				
8:00				
8:30				
9:00				
9:30				

TRACK BOOKINGS:	
7:30am-9am	Booking - Lane 5/6
9am-9:45am	CGC Walking Club
5pm-6pm	CGC Pgm - Lane 5/6
6pm-7pm	Booking - Lane 5/6
7pm-8:30pm	Booking - Lane 4/5/6
8:30pm-9:30pm	Booking - Lane 5/6

W				
Time	Far Court	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty)			
6:00				
6:30				
7:00				
7:30				
8:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
8:30				
9:00				
9:30				Pumped 9:15am
10:00				
10:30				Fit For Life
11:00				
11:30				Dance Express
12:00				
12:30				
1:00	Open Badminton / Pickleball	Open Basketball	Booking	
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
6:30				
7:00				
7:30				
8:00				
8:30				
9:00				
9:30				

TRACK BOOKINGS:	
12pm-3pm	\$3 Track
10:30am-11:30am	CGC Pgm - SB
2:30pm-4pm	Booking - Lane 5/6
6pm-7pm	Booking - Lane 5/6
8pm-10pm	Booking - Lane 4/5/6 & Jump Pit

T				
Time	Far Court	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty)			
6:00				
6:30				
7:00				
7:30				
8:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
8:30				
9:00				
9:30				Dance Fusion 9:15am
10:00				
10:30				Forever Strong
11:00				
11:30				Combat Express
12:00				
12:30				
1:00	Open Badminton / Pickleball	Open Basketball	Booking	
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
6:30				
7:00				
7:30				
8:00				
8:30				
9:00				
9:30				

TRACK BOOKINGS:	
7:30am-9am	Booking - Lane 5/6
9am-9:45am	CGC Walking Club
10am-11am	Booking - Lane 6
7pm-9pm	Booking - Lane 4/5/6 & Jump Pit

F				
Time	Far Court	Centre Court	Near Court	
5:30	Open Court Times (No Field House Attendant on duty)			
6:00				
6:30				
7:00				
7:30				
8:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
8:30				
9:00				
9:30				HIT 9:15am
10:00				
10:30				CGC Pgm
11:00				Fit For Life
11:30				
12:00				
12:30				
1:00	Open Badminton / Pickleball	Open Basketball	Booking	
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
6:30				
7:00				
7:30				
8:00				
8:30				
9:00				
9:30				

TRACK BOOKINGS:	
12pm-3pm	\$3 Track
2:30pm-4pm	Booking - Lane 5/6
6:30pm-8:30pm	Booking - Lane 4/5/6

S				
Time	Far Court	Centre Court	Near Court	
7:00	Open Court Times (No Field House Attendant on duty)			
7:30				
8:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
8:30				
9:00				
9:30				CGC Pgm
10:00				Zumba
10:30				HIT 9:15am
11:00				
11:30				
12:00				
12:30				
1:00	Open Badminton / Pickleball	Open Basketball	Booking	
1:30				
2:00				
2:30				
3:00				
3:30				
4:00				
4:30				
5:00				
5:30				
6:00	Open Badminton / Pickleball	Open Basketball	Open Basketball	
6:30				
7:00				
7:30				
8:00				
8:30				
9:00				
9:30				

TRACK BOOKINGS:	
9am-10am	Booking - Lane 5/6 & Jump Pit
10am-12pm	Booking - Lane 4/5/6 & Jump Pit

S			
Time	Far Court	Centre Court	Near Court
7:00	Open Court Times (No Field House Attendant on duty)		
7:30			
8:00	Open Badminton / Pickleball	Open Basketball	Open Basketball
8:30			
9:00			
9:30			
10:00			
10:30			
11:00			
11:30			
12:00			
12:30			
1:00	Open Badminton / Pickleball	Open Basketball	Booking
1:30			
2:00			
2:30			
3:00			
3:30			
4:00			
4:30			
5:00			
5:30			
6:00	Open Badminton / Pickleball	Open Basketball	Open Basketball
6:30			
7:00			
7:30			
8:00			
8:30			
9:00			
9:30			

TRACK BOOKINGS:	
2:30pm-4pm	Booking - Lane 5/6
4pm-8pm	Booking - Lane 5/6
8pm-10pm	Booking - Lane 4/5/6 & Jump Pit